

Play for Fun

24 April – 7 June 2019

Never miss a thing. Download the NTU Sport app from the app store for classes, timetables and so much more.



NTU Sport



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Men's Futsal** 5 pm – 6 pm Clifton Sports Centre	Boxing Fit 2.15 pm – 3 pm City Sports Centre	Yoga 12.15 pm – 1.00 pm Bramley	Tennis 5 pm – 6 pm Clifton Sports Centre	Volleyball* 4.30 pm – 6 pm City Sports Centre		
	Women's Basketball* 4.30 pm – 6 pm City Sports Centre		Trampolining* 5 pm – 7 pm City Sports Centre		Park Run 9 am – 10 am Forest Recreation Ground	Badminton* 9 am – 10 am City Sports Centre
	Football 4.30 pm – 6 pm Clifton Sports Centre	Boxercise 5.15 pm – 6.15 pm Bramley TG9	Pilates 5.15 pm – 6.15 pm Bramley TG8	Wheelchair Basketball** 5 pm – 6.30 pm Clifton Sports Centre		
	Korfball** 4.30 pm – 6 pm Clifton Sports Centre		Archery** 5.30 pm – 6.30 pm Clifton Sports Centre			
Tennis 5 pm – 6 pm Clifton Sports Centre	She Rallies Tennis 5 pm – 6 pm Clifton Sports Centre	Badminton* 6 pm – 7 pm City Sports Centre	Netball** 6 pm – 7 pm Clifton Sports Centre		Park Run 9 am – 10 am Clifton Playing Fields	
	Running 5.15 pm – 6.15 pm Meet at Bramley Reception		Inclusive Tennis 6 pm – 8 pm City Sports Centre	Squash 5.45 pm – 7.15 pm Clifton Sports Centre		Running 2 pm – 3 pm City Sports Centre
Table Tennis** 5 pm – 6 pm Clifton Sports Centre		Beginners Spin 7 pm – 8 pm Clifton Sports Centre	Climbing 6 pm – 7 pm City Sports Centre	Netball* 6 pm – 7.30 pm City Sports Centre		
Power Spin 6.10 pm – 6.40 pm Clifton Sports Centre	Squash 7.15 pm – 8.30 pm Clifton Sports Centre	Basketball* 7 pm – 8 pm City Sports Centre	Climbing 7.15 pm – 8.15 pm City Sports Centre			Touch Rugby 3 pm – 4 pm Brackenhurst Field
	Dodgeball* 7.30 pm – 9 pm City Sports Centre		Self-Defence 6.30 pm – 7.30 pm Bramley TG8	Men's Futsal* 9 pm – 10.30 pm City Sports Centre		
	Basketball** 9 pm – 10.30 pm Clifton Sports Centre		Badminton** 8.30 pm – 10.30 pm Clifton Sports Centre			

* Cancelled from May 13 to June 7 due to City exams.
 ** Cancelled from May 13 to May 26 due to Clifton exams.

Key

- Pink = City**
- Blue = Clifton**
- Grey = Brackenhurst**
- Black = External**

C = These sessions are led by a coach, giving you the opportunity to improve your skills and develop your knowledge of the sport.

Price

Sessions cost just £2 and no NTU Active Membership or Sports Club Membership is required. Sessions are free to those with membership.

All necessary equipment will be provided, but please come suitable dressed for the activity.

For further details of all sessions please visit our website: www.ntu.ac.uk/playforfun