

| NTU Team | | Score | | Opposition | H/A |
|--------------|---------|-------|---|--------------------------|-----|
| Badminton | W1 | 5 | W | 3 Warwick Women's 2 | A |
| Basketball | M1 | 109 | W | 99 Northumbria Men's 1 | A |
| Basketball | W1 | 53 | L | 62 Nottingham Women's 1 | A |
| Fencing | W1 | 94 | L | 134 Warwick Women's 1 | A |
| Football | M1 | 1 | W | 0 Nottingham Men's 1 | A |
| Football | W1 | 2 | W | 0 Birmingham Women's 1 | A |
| Golf | Mixed 1 | 2.5 | L | 5.5 Nottingham Mixed 1 | H |
| Hockey | W1 | 1 | D | 1 Birmingham Women's 1 | H |
| Hockey | W2 | 2 | L | 3 Warwick Women's 1 | A |
| Lacrosse | M2 | 9 | W | 2 Warwick Men's 1 | H |
| Lacrosse | M1 | 18 | W | 4 Nottingham Men's 1 | A |
| Lacrosse | W1 | 10 | L | 17 Nottingham Women's 1 | A |
| Rugby League | M1 | 12 | L | 30 Exeter Men's 1 | H |
| Rugby Union | W1 | 48 | W | 7 Loughborough Women's 3 | H |
| Rugby Union | M1 | 22 | L | 26 Loughborough Men's 2 | A |
| Rugby Union | M2 | 3 | L | 29 Warwick Men's 1 | A |
| Squash | W1 | 3 | W | 1 Warwick Women's 1 | H |
| Table Tennis | M1 | 16 | W | 1 Newcastle Men's 1 | H |
| Tennis | M1 | 5 | W | 1 Warwick Men's 1 | A |
| Tennis | W1 | 1 | L | 5 Loughborough Women's 3 | A |
| Futsal | M1 | 1 | L | 7 Loughborough Men's 1 | A |