Academic Plan: Part Two

Now, think about the courses you have taken at Marshall. Which of those did you really enjoy? In which ones did you do well? In which ones could you have improved? What factors contributed to your performance? Use this worksheet to highlight five of the courses in each category.

Courses In Which I Did Well

Course	Factors that contributed to my success	Strategies I used in this course that I should use again

Courses In Which I Could Have Improved

Course	Factors that contributed to difficulty	What I could have done to improve

Meeting with My Professors

Attending class is one of the single most important factors in improving your grades. Getting to know your profesors increases your motivation and chances for success.

Contact each of your professors this semester to introduce yourself. Work with the professor to gain a better understanding of what is required in the class and determine what you need to do to guarantee your success in the course. Most professors provide their contact information on their class syllabus.

Complete the following chart about your contact with your professors.

Course	Professor	Date of Meeting	Topics Discussed

Mapping My Goals for Academic Success

How exactly are you going to improve this semester? What skills, attitudes, and behaviors do you need to reach your desired GPA? Students who have clear plans succeed.

Examine the courses you are taking this semester and complete this chart.

Course	Grade I Want	Skills, attitudes, and behaviors I need to improve to do well in this class	Possible Challenges

My Overall Marshall Goals

Beyond improving your GPA, what other overall goals do you have for your time at Marshall? For example, consider what activities, clubs, or organizations you want to become involved with. Develop three goals here, including how you will achieve these and by what date.

Goal #1: Describe the goal and why it is important	
to you	
How I will achieve this	
When will I complete this goal?	
What will keep me from completing this goal?	

Goal #2: Describe the goal and why it is important to you	
How I will achieve this	
When will I complete this goal?	
What will keep me from completing this goal?	

Goal #3: Describe the goal and why it is important to you	
How I will achieve this	
When will I complete this goal?	
What will keep me from completing this goal?	

Strategies to Succeed:

Please indicate the following area(s) that would help you achieve good academic standing:

Study Skills	Choosing a major
Math Skills	Writing skills
Time Management	Overcoming test anxiety
Stress Management	Test-taking Skills
Dealing with personal issues	Career exploration
Lifestyle changes	Other

Congratulations! You have documented what it will take for YOU to be successful.

For my Mentor Connection Academic Mentor: If I go AWOL this semester, you should:

____Call me on my cell phone

____Email me

____Stop by my room

Submit this plan to your Mentor Connection Academic Mentor and keep a copy for yourself.