

### Sport Science Module Guidance

- Sport Science courses at Nottingham Trent University are only offered as full year exchanges, there is no semester exchange available.
- NTU students normally make a choice of modules with credits totalling 120 NTU (60 ECTS) credits per year, but you should check with your co-ordinator in your home university before leaving, as to what is specifically required of you.
- Students should be made aware that they are only able to choose modules from **one course and one level**. Due to strict timetabling restrictions we are not able to offer combinations of modules across different courses and years.
- If the content of your home course requires you to undertake a Level 6 module alongside Level 5 modules (or vice versa), we *may* be able to accommodate this request, but this cannot be guaranteed and a 'back up' Level 5 or 6 module should be chosen too.
- All modules are taught in English.

<b>Modules available to Sport Exchange Students are listed below</b>				
<b>Modules marked with * are compulsory</b>				
	<b>Subject / Module Code</b>	<b>Module Title</b>	<b>Level</b>	<b>Number of NTU Credits</b>
<b>SPES001 BSc Sport and Exercise Science Level 5</b>				
*	SPOR20022	Applied Sport and Exercise Physiology	5	20
*	SPOR20032	Practical Applications in Sport Psychology	5	20
*	SPOR20042	Experimental Biomechanics	5	20
*	SPOR20162	Research Design and Analysis	5	20
Choose one of the following modules:				
OR	SPOR20112	Observational Analysis for Sport	5	20
	SPOR20172	Sport & Exercise Nutrition	5	20
Choose one of the following modules:				
OR	SPOR20202	Sociology of Sport, Health & the Body	5	20
	SPOR20182	Exercise and Health Physiology	5	20
	SPOR20192	Behaviour Change, Physical Activity and Health	5	20
<b>SPES001 BSc Sport and Exercise Science Level 6</b>				
The following Level 6 modules must total 100-120 credit points from the following modules:				
*	SPOR30012	Sport Project & Dissertation	6	40
*	SPOR30222	Applied Sport and Exercise Science	6	20
Choose none or one of the following modules:				
OR	SPOR30162	Environmental Sports Physiology	6	20
	SPOR30192	Current Topics in Sport and Exercise Nutrition	6	20
Choose none or one of the following modules:				
OR	SPOR30022	Strength, Power & Endurance	6	20
	SPOR30152	Exercise Testing & Prescription for Health	6	20
	SPOR30172	Child & Adolescent Growth	6	20
Choose one or two of the following modules:				
OR	SPOR30032	Advanced Topics in Sport & Exercise Psychology	6	20

	SPOR30042	Applied Biomechanics	6	20
	SPOR30182	Motor Control & Skill Acquisition	6	20
	SPOR30202	Contemporary Issues in the Sociology of Sport: Cross Cultural Perspectives	6	20
	<b>SPES002 BSc Coaching and Sport Science Level 5</b> The following Level 5 modules must total 100-120 credit points from the following modules:			
*	SPOR20052	Applying Coaching Theory to Practice	5	20
*	SPOR20212	Coaching Science	5	20
*	SPOR20162	Research Design & Analysis	5	20
	Choose one or two of the following modules:			
OR	SPOR20022	Applied Sport and Exercise Physiology	5	20
	SPOR20032	Practical Applications in Sport Psychology	5	20
	SPOR20202	Sociology of Sport, Health and the Body	5	20
	Choose none or one of the following modules:			
OR	SPOR20042	Experimental Biomechanics	5	20
	SPOR20112	Observational Analysis for Sport	5	20
	<b>SPES002 BSc Coaching and Sport Science Level 6</b> The following Level 6 modules must total 100-120 credit points from the following modules:			
*	SPOR30012	Sport Project & Dissertation	6	40
*	SPOR30052	Current Topics in Sports Coaching	6	20
*	SPOR30062	Advanced Coaching Practice	6	20
	Choose none or one of the following modules:			
	SPOR30162	Environmental Sports Physiology	6	20
	Choose none or one of the following modules:			
OR	SPOR30022	Strength, Power & Endurance for Sport & Exercise	6	20
	SPOR30172	Child and Adolescent Growth, Health and Performance	6	20
	Choose none, one or two of the following modules:			
OR	SPOR30032	Advanced Topics in Sport & Exercise Psychology	6	20
	SPOR30042	Applied Biomechanics	6	20
	SPOR30182	Motor Control and Skill Acquisition	6	20
	SPOR30202	Contemporary Issues in the Sociology of Sport: Cross Cultural Perspectives	6	20
	<b>SPES003 BSc Exercise, Nutrition and Health Level 5</b>			
*	SPOR20072	Nutrition and Metabolism	5	20
*	SPOR20152	Applied Nutrition	5	20
*	SPOR20162	Research Design and Analysis	5	20
*	SPOR20182	Exercise and Health Physiology	5	20
*	SPOR20192	Behaviour Change, Physical Activity and Health	5	20
	Choose one of the following modules:			
OR	SPOR20022	Applied Sport & Exercise Physiology	5	20
	SPOR20032	Practical Applications in Sport Psychology	5	20
	SPOR20202	Sociology of Sport, Health and the Body	5	20
	<b>SPES003 BSc Exercise, Nutrition and Health Level 6</b> The following Level 6 modules must total 100-120 credit points from the following modules:			
*	SPOR30012	Sport Project & Dissertation	6	40

*	SPOR30122	Aetiology & Management of Disease	6	20
*	SPOR30212	Applied Topics in Exercise Nutrition and Health	6	20
Choose none or the following module:				
	SPOR30192	Current Topics in Sport and Exercise Nutrition	6	20
Choose none or one of the following modules:				
OR	SPOR30022	Strength, Power & Endurance	6	20
	SPOR30172	Child & Adolescent Growth	6	20
Choose none, one or two of the following modules:				
OR	SPOR30032	Advanced Topics in Sport & Exercise Psychology	6	20
	SPOR30142	Applied Health Promotion	6	20
	SPOR30202	Contemporary Issues in the Sociology of Sport: Cross Cultural Perspectives	6	20
<b>SPOR005 BSc Sport Science and Management Level 5</b>				
*	SPOR20092	Strategic Business Analysis & Management	5	20
*	SPOR20102	Sports Marketing	5	20
*	SPOR20162	Research Design and Analysis	5	20
Choose one of the following modules:				
OR	SPOR20012	Professional Practice	5	20
	SPOR20192	Behaviour Change, Physical Activity and Health	5	20
Choose two of the following modules:				
OR	SPOR20022	Applied Sport & Exercise Physiology	5	20
	SPOR20032	Practical Applications in Sport Psychology	5	20
	SPOR20202	Sociology of Sport, Health and the Body	5	20
<b>SPOR005 BSc Sport Science and Management Level 6</b>				
The following Level 6 modules must total 100-120 credit points from the following modules:				
*	SPOR30012	Sport Project & Dissertation	6	40
*	SPOR30092	Strategic Implementation	6	20
*	SPOR30112	Event Management	6	20
Choose none or one of the following modules:				
OR	SPOR30022	Strength, Power & Endurance for Sport & Exercise	6	20
	SPOR30152	Exercise Testing and Prescription for Health	6	20
	SPOR30172	Child and Adolescent Growth, Health and Performance	6	20
Choose one or two of the following modules:				
OR	SPOR30032	Advanced Topics in Sport & Exercise Psychology	6	20
	SPOR30102	Entrepreneurship	6	20
	SPOR30152	Exercise Testing and Prescription for Health	6	20
	SPOR30202	Contemporary Issues in the Sociology of Sport: Cross Cultural Perspectives	6	20