



## **Equity in Doctoral Education through Partnership and Innovation ([EDEPI](#))**

**1/2 Day Staff Workshop - 5<sup>th</sup> July, 9.30am-1.30pm**

**A workshop to create insights into the journeys of PGR candidates from racialised groups, exploring how you can personally impact on their experience, progression, and outcomes.**

In partnership with [GRIT Breakthrough Programmes](#), an educational charity that delivers transformational personal development workshops with staff and students. We are embarking on a [3-year programme](#) designed to improve the recruitment, support and overall experience for doctoral students from racialised groups. As part of the programme, we are delivering a 4-hour workshop for staff interested in facilitating change in this space.

For this workshop, the focus will be on supporting staff to self-reflect on limiting beliefs that interrupt the effectiveness of their practice.

The Grit approach starts with you- it gives you a rare opportunity to see your own operating system and some of the limits or blind-spots you may have, that impact the way you engage with the world around you. As you explore these blind-spots you will find a new level of relatedness and see new choices when working with students from racialised groups that will bring more engagement, more enjoyment and greater clarity to your role.

**In the workshop we will use the doctorate lifecycle as a framework, to explore how the Grit approach and coaching methodology can support participants in making a difference to the student experience.**

**During the workshop, we will explore:**

- The purpose of the workshop – recognising the values and application of the coaching approach
- The concept of ‘paradigms’ as a means through which to challenge existing mind sets and beliefs, increasing choices in areas of life where choice appears limited
- The Grit coaching model (an introduction) and how it can support the building of powerfully effective relationships, how it can be a place to stand (not just about formal coaching) – explored with reference to every stage of the research journey including practical tools
- Space for questions and answers about the Grit training and the ongoing role that staff can play.

If you are interested and want to find out more, you can contact Lauren Russell or Sherran Clarence on [EDEPI@ntu.ac.uk](mailto:EDEPI@ntu.ac.uk).

Or register to attend a short Q&A session on 6 June from 2 – 2.30pm or 14 June from 11-11.30am online. Link to join: TBA