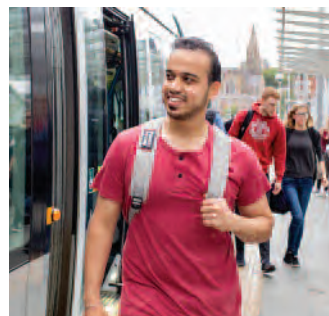
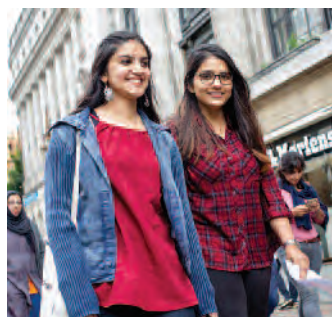


International Student Support Service

International Students' Welcome Guide

2019/20



NOTTINGHAM
TRENT UNIVERSITY





Welcome to Nottingham Trent University

This Welcome Guide will provide you with information and guidance on:

- preparing for your stay in the UK
- travelling to Nottingham
- student life at Nottingham Trent University (NTU)
- living in Nottingham and the UK.

It also includes important contact details and websites for both University services and external organisations.

We hope the guide answers many of your questions and gives you a good start for your studies with us. We look forward to meeting you!

Arkwright Building, City Campus

Welcome Week 2019

Friday 20 – Sunday 29 September

A varied and vibrant programme of activities and events designed to welcome new students to Nottingham Trent University.

There are a number of events for international students which provide the opportunity to meet new people, find out more about NTU and the city of Nottingham and explore more of the UK. Visit www.ntu.ac.uk/welcomeweek for further information.

If you are arriving in Nottingham before Welcome Week, visit www.ntu.ac.uk/earlyarrivals for details of events taking place before Welcome Week.



Contents

Welcome	4	Services and facilities	48
A message from Professor Cillian Ryan	4	Student Support Services	48
Welcome from the International Student Support Service	5	Faith support	51
Welcome from the NTU Global Lounge team	6	Sport at NTU	52
Your checklists	8	Sport and fitness facilities	52
Before you leave	8	Getting active	52
Arrival and first few days	10	Keeping it competitive	53
Immigration	12	Sport Scholarships	53
Tier 4 student visa application support	12	Your Students' Union	54
Your Tier 4 responsibilities	13	Societies and communities	54
Information for EU and EEA students	14	Entertainment	54
Your journey to Nottingham	16	Volunteering	54
Travelling to Nottingham from the major airports	17	Your support	54
Money	18	Working in the UK	56
Planning your finances	18	National Insurance	56
Paying your tuition fees	21	Income tax	56
Bringing money into the UK	24	Minimum wage	56
Opening a bank account	27	Employability team	57
Accommodation	28	Students in Classrooms and Volunteering	58
University accommodation	28	Living in the UK	60
Homestay accommodation	28	Driving in Britain	60
Private rented accommodation	28	Telephone and internet access	60
Health	32	Insurance	62
Healthcare in the UK	33	Safety issues	62
Registering with the University Health Centres	33	Settling into UK life	63
Dealing with medical emergencies	34	Living in Nottingham	68
NHS dental and optical treatment	34	Entertainment	68
Mental health support	35	Shopping	71
Families	38	Buying food and household goods	72
Healthcare and work entitlements for your dependants	38	Postal services	72
Schools and nurseries	39	Launderettes	72
Studying at NTU	40	Travel	74
Campus facilities	40	Travelling around Nottingham	74
The learning experience	43	Travelling around the UK	75
Academic support	44	Useful websites	76
Language in Tandem	45	Maps	78
Language Cafe	45	Useful contacts	84
NTU Library	46		
Equality, diversity and inclusion	47		



A Message from Professor Cillian Ryan

Pro Vice-Chancellor International

I am delighted to welcome you to our global student community, to our vibrant multicultural city, and to the 'University of the Year' by The Guardian, 2019.

Nottingham is a wonderful place to live whilst you study. You have probably heard of Robin Hood and the Sheriff of Nottingham, but there are many other reasons why we are proud of our city. We are perfectly located in the heart of England, with London, the coast and lots of the UK's major attractions all within easy reach. We are consistently ranked as one of the most affordable cities for students in the UK and we have a wide selection of music festivals, sport, and outdoor theatre, as well as a rich history. Nottingham is also one of only 20 locations worldwide to be named a UNESCO City of Literature, in recognition of the quality and quantity of its literary history and its diverse contemporary writing community.

Nottingham Trent University is a truly global university, with students and staff drawn from over 160 countries and a network of international partners that spans the world. We are committed to the internationalisation of our curriculum, students and staff, with the twin aims of:

- providing an international learning experience for our students, to allow them to graduate as highly employable global citizens
- increasing the global connectedness of our research.

I hope you will enjoy everything both the University and the city have to offer during your studies with us, and I look forward to welcoming you to Nottingham Trent University.

Welcome from the International Student Support Service

We are delighted that you have chosen to study at Nottingham Trent University (NTU) and would like to offer you a warm welcome. The International Student Support Service provides advice and support to all international students as you prepare for your studies at NTU, and also throughout your stay with us.

What we offer

Advice and information: We offer advice to all prospective and current international students on a range of issues including visas and immigration matters. You can contact us by phone, email or in person at the Student Services Centre, where we have a dedicated enquiry desk for international students.

International Student Support webpages:
www.ntu.ac.uk/internationalsupport

We offer advice to all prospective and current international students on a range of issues including visas and immigration matters. You can contact us by phone, email or in person at the Student Services Centre, where we have a dedicated enquiry desk for international students.

Welcome events: We run a dedicated international students' welcome event as well as welcome talks and social events during Welcome Week. Check the Welcome Week guide (www.ntu.ac.uk/welcomeweek) and our website for more information, and make sure you join in!

HOST: We offer a scheme where you can apply online to spend a day or a weekend with a UK family and learn more about British culture. Visit www.hostuk.org to find out more.



International Student Support Service

Tel: +44 (0)115 848 2631

Email: int.support@ntu.ac.uk

Web: www.ntu.ac.uk/internationalsupport

We are based in the Student Services Centre in the Newton and Arkwright building, on the City Campus.

Follow us on social media

- Meet our students and make friends before you arrive
- See what's happening on campus and get all the latest news
- Take a look at photos and videos from events around the University



NTUInternational



TrentUni



NottinghamTrentUni



Welcome from the NTU Global Lounge team

The Global Lounges and information boards on our City, Clifton and Brackenhurst campuses are spaces where all NTU students can feel part of our global community.

You can participate in a wide range of inter-cultural activities and find out about the international opportunities available to you as an NTU student. In our City and Clifton Global Lounges you will have the chance to meet other students from around the world during our regular (and free!) weekly events – such as our Global Community / Connect Lunches and Language Cafes – and learn about other cultures during our monthly cultural events. The Lounges also provide a friendly and relaxed environment for you to just drop in and chat with others over a coffee or tea.

The Student Lounge at Brackenhurst has an information board to find out more about our global activities and opportunities, including studying abroad. Our Global Ambassador will have a weekly presence at Brackenhurst if you have any questions. Visit www.ntu.ac.uk/globallounge or the Global Lounge social media profiles on Facebook, Twitter and Instagram ([/globallounge](#)) for more information.

We look forward to meeting you.

City Campus: 23 Goldsmith Street (opposite Newton)

Clifton Campus: Mary Ann Evans, Room 126

Brackenhurst Campus: the Student Lounge in Bramley building



NTUGlobalLounge



/GlobalLounge



/GlobalLounge



Global Week, City Campus

☒ Your checklists

Here are some things you may need to think about before leaving for the UK.

Before you leave

☐ Your visa

Check the visa requirements and allow yourself plenty of time to prepare your documents and submit your application so that you can arrive at NTU for the start of your course. Visit www.ntu.ac.uk/tier4visa for further information about visas.

☐ Finance

Make sure you have enough funds to cover your tuition fees, accommodation costs and living expenses for the duration of your course (see page 18).

☐ Money for the first few weeks

It can take several weeks to open a UK bank account, so you will need to bring enough money to cover your initial expenses (see page 24).

☐ Enrolment

Visit www.ntu.ac.uk/enrolment to start the online enrolment process at NTU.

☐ Tuition fee payments

Make arrangements to ensure that you will be able to pay your tuition fees and advance payment (if necessary) by the appropriate date. Visit www.ntu.ac.uk/payments for further details.

☐ Your accommodation

If you plan to stay in University accommodation, make sure you apply and pay the booking fee by the appropriate date: visit www.ntu.ac.uk/accommodation to confirm these dates.

If you will be looking for private accommodation on arrival, organise somewhere to stay while you search.

☐ Specific support

Make sure you inform either your School Office or the Disability Support Service if you are likely to require specific support or arrangements because of a disability. Visit www.ntu.ac.uk/disability for more information.

☐ Insurance

Make arrangements to take out insurance for your personal belongings (see page 62). This can be done on arrival, but you may want to take out travel insurance to cover yourself, your journey and the first few days in Nottingham. Check whether you require health insurance to cover the cost of any medical treatment you might need during your stay in the UK (see page 32).



Nottingham rail station

☐ Your official documents

Take photocopies of your important documents (passport, visa, etc.) in case you lose them in transit or while in the UK, and keep these copies in a safe place.

☐ Travelling to Nottingham

Plan how you will travel from your port of arrival in the UK (for example, Heathrow Airport) to your accommodation in Nottingham. Visit www.ntu.ac.uk/myjourney for lots of great tips on organising your travels.

☐ Clothing

The weather in the UK is very variable and September to March can be particularly cold, so make sure you pack clothes that are suitable for all seasons, especially the winter (see page 67).

Connect with us



Join the NTU International Student Network on Facebook

www.facebook.com/NTUInternational

☑ Your checklists

These are all the things you need to do **when you arrive in the UK and during your first few weeks at NTU.**

On arrival and during your first few days

☐ Settling in

- Contact your family and friends at home so they know you have arrived safely.
- Find out where your local supermarket is and where you can buy the essentials for your new home (kitchen equipment, bedding etc.) – you can pick up leaflets on shopping from the Welcome point.
- Visit the Welcome Points for international students to collect a welcome pack and find out about Welcome Week events, and ask our Student Ambassadors any questions you may have about life at NTU!
- Use the maps at the end of this guide to have a look around the campuses and the city of Nottingham and get to know your local area.
- Open a UK bank account – visit **www.ntu.ac.uk/ukbankaccount** to find out how.
- Register with a doctor (see page 33).

☐ Enrolment

- Collect your Biometric Residence Permit (BRP). Visit **www.ntu.ac.uk/brpcollection** for more information.
- Ensure you have completed the online enrolment process at **www.ntu.ac.uk/enrolment**.
- If you are a non EU / EEA student, provide the University with a copy of your passport and visa.
- Make arrangements to pay your tuition fees – see **www.ntu.ac.uk/payments** for further details.
- Collect your student ID card (Smartcard).

☐ Course induction

- Find out where you have to be and when on the first day of your course.
- Attend all of your course induction events, which will communicate the important information you need to succeed in your course at NTU. Go to **www.ntu.ac.uk/startingatntu** for more information.
- Familiarise yourself with NOW (NTU Online Workspace: **now.ntu.ac.uk**), where you'll find your course timetable and module information.



 Welcome Week

- Take part in the University's Welcome Week activities, which run during the week prior to term starting in September. Visit **www.ntu.ac.uk/welcome** to see what's on offer.
- Find out how the International Student Support Service can support you, especially with immigration matters. Visit **www.ntu.ac.uk/internationalsupport** for more details.
- Check out what's on offer at NTU for international students.
- Check out the Students' Union Freshers' Fairs, which are a great opportunity to learn more about what the Students' Union has to offer (and get some free stuff!).

Travel

- Find out how to travel to / from your accommodation to the University campus where your classes will be based (see page 74).

□ Finally, don't forget to

- Register with the police (this is a requirement for certain nationalities after you arrive in the UK, and will be detailed on your letter from UKVI when you receive your visa. Further information is available on our website: **www.ntu.ac.uk/policeregistration**)
- Take out adequate insurance to cover your possessions (see page 66).

Immigration

All students from outside the EU / EEA need the correct immigration permission to study. For the majority of students this will be a Tier 4 (general) student visa; if you are currently overseas, you will need to obtain this before travelling to the UK. The International Student Support Service provides information and advice on immigration matters.

Students from the EU / EEA should check the next section for further information.

Tier 4 student visa application support

Students applying outside the UK

All students are advised to check our website (www.ntu.ac.uk/tier4) for full and regularly updated guidance on making a visa application. You can make your Tier 4 visa application no more than three months before your course start date. The earliest your visa can start is one month before your course start date.

You must meet the conditions of your offer and get a CAS number before being able to apply. You must also make sure that you have prepared the relevant documents and meet the maintenance requirement.

In all cases you should ensure that you allow yourself enough time for your visa to be processed and to travel to the UK in advance of your course start date.

Visit www.gov.uk/visa-processing-times to check the visa processing times in your country.

The International Student Support Service can support you with your visa application by answering any questions you have about the requirements and the application process. We can also check documents to ensure they comply with UKVI requirements. If you would like to use this service, please contact us by e-mail at: int.support@ntu.ac.uk and ensure you include your NTU ID number.

On arrival in the UK

Students who have been granted a Tier 4 visa overseas will be given a temporary entry clearance sticker in their passport and will be required to collect a permanent Biometric Residence Permit on arrival in the UK.

Please visit www.ntu.ac.uk/brpcollection for further information about the process you will need to follow.

Police registration

Certain international students are required to register with the police within seven days of arrival in the UK as a condition of their visa. During term time, a police representative is available in the Student Services Centre to do this. Visit www.ntu.ac.uk/policeregistration for more information.

Immigration

Students applying in the UK

The International Student Support Service provides comprehensive support to students applying from within the UK, including a Tier 4 student visa application checking service.

Once you have completed a draft application form and prepared your documents, the International Student Support Service can check through them before you submit them to UKVI. We will advise you whether or not your application appears to meet the UKVI regulations, and will answer any questions you have about the requirements you need to meet and the process you need to follow. This service is subject to terms and conditions, including strict deadlines – you must therefore ensure that you allow yourself sufficient time to check the Tier 4 visa requirements, ensure that you meet them, and prepare all of the necessary documentation.

Visit www.ntu.ac.uk/internationalsupport for further details.

Your Tier 4 responsibilities

As a student at NTU on a Tier 4 visa, there are certain requirements that you must meet and obligations that NTU has as your immigration sponsor. These include ensuring that you have a suitable visa valid for study at NTU, keeping the University updated with your contact details, abiding by the conditions of your visa and maintaining attendance on your course of study. Visit www.ntu.ac.uk/yourtier4 for further information about these.

In addition to your responsibilities, if there are any changes to your course or individual circumstances whilst you are at NTU, there may be an impact on your visa. Further information is available on our website:

www.ntu.ac.uk/tier4changes

If you have any queries or concerns about these responsibilities, please contact the International Student Support Service.



Student Services Centre, Newton

Further information

International Student Support Service:
www.ntu.ac.uk/internationalsupport

UK Council for International Student
Affairs UKCISA: www.ukcisa.org.uk

UK Visas and Immigration (UKVI):
www.gov.uk/uk-visas-immigration

Information for EU and EEA students

The UK has given formal notification of its intention to withdraw from the European Union. At the time of writing, the UK government is still in discussion over the terms of the country's exit from the European Union and the agreed date of the UK's departure from the EU is 31 October 2019 or earlier if the Withdrawal Agreement is agreed before this date. Please continue to check the UK government website www.gov.uk/brexit for the latest updates on this matter.

Until the UK leaves the European Union, there is no change to the position of EU/EEA/Swiss nationals and they can continue to travel freely to the UK, as well as stay, live, work and study here. For up to date information on Post Brexit rules and entitlements, including any applications EU/EEA/Swiss students may be required to make to retain their residency rights, please check our website www.ntu.ac.uk/eu-eea-students or visit the EU, EEA AND Swiss student pages under the Information and Advice section of the UKCISA website (UK Council for International Student Affairs): www.ukcisa.org.uk

The International Student Support Service at NTU (see page 5) can provide support and advice for EU/EEA/Swiss students on their immigration status and on applications they may need to make to retain their residence rights.

Please visit www.ntu.ac.uk/eu-eea-students for more information on how we can help you.



Boots Library roof garden, City Campus



Global Week, City Campus

Your journey to Nottingham

Nottingham is easily accessed by road and rail from all of the UK's major airports. Visit www.ntu.ac.uk/myjourney for more detailed information on planning your journey to Nottingham.

UK airport locations



Free airport pickup service

The University offers a free airport pickup service from Heathrow before main course start dates in September and in January.

Visit www.ntu.ac.uk/meetandgreet to find out more and book your place.

Taxi booking

We are able to book taxis to collect you from UK airports. Booking through the University provides you with reasonably priced taxi fares.

Visit www.ntu.ac.uk/taxibooking to find out more and make a booking.



Your journey to Nottingham

Means of transport to Nottingham	Websites for further information
<p>Travelling to Nottingham from the major airports</p> <p>If you are not using the University's free airport pickup service in September or January, you can travel by coach (bus) or train from all of the major UK airports. Travel fares may be cheaper if booked in advance.</p>	<p>Heathrow www.heathrow.com/transport-and-directions</p> <p>Gatwick www.gatwickairport.com/to-and-from</p> <p>Luton www.london-luton.co.uk/to-and-from-lla</p> <p>Stansted www.stanstedairport.com/getting-to-and-from</p>
<p>Coach travel</p> <p>National Express coaches travel to Nottingham directly from all of the major airports</p>	<p>www.nationalexpress.com</p>
<p>Train travel</p> <p>Regular train services operate from all of the UK's main cities to Nottingham</p>	<p>www.nationalrail.co.uk</p>
<p>London Underground</p> <p>You can take the London Underground direct from Heathrow and Gatwick Airports to London St Pancras International train station, where you can catch trains to Nottingham.</p>	<p>www.tfl.gov.uk</p>
<p>Travelling from East Midlands Airport A regular Skylink bus service runs 24 hours a day between East Midlands Airport and Nottingham city centre.</p>	<p>www.trentbarton.co.uk/skylinknottingham</p> <p>Alternatively, you can book an Arrow Cars taxi online at www.eastmidlandsairport.com or from the taxi office outside the EMA Arrivals area on the day</p>

Visit www.ntu.ac.uk/myjourney for more detailed information on planning your journey to Nottingham.

Money

Planning your finances

Coming to study in the UK is a considerable financial commitment and it is extremely important that you think carefully about all of the costs involved for the full duration of your course before you start your studies. The University does not have any funding to help students who experience difficulties paying their tuition fees or living expenses. Students who arrive without sufficient funds to cover both their tuition fees and living expenses often cannot complete their courses and have to return home. It is therefore essential that you secure funding to cover all your expenses prior to starting your course.

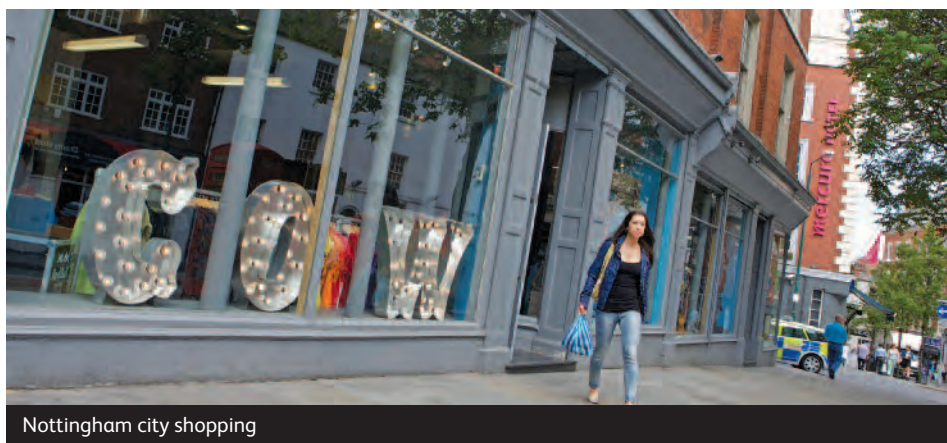


Nottingham's oldest inn

Living costs

We have put together a list of potential living costs to help you to budget for your time in Nottingham. How much you actually spend will depend on your personal lifestyle. Also, remember that your expenses will increase each year.

Visit www.ntu.ac.uk/internationalsupport for more information about the amount of money that you will need to show you meet the maintenance requirement for your Tier 4 visa application.



Nottingham city shopping

Money

Tuition fees 2019/20

Level of study	Payment dates						
<p>Undergraduate and postgraduate students paying international student fees</p> <p>All international (non-EEA) students are required to make an advanced payment of £3,000. This must be made at the time you accept your offer of study, in order to secure your place.</p>	<p>Payment should be made in full on enrolment, or by instalments which need to be set up by Monday 30 September 2019:</p> <table> <tr> <td>21 October 2019</td><td>50 % of the balance of fees after deducting £3,000 advanced payment.</td></tr> <tr> <td>3 February 2020</td><td>Remaining balance.</td></tr> </table>	21 October 2019	50 % of the balance of fees after deducting £3,000 advanced payment.	3 February 2020	Remaining balance.		
21 October 2019	50 % of the balance of fees after deducting £3,000 advanced payment.						
3 February 2020	Remaining balance.						
Undergraduate students paying home fees	<p>By tuition fee loan</p> <p>Most students can apply for a tuition fee loan to cover the cost of their tuition fees (see page 21).</p> <p>If you are not applying for a tuition fee loan, payment can be made in full on enrolment or by three equal instalments which need to be set up by Monday 30 September 2019:</p> <p>By instalments</p> <table> <tr> <td>4 November 2019</td><td>first instalment</td></tr> <tr> <td>31 January 2020</td><td>second instalment</td></tr> <tr> <td>30 April 2020</td><td>third instalment</td></tr> </table>	4 November 2019	first instalment	31 January 2020	second instalment	30 April 2020	third instalment
4 November 2019	first instalment						
31 January 2020	second instalment						
30 April 2020	third instalment						
Postgraduate students paying home fees	<p>Payment in full on enrolment, or by three equal instalments set up by Monday 30 September 2019:</p> <table> <tr> <td>4 November 2019</td><td>first instalment</td></tr> <tr> <td>31 January 2020</td><td>second instalment</td></tr> <tr> <td>30 April 2020</td><td>third instalment</td></tr> </table>	4 November 2019	first instalment	31 January 2020	second instalment	30 April 2020	third instalment
4 November 2019	first instalment						
31 January 2020	second instalment						
30 April 2020	third instalment						
Nottingham Trent International College students	<p>Payment in full on enrolment, or by three equal instalments set up by Monday 30 September 2019:</p> <table> <tr> <td>4 November 2019</td><td>first instalment</td></tr> <tr> <td>31 January 2020</td><td>second instalment</td></tr> <tr> <td>30 April 2020</td><td>third instalment</td></tr> </table>	4 November 2019	first instalment	31 January 2020	second instalment	30 April 2020	third instalment
4 November 2019	first instalment						
31 January 2020	second instalment						
30 April 2020	third instalment						



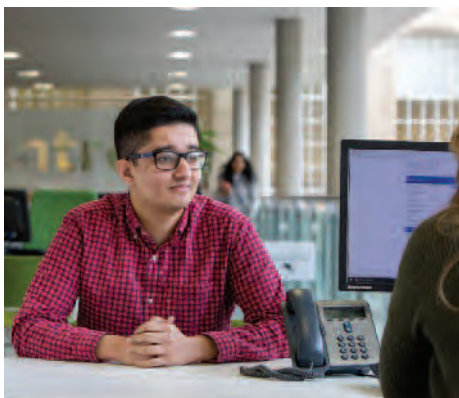
Nottingham Canal

Money

Paying your tuition fees

If you are paying your own fees, you will not be able to fully enrol at the University until you have either paid your fees in full, or set up appropriate instalment arrangements before the start date of your course.

We will send you more detailed information about when and how to pay. In the meantime, however, you can visit www.ntu.ac.uk/pay-fees-int for detailed guidance on each of the fee payment options, including guidance for sponsored students.



Student Services Centre, Newton

Tuition fee loan for undergraduate students paying home fees

In 2019/20, the full-time home undergraduate tuition fee will be £9,250. Tuition fees are payable each year, and may increase for subsequent years of study in line with inflation, and as specified by the government. Subject to meeting certain eligibility criteria, EU students will be able to apply for a tuition fee loan from the Student Loans Company to cover the full cost of their fees in 2019/20.

Visit www.gov.uk/student-finance/eu-students for further information regarding eligibility criteria and application details. The Student Finance Services Non UK Team within Student Finance England is responsible for processing the fee loan and can be contacted on **+44 (0)141 243 3570**.

The UK Council for International Student Affairs website (www.ukcisa.org.uk) provides information about eligibility for home fees and student support for EU students and EEA and Swiss migrant workers.

US Federal Direct Stafford Student Loans

Nottingham Trent University participates in the Federal Direct Loan Program for eligible US students attending certain programmes of study. We may also process approved GI Bill benefit from the Department of Veterans Affairs. Visit www.ntu.ac.uk/usloans for further information.

For further fee payment information, contact the Finance Office:

Tel: **+44 (0)115 848 6500**

Email: **finfinanceincomedebtmanagement@ntu.ac.uk**

www.ntu.ac.uk/pay

Money

One-off costs

Expense	Approximate cost (based on rates for 2018/19)
Bedding (duvet, pillows, sheets, pillowcases)	£40
Kitchen equipment (plates, cutlery, pans)	£40
Insurance for personal belongings (in private accommodation)	£150 per year
Television licence	£154.50 per year
Laptop	from £230
Tablet	from £150
Membership of a student society	£1 to £10
Gym membership (at University gym)	£80 to £110 per year (off-peak / peak)

Weekly costs

Expense	Approximate cost (per week based on rates for 2018/19)
For information on accommodation costs, see page 28	
Food / meals (cooking at home)	£40
Electricity, gas and water bills	£10 to £20
Mobile phone	From £5
Broadband connection in private accommodation	From £18 per month
Course costs (e.g. books, materials and stationery)	£15
Travel (within Nottingham)	£15 per week
Social activities	From £15

Money

Here are a few examples of prices for everyday items (based on UK supermarket brand prices).

Food stuffs and groceries

Dried pasta (500 g)	£0.50
Basmati rice (500 g)	£1
Potatoes (white, 2.5 kg)	£2
Bread (800 g loaf)	£1.10
Milk (1 pint / 0.5 litre)	£0.50
Instant coffee (200 g)	£2
Orange juice (1 litre)	£0.65
Cola (2 litre bottle)	£0.50
Whole chicken	£3.00
Butter (250 g)	£1.80
Cheddar cheese (500 g)	£2.50
Eggs (6)	£0.85
Pasta sauce	£0.65
Oranges (each)	£0.30
Tinned tomatoes (400g)	£0.35
Washing powder (2.6 kg box)	£4
Toothpaste (100 ml)	£1.00
Shampoo (400 ml)	£2.50
Shower gel (250 ml)	£1

Clothes

Winter coat	From £40
Winter shoes	From £30
Jumper	From £15
Trousers	From £20
Scarf	From £8
Hat	From £6

Visit www.ntu.ac.uk/moneymatters for more information, including guidance on managing your money and a handy budget planner.



The Exchange arcade

Money

Bringing money into the UK

You may bring as much money as you like, and in any form, into the UK. If you bring more than and €10,000 (or the equivalent in another currency) in cash (including bank notes, banker's drafts, cheques, travellers' cheques), you will need to declare this sum and hand in a cash declaration form on arrival at the airport. Visit www.gov.uk/bringing-cash-into-uk for further information.

You will need to ask your bank at home if there are any restrictions governing the transfer of funds to the UK, and what your options are for international money transfers.

How much money should I bring with me to the UK?

You will need to bring some money with you to cover your initial expenses. It can take from two to four weeks to open and use a UK bank account, so make sure you have ways to access money while you wait for your UK account to open.

The amount of money you will need to cover your initial expenses will depend on your accommodation situation. If you have already organised and made all of the appropriate payments for your accommodation, £400 should probably cover your initial expenses until you open a bank account. If you are looking for accommodation in the private sector, you will usually be required to pay a deposit and one or more month's rent in advance, so you will need to budget accordingly. We do not recommend that you bring large amounts of cash.

If you are planning to use a credit or debit card from your bank at home when you arrive in the UK, you should check before you leave if you can use it in the UK, and if there are any limits on the amount you can withdraw / pay per day. You should also check how much money you will be charged each time you use your card. The most common bank cards in the UK are Visa and MasterCard.



Money

Top tips for managing your money

Plan ahead

- Draw up a weekly budget and stick to it! Work out what your weekly costs are, so you can see what you have left over to spend on the non-essentials.
- Download a budgeting app for free. They are very useful and can help you keep track of your daily expenditure and bank balance.

Take advantage of student discounts

- Use your NTU Smartcard in restaurants, shops, cinemas, bars, hairdressers and travel agents in and around the city to receive discounts for students. Always ask if they give student reductions otherwise you may lose out!
- Download the 'My UniDAYS' app to unlock even more discounts, both in-store and online.

Bills (gas, electricity, water, telephone)

- Take gas and electricity meter readings when you move in and out of your new home to ensure you only pay for energy you have used.
- Switch off lights when you are not in the room and be careful with heating.

Reduce your day-to-day spending

- If possible, walk or cycle to University rather than taking the bus: www.ntu.ac.uk/bikehire
- If you do use the bus or tram frequently, it is cheaper to use a monthly / termly / annual travel pass.
- Prepare a packed lunch rather than buying it in a café.
- Before buying any books, check what is essential and find out what is available in the library or second hand.

Entertainment

- Bars and clubs near campus will almost always be student-friendly, in attitude and price.
- If you will be going home late, share a taxi with friends.
- Entertain at home: inviting friends around is a great way to spend an evening. You can also share the cost by asking your friends to bring some food with them.

Further advice

Money advice and help with planning your budget is available from the University's Student Financial Support Service. Visit www.ntu.ac.uk/managing-your-money for further details.

Tel: **+44 (0)115 848 2494**

Email: financial.support@ntu.ac.uk

Money



Boots Library, City Campus

Money

Opening a bank account

Before opening a bank account, make sure you read our guidance note which is available to download from www.ntu.ac.uk/ukbankaccount – it includes a list of documents you will be required to provide to open your account, a full list of banking terms and a helpful comparison of different banks in Nottingham and the accounts that they offer to international students.

Here are a few things to consider when opening a bank account:

- It takes at least 2 to 4 weeks to open a bank account.
- Check what documents you will need in order to open a bank account – this normally includes providing a UK address, proof of ID and a letter from your School office.
- Check with a few different banks to see which one offers the most suitable account for your needs.
- As an international student, you may not have access to the full range of banking facilities that are normally available to UK residents, such as overdrafts.

The major high street banks in the UK are:

- Santander: www.santander.co.uk (this bank has a branch on the City Campus)
- HSBC: www.hsbc.co.uk
- Lloyds: www.lloydsbank.com
- Halifax: www.halifax.co.uk
- Natwest: www.natwest.co.uk
- TSB: www.tsb.co.uk
- Barclays: www.barclays.co.uk

Further information on opening a UK bank account is available from the British Bankers' Association.

Visit www.bba.org.uk/publication/leaflets/international-students to find out more.

British money

British money is made up of pounds (£) and pence (p). 100 pence equals £1.

Coins: 1p, 2p, 5p, 10p, 20p, 50p, £1, £2

Notes: £5, £10, £20, £50



1 penny



2 pence



5 pence



10 pence



20 pence



50 pence



1 pound
(100 pence)



2 pound
(200 pence)

Accommodation

To help make the most of your time in Nottingham, it's important to feel secure and comfortable in your accommodation. International students are often concerned about where they will live, but don't panic – there's a wide variety of accommodation available. Firstly, you need to decide what type of residence you want to live in.

University accommodation

There is a range of University allocated accommodation including University owned hall of residence, halls of residence run by our partner providers, and accredited shared housing. Visit www.ntu.ac.uk/accommodation to find out more about the different residences available, the prices, and to make your booking (please note booking deadlines apply).

Sandby flexible contracts

Sandby Hall has several rooms that are used to accommodate students on non-standard courses (such as part-year exchange programmes, and Masters courses starting in January). Please see www.ntu.ac.uk/flexibleaccommodation to find out more.

Homestay accommodation

NTU offers a Homestay service for international and postgraduate students. This gives students the opportunity to live in the UK with a family, and experience life here in a more authentic and natural environment.

Visit www.ntu.ac.uk/homestay to find out more.

Private rented accommodation

Alternative accommodation is available in both private houses or flats and private hall of residence.

Please see www.ntu.ac.uk/privatehalls for further information about private halls.

Students living in private houses or flats usually share with other students to keep the rental cost down. Kitchen and bathroom facilities are quite often shared, and you will have to do your own cleaning. The cost of flats and houses will vary according to the size, location and condition of the property. Rent can be inclusive or exclusive of bills. The average rent for a room in a private shared house in Nottingham is approximately £75 – £90 per week, excluding utilities (gas, electricity, water etc.), plus a deposit (see section below) payable before moving into the accommodation. Gas, electricity and water cost between £10 and £20 per person, per week.

Family accommodation

If you want to bring your family with you, it's recommended you come to Nottingham on your own first to look for accommodation. The University does not provide any family accommodation and, as in most cities, accommodation for families with children is more difficult to obtain. However, if you allow yourself time to look for accommodation, you should be successful. Rents for family accommodation can vary greatly, depending on quality, area and furnishings.

The following prices are a guide and do not include utility bills:

- £120 – £180 per week for a one-bedroom flat for two people
- £160 – £250 per week for a three-bedroom family house.



New Hall, Clifton Campus



Gill Street South, City Campus

Accommodation

Top tips on private rented accommodation

- Take your time to search for a room that is suitable for you.
- You can start your search online (e.g. by searching for private halls or checking the NTU accommodation forum, ntuaccommodation.boardhost.com) before you come to Nottingham, but we advise you not to book a room or make any payments until you've visited it yourself and checked that it is suitable for you.
- If you are arriving in Nottingham without accommodation, we advise you to book temporary accommodation for the first few nights (see www.visit-nottinghamshire.co.uk/stay).
- Once you've found suitable accommodation, you will have to enter into a written contract with the landlord or landlady (owner of the property). Before signing the contract, you should read it carefully. If you have any questions about it, or if you want to understand your legal rights as a tenant, you can check with the Information and Advice Service in the Students' Union (see page 54).
- Check the length of the contract and ensure you are happy to commit for the full contract period.
- Most landlords require students to pay a deposit of at least one month's rent before they move in. The landlord is required to put your deposit in a government-backed tenancy deposit scheme. This will ensure your deposit is returned to you at the end of the contract, providing you've met the terms of the tenancy agreement, not damaged the property or furniture, and have no outstanding payments.
- Many landlords also require international students to either have a UK guarantor, or to pay their rent upfront (this could be the first instalment or the full amount). Make sure you have access to sufficient funds to cover this.
- Always get a receipt for any monies paid to landlords or agents.
- If you have not paid all your rent in advance, it will normally be payable monthly, and usually as a standing order (instructing your bank to pay a sum to the landlord at a specific time each month).
- You may be required to pay for household bills in addition to your rent, including gas, electricity, water and telephone / Internet provision. If you are sharing with other people, it will therefore be helpful to agree a system for paying the bills fairly and on time.
- You will not be able to open a UK bank account until your UK address is confirmed.

Visit www.ntu.ac.uk/privatesectorhousehunting for further information about searching for and living in private accommodation.



Trent Lets

Trent Lets is NTU's own lettings agency. It offers students a full lettings service as part of our Student Accommodation Service. All our properties are inspected by our team to ensure they meet our high standards, and we work closely with landlords to give you the best possible experience.

Visit www.ntu.ac.uk/trentlets for further information.

Accommodation Services team

Student Services Centre
Central Court
Newton / Arkwright building

Tel: +44 (0)115 848 2894

Email: accommodation@ntu.ac.uk

www.ntu.ac.uk/accommodation

Accommodation

Council Tax

This is a government tax for the provision of local services, calculated according to the value of the property in which you are living. Students studying on a full-time course are exempt from paying Council Tax. Academic Registry at NTU informs local councils of all our full-time, fully enrolled students' term-time addresses at regular intervals throughout the year, so for most students Council Tax exemption will happen automatically and you will not need to do anything yourself. However, if you are specifically requested to produce a Council Tax Exemption Certificate you can request one from Academic Registry. Visit the Resources section of www.ntu.ac.uk/currentstudents to complete an online request form for a Council Tax Exemption Certificate.

If you are living in the UK with anyone who is not a full-time student, they may be liable to pay some Council Tax, depending on their personal situation. You can find further information on the UK Council for International Student Affairs (UKCISA) website at www.ukcisa.org.uk/Information--Advice/Fees-and-Money/Council-Tax or for further advice, contact the Information and Advice Centre in the Students' Union (page 54) or the International Student Support Service (page 50).

Television licence

You need a TV Licence to watch or record live TV programmes on any channel or to download or watch any BBC programmes on iPlayer – live, catch up or on demand. This applies to any provider you use and any device, including a TV, desktop computer, laptop, mobile phone, tablet, games console, digital box or DVD / VHS recorder.

A licence costs £154.50 per year (as of April 2019). If you do not have a licence, you could face prosecution and a fine of up to £1,000. You will need a licence if you are living in halls of residence and using a TV in your own room. If you are sharing a house (private accommodation) with other students and have a joint tenancy agreement for the whole house, you will need one TV licence between you. If you have a separate tenancy agreement for your room, you will need your own TV licence.

Visit www.tvlicensing.co.uk for further information and to find out about purchasing your licence.



Health

NHS treatment in the UK: non-EEA and non-Swiss nationals

If you are a non-EEA / non-Swiss student studying in the UK for six months or more, you (and your dependants) are entitled to access the National Health Service (NHS) in the same way as permanent residents, if you have paid the NHS Immigration Health Surcharge (IHS) as part of your UK Visa application. This also includes babies of parents who have paid the IHS, aged three months or less who were born in the UK and who have not been taken out of the country since birth. If you are in the UK for less than six months, you will need to obtain private medical insurance before your arrival in the UK as NHS treatment is only free in certain circumstances.

NHS treatment in the UK: EEA and Swiss nationals/residents

If you are a European Economic Area (EEA) / EU / Swiss national or resident and you qualify for state-funded healthcare in the country in which you reside, you can use the NHS on the same basis as UK residents as long as you have obtained a European Health Insurance Card (EHIC). You need to obtain this from your home country before your arrival in the UK: please visit www.nhs.uk/VisitingEngland and the European Commission website at www.ec.europa.eu for more information about the EHIC, and how to apply in your home country. Please note that whilst this information is correct at the time of writing (May 2019), this entitlement may be affected by the UK's withdrawal from the EU.

You can obtain further information and updates about this (including any changes that may be made as a result of the UK's withdrawal from the EU) on the UKCISA (UK Council for International Student Affairs) webpages.

Visit www.ukcisa.org.uk/Information--Advice/EU-EEA--Swiss-Students/Healthcare-in-the-UK-for-EU-EEA-and-Swiss-students for more details.

NHS treatment that is free for everyone

Some treatment provided by the UK's NHS is free for everyone. This includes:

- treatment by accident and emergency services (but not follow up treatment) in an NHS hospital
- psychiatric treatment
- diagnosis and treatment of sexually transmitted infections
- treatment of certain infectious diseases.

Reciprocal healthcare agreements

If you are a national of one of the countries that has a reciprocal healthcare agreement with the UK, you will be entitled to some free NHS treatment if this is covered by the agreement. However, please note that this is generally limited to immediate medical treatment to allow you to return home for follow-on care. Before you travel, we recommend that you seek advice from the health authorities in your home country about what will be covered, and take out medical insurance.

Visit the "Health and Healthcare" pages at www.ukcisa.org.uk/Information--Advice for guidance on medical treatment under the UK state health system, as well as a list of countries with reciprocal healthcare agreements.

Health

Looking after your health in the UK

Your medical records and vaccinations

Students (and their dependants) who are coming to the UK for more than six months, and who are residents of certain countries, will need to have a TB (tuberculosis) test done before they apply for their Tier 4 visa. Visit www.gov.uk/tb-test-visa for further details, and the full list of these countries.

Before you travel to the UK, it is also useful to obtain a full history of your vaccinations from your doctor at home (including your travel vaccines). This information will be helpful for registering with the health centre after your arrival. We recommend that you ask your doctor about having a **Meningitis ACWY vaccination** before you travel. Otherwise, arrange to be immunised at your health centre or GP practice in the UK. Visit our “Health Centre” pages at www.ntu.ac.uk/healthprotection for information on other recommended vaccinations, including measles, mumps, and rubella.

Registering with the University Health Centres

You and your dependants are normally entitled to register with a local doctor, also known as a general practitioner (GP), regardless of the length of your course and whether or not you are entitled to free hospital treatment. We strongly recommend that you register with a GP surgery as soon as possible after you arrive in the UK, and do not wait until you are ill.

You can register with either of the University’s two health centres, located on both the Clifton and City Campuses. These have their own doctors (male and female) and nurses who can offer a wide range of services and treatments, including contraception and sexual health services, asthma checks, immunisation and dietary advice. Visit www.ntu.ac.uk/healthcentres for further details, including opening hours and how to book appointments.

If you are living at the Brackenhurst Campus, you can register with the Southwell Medical Centre, the Ropewalk, Southwell (**+44 (0)1636 813561**). For advice on registering with a non-University local GP practice, visit www.hwnn.co.uk or telephone **+44 (0)115 859 9511**.



Health

What to do if you are ill, or require medical treatment.

The table below lists the different NHS services that you can access in the UK if you are ill / require medical treatment.

NHS Service	Type of care	Contact Details
GP services	Normally the first point of contact for non-emergency medical treatment (please note, you need to be a registered patient to receive treatment). Call your medical practice to make an appointment with your GP.	<p>Student Health Centre, Peel Street, Nottingham (City Campus), tel: +44 (0)115 848 6481</p> <p>Sunrise Medical Practice, Student Services Centre, Nottingham Trent University, Clifton Lane, Nottingham (Clifton Campus), tel: +44 (0)115 848 3100</p> <p>Alternatively, find your nearest GP at www.nhs.uk</p>
NHS Urgent Care Centre	Allows you to see a GP or nurse outside of local surgery hours if you have an urgent health problem that is not life threatening.	Walk-in service (open between 7.00 am and 9 pm – no appointments needed), Seaton House, London Road, Nottingham, tel: +44 (0)115 883 8500
NHS 111 Service	24-hour phone service (free from landline or mobile phone) available if you have an urgent medical problem and you are unsure what to do.	Call 111 – available 24 hours a day, seven days a week.
Accident and Emergency (A&E) department, Queens Medical Centre, Nottingham	Local hospital for emergency medical assistance (e.g. because of an accident).	Queens Medical Centre, Derby Road, Nottingham, tel: +44 (0)115 924 9924 . You should only telephone 999 and call for an ambulance if someone is seriously ill or injured and their life is at risk.
NHS Dental treatment	For dental check-ups and if necessary, emergency treatment. Dental treatment in the UK has to be paid for by most people; however, you pay less if you are able to register as an NHS patient.	Visit www.nhs.uk to find details of local dentists in your area
NHS Optical treatment	Provided by opticians who operate from high street shops. You will normally have to pay for an eye test and additional costs for glasses and contact lenses.	Local opticians located in Nottingham City Centre, including Boots, Lower Parliament Street and Specsavers, Wheeler Gate.

Health

Mental health support

If you are starting to experience anxiety, stress, depression or other mental health issues during your time here, it is important that you contact your GP for help and support, and that you do not suffer in silence. You can also access the services provided by our Wellbeing Services team (see page 51). The University also offers an online self-help system called SilverCloud. It is designed specifically to help you if you are experiencing anxiety, depression, stress or eating issues. It is easy to use, interactive and relevant to students. Visit www.ntu.ac.uk/silvercloud for further information and to enrol. For general health and wellbeing advice, please visit: www.ntu.ac.uk/healthyntu

If you find yourself requiring urgent help, then we strongly recommend that you contact your GP, visit the NHS Urgent Care Centre or telephone **111** (see table on page 34). Alternatively, contact Samaritans on **116 123** to talk to a volunteer in confidence. Visit www.samaritans.org for further information.



Health

Top tips for staying healthy

1. Find people you enjoy spending time with – this gives you a sense of belonging and is great for the mind. Nottingham Trent Students' Union (NTSU) has many interesting societies you can get involved with, and will help you to meet new people and make new friends. Visit www.trentstudents.org/societies for more details.
2. Helping others is good for you. Take up volunteering, or even try helping out another student.
3. Take up physical activity, which helps promote good sleep and positive emotions. There are plenty of fun activities you can get involved with, including Play for Fun and Beginner Activities. Visit www.ntu.ac.uk/playforfun for more information.
4. Eat a healthy, balanced diet to improve your mood. Visit www.ntu.ac.uk/eatwell for some great dietary tips.
5. Establish a good sleep routine and ensure you get enough sleep at night (seven and a half hours is recommended for most adults).
6. Make time for yourself. Spend a few moments each day away from any distractions and use mindfulness techniques to focus on your thoughts and feelings. Visit www.ntu.ac.uk/information-advice for a range of online self-help resources and podcasts from the Mental Health Foundation to help you try out techniques for stress management and mindfulness.
7. If you are worried about how you are feeling, talk to someone you trust and ask for help as soon as you can. Family and friends can be great support. See your GP if you need help, or contact our Student Support Services (see page 50)
8. Manage your stress levels by staying organised, preparing well and staying calm as you approach exams. Make use of NTU's library support sessions to help improve your study techniques – visit www.ntu.ac.uk/sos for tips and advice.

More information

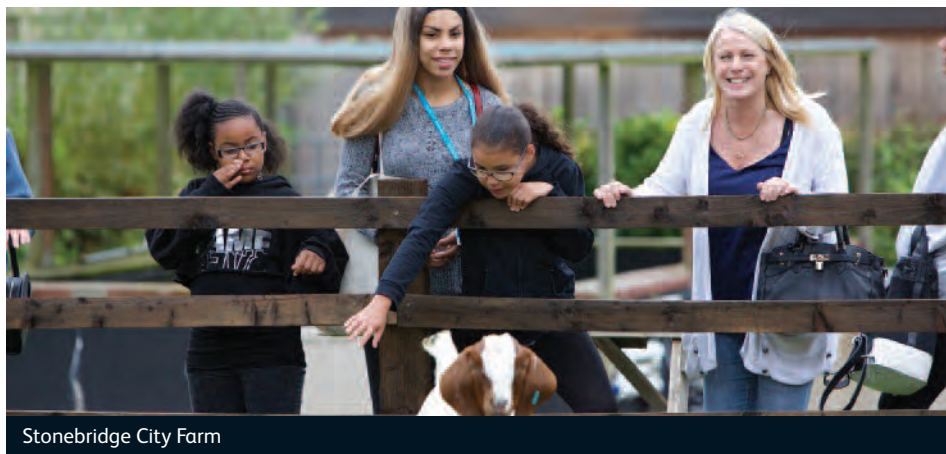
For further tips and advice on keeping healthy, read our online Healthy NTU guide: www.ntu.ac.uk/lookingafteryourself

You might also want to take a look at the HealthyNTU blog www.healthyntu.blog where you can find tips, advice and ideas on staying healthy and happy at NTU.



Nottingham Market Square

Families



Stonebridge City Farm

You may be considering bringing your spouse (wife or husband), partner and / or dependant children with you to Nottingham. Depending on your family's situation, you may feel that they would benefit from the experience of living in a different country.



Wollaton Hall

If you decide to bring your family with you, it is very important that you assess what their needs will be in the UK, and spend time planning and preparing for your move here. It is also very important that you make sure you have enough money to support your family while they are living in the UK. You are advised to check if the UK immigration regulations permit you to bring dependants to the UK and ask the International Student Support Service if you are unsure. For information on accommodation for your family, please refer to page 28.

Visit www.ntu.ac.uk/bringing-your-family for more detailed information for students with families – including healthcare entitlements, school and nurseries, and work.

Families

Schools and nurseries

If you will be searching for schools or childcare provision for your children in the UK, we recommend that you secure your accommodation in Nottingham first. State school places (which are free) in the UK are allocated on the basis of the area where you are living and it is more convenient to choose childcare provision which is located close to you.

You may wish to check the availability of school places in the area where you plan to live before signing an accommodation contract. In addition, please note that it can take four to six weeks to process an application for a school place, so you may have to arrange alternative childcare whilst you wait for a decision.

Information about childcare provision and schools in Nottingham is available at www.asklion.co.uk and on the Nottinghamshire County Council website (www.nottinghamshire.gov.uk). For information about how to apply for a school place, check the Nottingham City Council website (www.nottinghamcity.gov.uk) and the Nottinghamshire County Council website (www.nottinghamshire.gov.uk).

Work entitlement for Tier 4 dependants

Your dependants will be able to work if you are either studying a postgraduate course of nine months or longer, or if you are a government-sponsored student taking a course that is longer than six months (based on Tier 4 regulations as of May 2019).

Please visit the UKCISA website at www.ukcisa.org.uk for more information on work entitlements for your dependants (including restrictions on the type of work they can do).



Nottingham Market Square

Studying at NTU

NTU is spread over four great campuses across Nottingham. In the last 10 years, we've invested £450 million into our study, social and sporting facilities. Here's an introduction to your campus facilities.

City Campus

- Home to over 16,000 students and based right in the heart of Nottingham.
- A cosmopolitan city centre campus with loads of great places to meet, eat and shop.
- An excellent range of accommodation.
- The impressive and newly refurbished Boots Library.
- An Employability Centre.
- Outstanding Students' Union including a 2,400 capacity evening venue, bars, cafés, sports hall and gym.
- A Global Lounge.
- The Hive – Centre for Entrepreneurship and Enterprise.

Brackenhurst Campus

- Home to over 1,400 students and approximately 14 miles from the city centre.
- A beautiful countryside estate with woodland, a lake and landscaped gardens.
- Excellent accommodation on campus.
- A fantastic eco library.
- Home to over 600 animals on our very own farm.
- An Employability Centre.
- Buses every 15 to 20 minutes throughout the day heading from the campus straight into the heart of the city, giving you the best of both worlds.
- A Global information board located in the Student Lounge
- On campus facilities include the Students' Union bar, shop and Orangery

Clifton Campus

- Home to over 8,000 students and just four miles outside the city centre.
- A modern, self-contained campus with fantastic new facilities.
- Campus has undergone significant regeneration with a new central Pavilion building and teaching suite.
- Excellent accommodation on campus.
- On-campus facilities include the Students' Union bar, shop, cafés and library.
- Top-class sports facilities at the Lee Westwood Sports Centre.
- An Employability Centre.
- A Global Lounge.
- Award-winning Go2 Uni bus service taking you right to the City Campus every eight minutes during term time.

Confetti Campus

- Located in the city centre, it's only a short walk from the City Campus.
- As a specialist creative industry education and training centre, Confetti hosts our creative technology courses.
- Cutting-edge, industry standard technologies – from mixing desks and lighting equipment, to developmental software, film studios, and TV facilities.

Visit www.ntu.ac.uk/campus for more information about the campus you will be studying at.



City Campus



Clifton Campus



Brackenhurst Campus



Brackenhurst Campus



Confetti Campus

Visit www.ntu.ac.uk/virtualtours to view our campus tour videos.



Brackenhurst Library



Pavilion, Clifton Campus

NTU – a short history

Since launching as the Nottingham Government School of Design in 1843, the institution today known as Nottingham Trent University has developed a national and international reputation for hands-on, professionally focussed learning. Our goal has always been to test students' skills and knowledge where it matters – for real, and in the workplace.

We were granted polytechnic status in 1970, and university status in 1992. For 175 years, we've demonstrated a commitment to broadening knowledge across the academic disciplines; directly informing industry practice, by pushing the boundaries of what's achievable; and providing fantastic opportunities for all of our students.

Throughout our long history, we have invested in the scope and quality of our facilities to ensure that what you learn and where you learn it is of the highest, most relevant standards. Today, we are continuing to invest in redeveloping and expanding our campuses, attracting world-class teaching staff, and creating new professional and academic partnerships across the globe.

NTU enjoys an impressive reputation as one of the UK's so-called "modern universities." Developed, attended and endorsed by some of the world's most significant names in science, business, sports, culture and the arts, we are excited about our future, and your own important part in it.

We are also extremely proud to have been named 'University of the Year' 2019 by *The Guardian*.

Visit www.ntu.ac.uk/about-us/news/awards for further details of our award winning academics, courses and facilities.

Studying at NTU

The learning experience

Studying in the UK might be different to your previous learning experience in your home country. At NTU we encourage and expect students to take responsibility for their own learning. Your learning will be supported by your lecturers, your classmates and online resources found in NTU's virtual learning environment (known as NOW). You will be expected to attend all of your lectures, seminars and tutorials, and independently read and review your notes and think about your subject.

Independent learning can mean working on your own, but also working in small groups discussing your lectures and seminars or preparing projects such as presentations. You may prefer to work in the library, or in your accommodation. We would encourage you to find the place and time that works best for you.

Naturally, the structure of your course will vary according to the subject(s) you take. For example, some courses will be more practical with laboratories, studio time or field trips; while others may be more theoretical. Science-based and technical courses tend to have more timetabled hours. Arts-based, Humanities or Social Sciences courses are likely to involve fewer timetabled hours and more out-of-class work, such as independent study and further reading.

Whatever subject you are studying, at undergraduate and particularly at postgraduate level, you will be encouraged to read widely and to question and analyse what you have read. You will gain the most benefit from your studies by discussing your thoughts and ideas in seminars and tutorials. Not only will this help you to master your degree subject, but it may also be a valuable way of improving your spoken English.



NTU lecture theatre

Studying at NTU

Research students

Research students joining the University will be supported and guided in their work by a director of studies or lead supervisor, along with at least one other supervisor. With advice and guidance, this team will help you to design a unique research programme. As a research student, you will be a member of the University's Doctoral School, and additionally belong to the appropriate academic school. While the nature of postgraduate research requires a student to be self-motivated, the University provides a range of resources and support mechanisms to enable you to be part of a thriving community of doctoral students.

Academic support

The University has been welcoming international students for many years and here at NTU, we have a range of experienced staff to help you settle in.

University study encourages you to think for yourself, so look for opportunities to read and to discuss your studies with other students outside of your timetabled lessons. Many courses offer modules during the first year to help students learn how to actively participate in study at university level and there are also resources available in the Student Learning Room in NOW.

Further academic support is offered within your course and by specialist experts. Visit www.ntu.ac.uk/academicsupport for more information.

Undergraduate students

Typical activities in the first year of undergraduate courses include:

- carrying out preparatory reading for lectures, seminars and laboratories or workshops (typically this might be a chapter from a core textbook, journal or report)
- organising, compiling and delivering a group seminar presentation or other project
- pre-class and post-class activities set by your tutor
- formative work to prepare for assessments.

In the second year, you are also likely to:

- engage in a series of short individual research activities
- do pre-class and post-class work on your own initiative.

In the final year, you will be expected to do the above and normally be expected to:

- complete a final-year project; this will involve a considerable amount of research and the production of an extended essay or report.

Visit www.ntu.ac.uk/learning for further information about study methods and types of learning here at NTU.

"Tutors here always give positive feedback to students who convey their ideas. They use ideas as a base for further discussion – it is the learning style. Therefore, in order to learn more effectively, we should let tutors know what we think and not be afraid in case we give the wrong answers. Besides, sometimes there is no right answer!"

Lan Lan, China

BA (Hons) International Business

Studying at NTU

Academic English support

In-sessional English language classes are offered to international students at no extra cost. The classes aim to provide focused support in the skills you need in order to develop your English in your subject area.

Further information

Nottingham Language Centre
DICE building
NTU City Campus

Tel: **+44 (0)115 848 6156**

Email: **englishsupport@ntu.ac.uk**

www.ntu.ac.uk/nlc



Language in Tandem

Would you like to speak like a local? Would you like to share your love of languages with another student? If you've just arrived in the UK and would like to practise the English language, this is the scheme for you. Language in Tandem is a simple idea – two students, usually one UK and one international, meet weekly for about an hour. We'll organise the perfect language buddy for you, based on your language interests so that you can enjoy comparing cultures, while learning new words, expressions and customs.

Go to **www.ntu.ac.uk/global-language** and fill in the online form to take part.

Language Café

Join us for an afternoon to practise speaking different languages in a relaxed and friendly setting. Whether it is Spanish, French, Italian, German, Japanese, Mandarin, Arabic, English, or any other language, you'll have the chance to improve, teach, and show off your skills – all while meeting new people and utilising this interactive method of learning.

City Global Lounge

Every Tuesday*, 2 pm – 4 pm

Clifton NTSU Basement Bar

Every Thursday*, 2 pm – 4 pm

Visit **www.ntu.ac.uk/global-language** for more information.

*term-time only

Studying at NTU

Academic skills support

Studying in a different country might involve doing things differently; for example, you might need to reference things in a different way than you're used to. The library can help you with:

- study skills
- research and information skills
- referencing
- maths and stats
- copyright and plagiarism
- academic writing
- using NOW.

You can book a one-to-one appointment with a member of the Library Learning and Teaching team, attend one of the many workshops that they run throughout the academic year at all campus sites, or consult the "Help" page in NOW where you'll find lots of useful guides to help you be a better student.

Visit www.ntu.ac.uk/developingskills and www.ntu.ac.uk/skillsforsuccess to find out more.

"The resources in the library foster a friendly environment for me to learn independently. I can find books, journals and eBooks that I need using the Library Onesearch online system. Also, NOW – the NTU Online Workplace – provides information like referencing and course hand-outs. All the resources and tools enhance my learning experience."

Bo Shan Joyce Chung

(Hong Kong)

BA (Hons) Communication & Society and Media

Liaison librarians

You will have a named liaison librarian for your course, who will give assistance with complex queries and provide training on using the library systems.

Visit www.ntu.ac.uk/studentlibraryevents to find out more about the wide range of training sessions that the liaison libraries provide.

The libraries

There is a library on each campus. During term-time, the libraries are open seven days a week, including 24 hours a day at key times of the year. Each library provides a wide range of individual and group study spaces and resources for students, including student PCs, laptops for loan, wireless networking and printing and photocopying facilities. The library service has lots of resources, both printed and electronic, which are accessible via a dedicated portal called Library OneSearch. Most of the libraries' electronic information resources are also available from off-campus locations, both in the UK and abroad via Library OneSearch.

The virtual learning environment

All students have access to a virtual learning environment, called NOW – the NTU Online Workspace. NOW delivers learning materials and information for your course and modules. It is designed to assist you in your learning by giving you a single point of access to a range of learning and support materials for your course of study. There is a mobile version available, designed for use with mobiles and other hand-held devices. The library also runs NOW workshops for students throughout the year, providing training on accessing learning materials from NOW including emails and timetables.

Visit www.ntu.ac.uk/studentlibraryevents to find out more about these workshops.

Visit www.ntu.ac.uk/library to find out more about the library and IT services on offer, and details of the support we provide.

Equality, diversity and inclusion

The UK has a very diverse and multi-ethnic population. The University community includes students from many different nationalities, cultures and backgrounds. Men and women have equal rights. In the UK, it is unlawful to discriminate against anyone for reasons relating to race, gender, age, sexual orientation, transgender identity, disability, pregnancy, religion or belief, and marriage or civil partnerships.

In line with British law and values, everyone who studies or works at the University is respected and valued. While you are a member of the NTU community, you can expect people to treat you in a respectful way and to be fair and reasonable in their contact with you. Equally, the University expects you to behave in a way that other people will see as respectful and fair to them. This includes other students and all University staff regardless of their status, or role.

Visit www.ntu.ac.uk/respect-at-ntu to watch our 'Respect at NTU. Give it. Get it. Expect it.' video for more details.

All students have the same right to take a full and active part in University life. The UK has strong equality legislation, and the University has a number of policies and procedures in place to promote equality for all students and staff. Visit www.ntu.ac.uk/equality to review these protocols.

Respect is important to NTU, and helps to maintain a positive, healthy learning environment.

We all have a shared responsibility to encourage respect. We can lead by example, and challenge or report behaviours that don't match the NTU standard. If you witness or experience harassment / bullying in any form (also known as Hate Crime) – whether it is based on a person's age, disability, transgender identity, sex, sexual orientation, race, religion or belief, or for any other reason – this should NOT be tolerated, and you need to tell someone at the University who can help.

- For help and support from NTU Student Services:
www.ntu.ac.uk/wellbeing
- To report abuse through the Students' Union:
www.trentstudents.org/hatecrime
- To report a suspected crime to the police online, anonymously through TrueVision:
www.report-it.org.uk/home



Services and facilities

Student Support Services

Student Support Services provides information, advice and support to all students on a wide range of issues, and can be a good first point of contact if you need assistance. Staff in our centres can either tell you what you need to know or point you in the right direction. Details of some of the services we can offer you are given below. Student Support Services can be found at:

Student Services Centre

Central Court
Newton / Arkwright building
City Campus

Student Services Centre

Clifton Campus

Student Services Centre

Brackenhurst Library
Brackenhurst Campus

These centres each have browsing areas with a variety of information and literature you can take away. Further detailed information about all of our services can be found on the website at www.ntu.ac.uk/sss or you can drop in and see us to book an appointment, telephone the Student Support Services Information Line on **+44 (0)115 848 6060**, or email student.support@ntu.ac.uk with any queries.

Student Handbook

The online Student Handbook has been developed to help you steer your way successfully through your first few weeks and beyond. It aims to help you settle in to university life as quickly as possible. It contains information about services and support and the regulations and policies with which you need to be familiar, including academic rules and regulations, such as extenuating circumstances and appeals, contractual obligations, and the charter and complaints procedure.

Visit www.ntu.ac.uk/studenthandbook to access the handbook online.



"It is my pleasure to know all of you in the wellbeing room. For an international student who has never been abroad before, and whose mother tongue is not English, things could be really tough. Thank you for your help and for all the things you have done. I will never forget you no matter where I will be."

Moonmoon Sinha

(India)

MSc Management and International
Business



Student Services Centre, Newton



Quiet room, Clifton Campus



Newton Central Court, City Campus



Newton level 1, City Campus

Services and facilities

We want your studies to be as enjoyable and successful as possible – that is why we provide information, support and advice on a wide range of issues that we know are important to our students. Please see below for information on the different teams and services available within Student Support Services. General information is available online at **www.ntu.ac.uk/ssv**

	International Student Support	Student Support Advisors [SSAs]
What can we help with	Immigration advice for all international students (EU and non-EU). Living / studying / working in the UK.	If life events such as bereavement, pregnancy or being a victim of crime are having a negative impact on your studies, you can access school based support. This also includes tailored support for mature students, transgender students, students with caring responsibilities, care leavers, mature students, and students who've experienced sexual violence.
Ways we can help you	Visit our website to find out more: www.ntu.ac.uk/internationalsupport	Brief advice and one to one support. Supporting students to make decisions in relation to their studies e.g. time out. Liaison with course teams.
Contact us	Email: int.support@ntu.ac.uk Tel: +44 (0)115 848 2631	E-mail: studentsupportofficers@ntu.ac.uk

	Disability Support	Dyslexia Support
What can we help with	Advice and support for students with any disability, long-term health condition, autism spectrum conditions.	Support for students with specific learning differences like dyslexia.
Ways we can help you	Advice from Disability Officers on physical and sensory support adjustments. Library support and support during exams. Mentoring support and advice for students with autism spectrum conditions.	Advice and self-help strategies to support specific learning differences. Library support and support during exams.
Contact us	If you have not already provided information about your needs during the application stage, contact the team so they can start making arrangements for your support: Tel: +44 (0)115 848 2085 Email: disability.support@ntu.ac.uk or autism.support@ntu.ac.uk	If you have not already provided information about your needs during the application stage, contact the team so they can start making arrangements for your support: Tel: + 44 (0)115 848 4120 Email: dyslexia.support@ntu.ac.uk

	Wellbeing Services	Mental Health Support
What can we help with	Personal, emotional or mental health issues affecting your life and studies.	Support to students with mental health difficulties.
Ways we can help you	Support from the University or external organisations depending on your needs. Self-help resources including Silvercloud www.ntu.ac.uk/silvercloud	Advice on managing your studies and maintaining a healthy balance of other elements in life. Liaison with course teams and external agencies. Advice on alternative arrangements for exams and assessments. Self-help resources including Silvercloud www.ntu.ac.uk/silvercloud You need a diagnosis of an ongoing mental health condition to access this support.
Contact us	Visit www.ntu.ac.uk/wellbeing to find information, self-help and a short application form to access our services. You are advised to also speak to your course team and doctor if your health and wellbeing are negatively affected.	Visit www.ntu.ac.uk/wellbeing for more information.

	Student Financial Support	Faith Support
What can we help with	Advice about entitlement to UK government funding, including fee status and tuition fee loans for EU students. Guidance on managing your money at university. US Direct Loan Program www.ntu.ac.uk/usloans	Support students' spiritual wellbeing. Provide opportunities to foster a sense of community and wellbeing. Help those who want to explore the big questions through social and spiritual events.
Ways we can help you	Visit our website to find out more: www.ntu.ac.uk/student_services/fees_finance	Prayer rooms available for Muslim students and staff at the city and Clifton campus. Quiet space available for prayer and reflection at Clifton campus. Information on places of worship off campus. Wellbeing room (Clifton) available for you to relax and meet friends. Connect Lunch, organised in collaboration with Clifton Global Lounge – Clifton Wellbeing Room, every Tuesday, 12 pm – 2 pm
Contact us	Tel : +44 (0)115 848 2494 Email : financial.support@ntu.ac.uk	Visit www.ntu.ac.uk/faith to find out more.

Sport at NTU

A healthy lifestyle will help you to focus on your studies, reduce stress and give you a positive outlook. Getting involved in sport is also a great way to make new friends. The University has a huge range of fitness facilities and sporting opportunities to encourage you to get involved.

Sport and fitness facilities

The Lee Westwood Sports Centre at Clifton Campus and the City Sports Centre both boast impressive Sport and Fitness facilities – visit www.ntu.ac.uk/sport to find out more. You'll find 100-station gyms, sports halls, fitness studios, and a 10m climbing wall, as well as outdoor pitches, an indoor tennis centre and sports therapy suite.

Getting active

We have over 50 sports clubs for you to join, a wide range of fitness classes, internal leagues, social sport sessions and coaching courses*. So whether you want to play sport competitively, for fun, or you'd rather take a dance class or yoga – there's something for you. Look out for the Play for Fun International Sport Festival at the beginning of the year, where you can try out heaps of different sports. We also encourage students to participate in Sport Volunteering* and have a range of opportunities available.

*Some UK visas including Tier 4 carry restrictions relating to working as a sports person – please contact the International Student Support Service for more information: int.support@ntu.ac.uk





Keeping it competitive

We love healthy competition. Many of our students take part in team and individual sports against other universities as part of the British Universities and Colleges Sport (BUCS) championships. We've recently been league winners in rugby, hockey and football, and are regularly ranked in the top 15 out of 150 universities.

The annual Varsity series also sees NTU compete against local rivals the University of Nottingham. This usually takes place during terms two and three and showcases a range of sporting matches.

Sport Scholarships

NTU provides an environment in which talented student-athletes can achieve academic and sporting success while studying at the University. Visit www.ntu.ac.uk/sportscholarships to find out more.



NTU Sport



Visit www.ntu.ac.uk/sport for further information about sport at NTU and how to purchase any of our NTU Sport memberships packages.

Your Students' Union

Welcome to Nottingham Trent Students' Union (NTSU). We're here to make sure your time at NTU is the best it can be, and we offer a number of services and opportunities to help make that happen.

Below you'll find more information about them and how you can get involved.

Societies and sports clubs

Joining a society or community is a great way to meet new people with similar interests. It's also an excellent excuse to try something brand new. NTSU has over 110 societies and student communities you can join so there really is something for everyone too. Visit

www.trentstudents.org/societies and www.trentstudents.org/communities for a full list of our societies and communities.

Entertainment

We know that you will want to experience as much as possible while you are here in the UK. That's why we offer a diverse entertainments programme that caters to all tastes and interests. From pub quizzes to day trips around the country there's plenty to get involved in. Visit www.trentstudents.org/events to keep up to date with our latest events.

Facilities

NTSU has a venue on each campus which includes, bars, cafés, social space, free Wi-Fi and more!

There's an SU shop at City, Clifton and Brackenhurst too that stocks daily essentials like milk alongside handy supplies like stationery and magazines.

Whichever campus you're on, we want NTSU to be your home away from home, so make sure you pay us a visit!

Volunteering

For any students who are interested in giving back to the local community, NTSU has its very own volunteering programme. Visit www.trentstudents.org/volunteering to find out more.

You can also get involved in our Raising and Giving (RAG) activities and help to raise vital funds for local charities. Visit www.trentstudents.org/rag for more information.

Your support

NTSU runs a free and confidential Information & Advice Service (IAS) that you can access on all three campuses. Our IAS operates independently of the University and offers impartial advice and support on everything from money matters to mental health. Visit www.trentstudents.org/advice to find out more.

There are also a number of people who are here to represent your views, from our Academic Reps to our Executive Officers, as well as an International Students Officer.

Visit www.trentstudents.org/yourreps for more information.

Make sure you follow us on social media for all the latest on our opportunities.



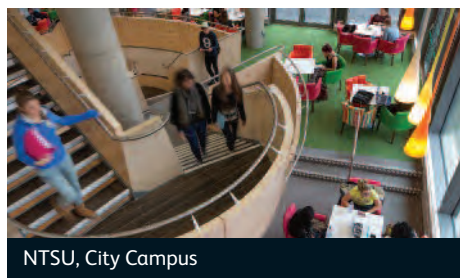
Twitter: [@trentstudents](https://twitter.com/trentstudents)



Facebook: [/TrentStudents](https://www.facebook.com/TrentStudents)



Instagram: [@trentsu](https://www.instagram.com/trentsu)



Working in the UK

Looking for work

Working part-time enables you to develop valuable skills and experience before graduation, and can enhance your prospects of employment in your chosen career after you have graduated.

Some CV enhancement skills you may pick up in any kind of working employment, include self-motivation, team working, self-reliance and organisational skills. However, work can be difficult to find and is not always well paid, so please do not depend on income from part-time employment to support you.

Unitemps (www.unitemps.com) is the provider of all casual work for students within NTU. Register and sign up to their email alerts to ensure that you hear about all part-time opportunities on campus. To search for and apply for external roles across a variety of sectors within the local area, you can use the JobShop: www.ntu.ac.uk/jobshop

Most international students who come to the UK for six months or more are allowed to do some work whilst studying (e.g. part-time, vacation work, placement as part of your course).

However, before you consider entering into any kind of part-time employment, ensure that you are fully aware of the restrictions on the number of hours you are allowed to work and the type of employment you are allowed to do as an international student. We strongly encourage you to visit www.ntu.ac.uk/internationalsupport to familiarise yourself with the immigration rules on working during your studies. You will also need to assess how this extra commitment of both time and energy will affect your studies.

Minimum wage

The minimum wage is the minimum amount that workers aged 16 years or over are entitled to be paid. There are different levels of minimum wage, depending on an employee's age. For an update on current National Minimum Wage rates, visit www.gov.uk/national-minimum-wage-rates

Tax and National Insurance

International students working in the UK are liable, like UK citizens, to pay income tax and National Insurance contributions. You do not start paying these until you are earning above a certain amount of money.

You will need to apply for a National Insurance number if you are successful in finding a job. See www.gov.uk/apply-national-insurance-number for further information.

The International Student Support Service has further information about working in the UK on our website: www.ntu.ac.uk/working-in-the-uk



Working in the UK

Employability team

Employability is your passport to the world of work and is about more than just studying for a degree. Your experience as a student at NTU will be packed with opportunities, all designed to help you graduate with a CV that will impress your future employers.

Support

Our Employability team provide personalised and specialist careers advice on our City, Clifton, Confetti and Brackenhurst campuses. There is also a dedicated careers consultant for each academic School. The team will support you throughout your time at NTU and ensure that you get advice that's tailored to you and your studies.

Opportunities and events

In addition to individual support, the Employability team offer a wide range of employability development opportunities. These include: the Acceler8 Employability Award; mock assessment centres; recruitment fairs; and steps to success employability workshops, as well as careers events with global and UK organisations. The team have a large network of regional, national and international businesses and organisations looking to recruit NTU students.

There are plenty of opportunities for you to meet employers with invaluable industry insight, knowledge and experience. These include employer-led workshops, challenges and events. The Employability team can also signpost to visa advice for placements and graduate roles from university specialists and immigration solicitors.

Online resources

When you're here, you will have access to lots of employability resources online, via our student portal Employability Online, including:

- **FutureHub** – for graduate jobs, opportunities and employer events
- **Placements and work experiences** – many opportunities and extensive 1:1 and online support to find and apply for placements.
- **Jobshop** – paid part-time work locally and on campus
- **Specialist websites** – find global opportunities and exclusive UK jobs with employers sponsoring international students
- **Resources** – including CV support, application, interview and job hunting advice, career ideas and employer videos.



Recruitment Fair, Clifton Campus

Working in the UK

Work experience

Increasingly, employers want to recruit graduates who have real work experience. That's why we support and encourage you to make the most of the work experience opportunities available. Visit the Employability team to find out what you can do. The Employability team's locations across our campuses are:

City Campus

Employability Centre
Newton and Arkwright building

Clifton Campus

Student Services Centre
The Pavilion

Brackenhurst Campus

Student Services Centre
Bramley building

Email: employability@ntu.ac.uk
www.ntu.ac.uk/employability

Students in Classrooms and Volunteering

NTU offer numerous flexible opportunities for students like you to gain valuable experience, boost their CV, develop their personal skills and to make a difference to the local community.

The Centre for Student and Community Engagement offers a number of opportunities to work with young people in local schools and colleges, in a variety of roles. Training and support is provided.

Visit www.ntu.ac.uk/studentsinclassrooms for more details.

Nottingham Trent Community Engagement and Volunteering offers a diverse range of high-quality local volunteering opportunities with over 50 community partners including the opportunity to volunteer abroad with a range of organisations they work with internationally.

Visit www.ntu.ac.uk/volunteering for more details. There really is something for everybody!

"I feel at home in Nottingham – you make friends really easily."

Rebecca Chiu, Hong Kong
BA (Hons) Business Management and Operations

Visit www.ntu.ac.uk/rebeccachiu to watch Rebecca talk about her course and life at NTU.





Pavilion, Clifton Campus

Living in the UK

Driving in Britain

If you have a driving licence issued by an EEA country, you will be able to drive in the UK with this licence for as long as it remains valid. You are advised however to check this information carefully as it may be affected by the UK's withdrawal from the EU. If you have a valid driving licence from a non-EEA country, or an international driving permit, you will be able to drive in Britain for up to 12 months from the date you came to the UK. After a year, if you want to continue driving in Britain, you should exchange your licence for a British one (please note that this should be done before the end of the 12-month period if you want to be able to continue to drive).

Visit www.gov.uk/driving-nongb-licence for further information on the current rules affecting international driving licence holders visiting Britain and information on applying for a British driving licence.

Please note parking is restricted on NTU campuses – visit www.ntu.ac.uk/travel for more information.

Driving rules and regulations

In the UK, in addition to having current valid road tax, insurance and a driving licence, you must abide by the regulations detailed in The Highway Code, available online (www.gov.uk/guidance/the-highway-code) and in most bookshops and libraries.

Check the Visit Britain website www.visitbritainshop.com/world/articles/guide-to-driving-in-the-uk for further advice on driving in the UK.

Telephone and Internet access

Mobile telephones

There are a range of main mobile networks operating in the UK including EE, Three, O2 and Vodafone.

Visit www.uswitch.com/mobiles or www.moneysupermarket.com/mobile-phones for a detailed guide on choosing and comparing the best mobile phone deals and helpful hints. Both websites also provide comprehensive advice on making low cost international calls at competitive rates. Alternatively, if you have Internet access, you can make low-cost or even free calls using Skype or mobile messaging apps such as WhatsApp.

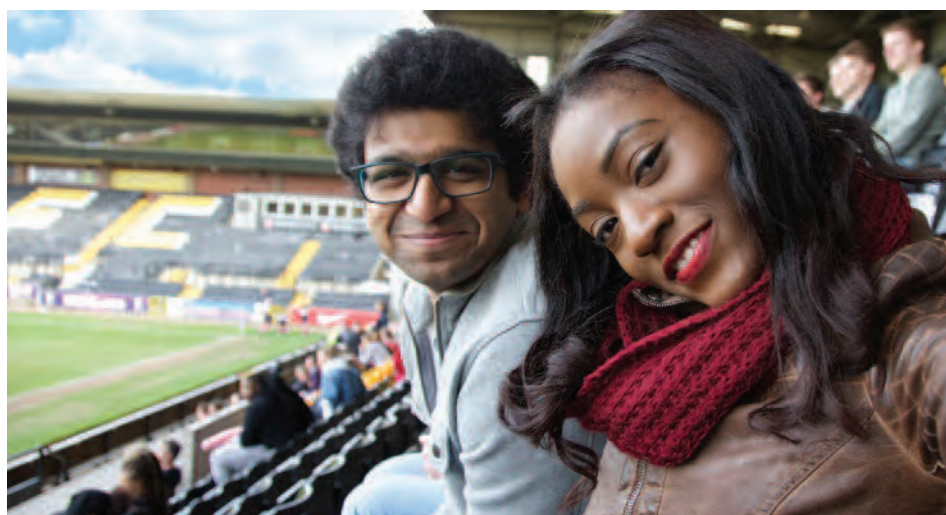
Internet access

NTU offers its students free Internet access from University computers and there are many Wi-Fi zones both around the University and in public places across the city such as libraries and local transport. If you need to arrange Internet access for your accommodation, there are a number of different providers for you to choose from including Virgin Media, BT, EE, Plusnet and Sky.

Comparison websites such as www.uswitch.com or www.moneysupermarket.com are helpful when choosing an internet provider.



Nottingham city shopping



Notts County Football Club



Tamatanga, Nottingham



Bromley House Library

Living in the UK

Insurance

It is very important to consider what insurance cover you need for your journey to the UK as well as during your stay. This includes any medical insurance you may require (see page 32), but also cover for your personal belongings (such as your mobile phone, tablet or laptop) against loss, theft or damage. You may also wish to take out insurance to cover personal liability, personal injury and the costs related to returning home in the case of illness or an accident.

There is a wide variety of insurance policies on the market, and we recommend you shop around. Endsleigh Insurance (www.endsleigh.co.uk) is the top student insurance provider in the UK and the only insurance company recommended by the National Union of Students.

Safety issues

In general, Nottingham is a safe place to live in and travel around. However, as in most other cities around the world, it is necessary to take sensible precautions to protect yourself and your possessions. The following are some basic points that provide common sense advice for personal safety:

- Never leave your room or accommodation without closing all windows and locking the door.
- Never leave any belongings (bag, phone, wallet) unattended in any public building, refectory or shop, on your bicycle, or in your vehicle.
- If you are using a cash machine (ATM) take extra care, particularly during the evenings or if you are on your own.
- Keep your passport and BRP somewhere safe – there is no legal requirement to carry ID at all times and replacing a lost passport or BRP is time consuming and costly.

- Be alert when using your mobile phone in the street.
- At night, avoid badly lit streets and deserted areas. If you are returning home late at night, walk in a group or take a taxi. If you go out together, always ensure you come home together.
- Beware of telephone scams targeting international students. Visit www.gov.uk/government/publications/fraud-s-tricks-and-scams for further details.
- Protect yourself online: www.getsafeonline.org is an excellent resource for useful tips on protecting yourself against online criminal activity, including identity theft and fraud.
- If you need to report a crime, dial 999 and ask for the police (your call is free of charge from any UK phone). If the incident that you are reporting is not an emergency, dial 101 to speak to Nottinghamshire Police.

We strongly recommend that you read the Creating Confidence guide on the British Council website (www.educationuk.org) which offers essential safety advice for international students in the UK.



Living in the UK

Settling into UK life

Coming to study in a different country is a very exciting and rewarding experience. It can, however, also be quite challenging during the first few weeks. The range of emotions you can experience when you move from a familiar to an unfamiliar environment is commonly called culture shock. Culture shock is a very normal experience and even if you come from a country with a way of life very similar to that of the UK, you may still find that there are small differences which will have an impact on your day-to-day life.

Differences between your country and the UK can impact on your life in many diverse ways. On a practical level, you may not be able to buy some of the goods you could buy in your home country, and may find it difficult to adapt to the weather in the UK. If you are from a country which has very different customs and beliefs from those held in the UK, you will probably find that you are more affected by culture shock. It is important to remember that experiencing culture shock is a normal part of adjusting to new foods, customs, languages, people and activities, and that it can be a positive learning experience, making you more aware of cultural differences and giving you valuable skills.



How to cope with culture shock

As you start to prepare for your studies in Nottingham, we would encourage you to keep an open mind about what you expect the British people and the UK to be like. If you find that there are situations which confuse you in the UK, remember that individuals may be following social rules which you do not know about. Here are some tips to help you settle in:

- Where you do come across differences between the UK and your own culture, try not to see one as better or worse than the other, but try to think of them as different.
- Ask for help if you need it. Asking for help is seen as a usual action for someone to take and is viewed positively. See page 50 for information about Student Support Services at NTU and how to contact them.
- Ask questions about social customs – this is often a good way to find out more about British culture.
- Exercise and maintaining a healthy diet helps to reduce stress. It is important you eat properly as a student and achieve a healthy balance between your studies and your social life.
- Language can be a barrier to people understanding each other clearly, so continually improving your language always helps (see page 45). Although it can be difficult, allow yourself to see the humour in misunderstandings.
- Make friends with a broad mix of people, both British and international.
- Keep in touch with home and bring familiar things with you, such as photos or keepsakes.



Living in the UK

Some insights into British culture

Although the UK has a very diverse population, the following few insights into British culture may be helpful as you start to settle into UK life. Visit www.ukstudentlife.com for more information on specific aspects of British life and culture.

Punctuality and queuing

The British place a great deal of importance on punctuality, both professionally and socially, so if you are going to be late, or you need to cancel an appointment, you should telephone in advance to explain, if at all possible, and apologise when you arrive.

Queuing (waiting in line) is also considered very important and happens in most places, for example in shops, banks, stations and bus stops. You will probably be amused to see how carefully the order of the queue is respected. If you try to push into the line (queue-jump), you will find that you are suddenly very unpopular!

Please and thank you

British people use “please” and “thank you” very frequently and sometimes in situations where in other countries these words would seem inappropriate. For example, you may find it odd to hear someone thanking a bus driver or, most curiously, saying “sorry” when someone else steps on their foot!

Smoking

Smoking is banned in all places of work including restaurants and bars, shopping centres, trains and buses. When you are in someone’s home, it is polite to ask your host and your companions first whether they mind if you smoke.

Alcohol

Pubs and bars are very popular meeting places, and they will always serve non-alcoholic drinks as well. It is quite usual for people to choose not to drink alcohol in a pub or in someone’s home.

British reserve

Visitors sometimes say they find British people very reserved. For example, you may be surprised by how rarely people start a conversation with strangers in waiting areas and on public transport. You may also find that the distance people like to keep between themselves when they talk to each other is further than seems natural to you. Once you get used to this, you will find these features are usually not due to unfriendliness, but are a way of showing respect for each other’s privacy and personal space.

“In the UK you say thank you to bus drivers and this is something that would never happen in my country! People are always polite and friendly.”

**Bo Shan Joyce Chung,
Hong Kong**



Living in the UK

Religion

Traditionally, England has been a Christian country and has a state church – the Church of England – which is part of the worldwide Anglican Church. However, most English people are not active members of any religion and England is a largely secular society. All the world’s major religions are represented and people are legally allowed to worship as they choose. The Chaplain and religious and cultural advisers at the University (see page 51) can give you details of contacts and places to practise your faith, both within the University and around Nottingham. Nottingham Trent Students’ Union supports religious societies; currently this includes the Islamic Society, Jewish Society, Sikh Society, Hindu Society and Christian Unions.

Language

You will find that British people use a lot of informal or colloquial language. Some slang is recognised nationally while other words and phrases are only used in certain regions. Here are some examples to get you started!

You may be surprised that people often address one another as “duck”, “duckie”, “love”, “dear” and “mate”, so you should not be surprised to be called “duck” by a member of staff in your local supermarket! “Duck” is used mainly in the Midlands and the north of England. A greeting you may hear in Nottingham is “ay-up me duck!” which basically means “hello”.

Weather

British weather is very unpredictable. This is probably why we talk about it so much! It is rarely either extremely cold or extremely hot, but anything in between can be experienced in any season of the year. You may be surprised to find how rapid the changes in weather can be: a warm sunny morning can be followed by a cold, wet and windy afternoon so it is a good idea to bring warm clothing and a waterproof jacket, whatever the season you are travelling in!

It can be particularly cool from September to March and if you come from a warm climate, you must be prepared to dress warmly when you arrive. Rain can be frequent throughout the year, and during the winter months you can usually expect a couple of days of snowfall and some days with temperatures below freezing.

Visit www.bbc.co.uk/weather for up-to-date national and regional weather forecasts from the BBC.

Slang term	What it means
Quid	£1
Grand	£1,000
Alright	How are you? (This term is usually used as a greeting rather than a question!)
Cheers! / Ta	Thanks!
Your round	Your turn to buy drinks (usually in a pub)
See you	Goodbye

Living in the UK

Average temperatures in degrees Celsius for the Nottingham area are:

Jan	Feb	Mar	Apr	May	Jun
3	3	6	8	11	14
Jul	Aug	Sep	Oct	Nov	Dec
17	16	13	10	6	5

Clothing

Many people dress casually in the UK, and this is certainly true for students. During the autumn and winter months, you will need a warm coat and a solid pair of shoes or boots that will protect you from the wet and cold weather. There are many large clothes stores in Nottingham which sell warm clothes at reasonable prices. You may be surprised to find that even in the winter months, people will dress very lightly when they go out in the evening, especially to a nightclub!

Mealtimes

Breakfast is usually eaten at home before travelling to work or university. This usually consists of cereal with milk, or toast (most people don't eat a full English breakfast every day!). Lunch is usually taken between 12 pm (noon) and 2 pm and is often a quick sandwich or another small snack. The main meal of the day, dinner, is eaten in the evening between 6 pm and 8 pm.



Food

One of the things many international students worry about before they arrive is British food, but we think you will be pleasantly surprised! The United Kingdom is a multicultural society, and food from all over the world is readily available in both supermarkets and restaurants.

In Nottingham, there are also a number of vegetarian and vegan shops, delicatessens and international food retailers. You will be able to pick up a list of shops selling international foodstuffs when you arrive at the University. Listed below are some traditional or popular English dishes. Pubs often serve this sort of food at reasonable prices.

- **Traditional English breakfast** comprises sausages, bacon, eggs, tomatoes, baked beans and fried bread (also known as a “fry-up” as it is often all fried in the same pan).
- **Fish and chips** is fish fried in batter and served with chips along with sides of mushy peas, gravy or curry sauce. A traditional meal usually bought from a take-away shop or “chippy”, which is particularly associated with seaside towns.
- **Roast dinner** is a traditional Sunday lunch. A whole joint of meat, typically beef, lamb, pork or chicken, is roasted and served with roast potatoes and boiled vegetables. At Christmas, a turkey is usually roasted.
- **Sausage and mash** is a dish of sausages, usually made from pork, served with mashed potato and gravy.
- **Baked beans on toast** isn't really traditional, though it is very popular. It is often associated with students as it is a very cheap meal. Baked beans are haricot beans cooked in tomato sauce and bought in a can ready to eat.
- **Apple pie and custard** is a traditional pie made with thick pastry and served with custard, a hot sauce made from milk, eggs and sugar.

Living in Nottingham

More than 300,000 people live in Nottingham, while more than two million people regularly shop in the city*. The city is a youthful one: 29% of the population are aged 18-29* – well above the national average and approximately 1 in 8 are full time students. As Nottingham is home to two major universities, many of the shopping, sports and entertainment facilities are targeted at students. Nottingham is also steeped in history and is renowned as a thriving cultural centre in the Midlands offering many tourist attractions such as the Nottingham Castle and Caves, the annual Goose Fair and Sherwood Forest.

*www.nottinghaminsight.org.uk

Entertainment

Nottingham has some excellent entertainment venues for drama, dance and music performances. Art lovers will also find a variety of exhibits at various locations around the city centre. There are four cinemas in Nottingham offering a wide choice of films, as well as a range of different music venues ranging from the Motorpoint Arena where world-famous bands perform, to local pubs such as the Bell Inn, where you will find a variety of local bands and singers.

"Nottingham is an amazing city. It's so modern and vibrant and has the biggest international community I've ever seen. It's really become a home from home to me – there's even a Caribbean grocery store close to my house which is great."

"Another big factor that I love is how safe I feel here. I've come from living in a small town to living in a big inner-city but I've honestly never felt in danger here. There is a real sense of community and everyone is looking out for one another."

Ariel Baptiste

Trinidad and Tobago

MSc Applied Child Psychology

"I went to a few open days but as soon as I got to NTU I knew that this is where I wanted to be. I felt comfortable straightaway. The people in Nottingham are the friendliest that I have met in the UK and the city is great – everything you could need is close by, even Arabic food!"

Mohammed Al-Hajri

Oman

BA (Hons) Politics and International Relations



Trent Bridge



Wollaton Hall



Nottingham Contemporary



Robin Hood statue at Nottingham Castle



Nottingham Market Square

Living in Nottingham

Going out

Nottingham's cosmopolitan character is reflected in its numerous cafés and restaurants, where you will find delicious snacks and meals from all around the world. There is also a wide range of traditional British pubs in the city which serve a choice of both alcoholic and non-alcoholic drinks as well as food at very economical prices. Many bars and nightclubs around the city also cater for different tastes and host special student nights during the week.

Further information

- Visit www.ntu.ac.uk/nottingham for a full range of different things to do in Nottingham as well as a calendar of activities taking place in the city throughout the year.
- www.leftlion.co.uk provides details of all entertainment events taking place in the city including theatre, cinema, music and comedy nights.
- The Students' Union Guide (which you will receive after you arrive), provides useful information on Nottingham's most popular places to eat out.



Sport and fitness

Nottingham has previously been awarded the Home of Sport title by Visit England. The City has nine leisure centres which offer a range of sports facilities, including swimming pools, and is also home to two football clubs, the world-famous test match cricket ground Trent Bridge, and the National Ice and Water Sports Centres. Check out our "Sports Guide" at www.ntu.ac.uk/nottingham for a full list of the activities on offer in Nottingham.

Living in Nottingham



Shopping

Nottingham offers some of the best shopping facilities in the East Midlands region with over 1,000 shops to choose from. In the city centre, there are two main indoor shopping areas, the intu Broadmarsh and Victoria centres. These contain lots of the national chain stores and well-known brand names. There are also many interesting smaller shops selling a wide variety of fashion, footwear and designer wear. As well as a huge choice of new items on offer in Nottingham shops, you will also find many opportunities to buy second-hand goods locally.

Shops in the centre generally open at 9 am and close at 5.30 pm, the main exceptions being Wednesdays and Saturdays (when some shops stay open later) and Sundays (11 am to 5 pm).

Go to www.visit-nottinghamshire.co.uk for further information about shopping in Nottingham.

Bargain hunting

Bargains can be found in the large stores during the sales periods in early January and at the end of the summer season; however, many stores now also offer items at reduced price at regular intervals throughout the year.

Some shops give discounts to students if you show them your University ID card or NUS TOTUM card should you decide to buy one. Charity shops are good places for finding cheap, but good quality, second-hand clothes, books and household items. These shops sell goods to raise money for charity projects. Look out for names such as the British Heart Foundation, Scope, Oxfam, Barnardo's, Help the Aged and Cancer Research UK.

Second-hand items can be bought and sold on websites such as Gumtree (www.gumtree.com/nottingham), while many household items are also advertised free of charge through Freecycle (www.freecycle.org).

Living in Nottingham



Buying food and household goods

Supermarkets

In the UK, most people do their food shopping in big supermarkets, which are usually cheaper than smaller shops and stock a wide range of items. Supermarkets usually open at 8 am and close at 10 pm, except on a Sunday when opening hours are reduced. Some supermarkets are open longer (up to 24 hours) and offer online shopping and home delivery. Some of the popular supermarkets in the UK include Asda, Tesco, Sainsbury's and discount supermarkets Lidl and Aldi. Many of these are located in and around the city centre and very close to student residential areas.

Specialist food shops

Nottingham offers a range of specialist shops which sell food from around the globe, including Chinese, Afro-Caribbean, Mediterranean, Middle Eastern and South Asian food. Halal food and halal meat are also widely available in many stores. A leaflet about local supermarkets, specialist food stores and shops for purchasing your household goods will be available from our International Students' Welcome Points during Welcome Week.

Postal services

Nottingham city centre post office is located in the WH Smith store in the intu Victoria Centre, which is close to the City Campus. All post-boxes are painted bright red and display the days and times of collection on them. Stamps can be bought at post offices, newsagents and supermarkets. Mail within the UK can be sent by either first or second class. First class aims to deliver the next working day within the UK, whereas second class takes approximately two to three working days. We recommend you send valuables or gifts using the Recorded Delivery and Special Delivery Services, which are available at an extra charge.

Visit www.royalmail.com for details on postal costs, customs documents and sending parcels overseas.

Post offices also offer numerous other services including sending money abroad and currency exchange.

Laundrettes

On-site launderette facilities are available for students living in University accommodation. Students living in private accommodation will usually find that a machine for washing clothes is provided. If it is not, local laundrettes are available for washing and drying clothes. These are normally coin operated and the facilities are self-service, but it is usually also possible to arrange for your washing to be processed by the member of staff on duty, for an additional charge. This is called a service wash. Check www.yell.com for your nearest launderette.





Nottingham city shopping



Theatre Royal and Royal Concert Hall



The Cornerhouse, Nottingham



Nottingham canal

Travel in Nottingham

Nottingham has a very good public transport network for travel both within the city and to surrounding areas, with buses and trams operating seven days a week.

Buses

There are several companies operating bus services in and around Nottingham. The main bus operator is Nottingham City Transport (NCT). It is cheaper to use travel passes than buying a ticket on the bus, and you will usually be expected to give the driver the correct change if you pay for your fare on the bus. You can find information about NCT bus maps, fares and timetables online at www.nctx.co.uk or at the Travel Centre (South Parade, Market Square). Students based at the Clifton Campus can travel easily from the City Campus using the number 4 Unilink bus service (term-time only) or the number 1 bus.

Make sure that you put your hand out to indicate to the driver that you wish them to stop, otherwise, they may drive straight past your bus stop!

Trams

Trams are operated by Nottingham Express Transit (NET). There are three tram lines serving the city centre. This includes transport to Nottingham Trent University (City Campus) and Nottingham train station; Beeston and University Park; and the Queen's Medical Centre. Please note that the tram line which runs to Clifton does not serve the NTU Clifton Campus. You must buy your ticket from the ticket machines or swipe your pass before boarding the tram. Visit www.thetram.net for route maps and further details on tram lines and fares.



Travel passes

If you are using the bus, tram or both on a frequent basis, it may be worth investing in a travel pass. Most public transport operators will offer their own travel pass, which entitles you to unlimited travel for a given period of time, e.g. one week, one month, etc. You can buy an Easyrider Card, giving unlimited travel on Nottingham City Transport buses from NTU Card Services at the University for a discounted price. The credit is put directly onto your University Smartcard.

Cycling

Cycling is a cheap, healthy and effective way of getting around Nottingham. You don't even need to buy your own bicycle. You can hire a bicycle complete with a lock, lights and year round maintenance for £39 per year plus deposit. Visit www.ntu.ac.uk/sustainability for more details.

Alternatively, you can find second-hand bicycles in some cycle shops and advertised in local newspapers. Bicycle theft is common, so if you have a bicycle, you should keep it secured with a good quality lock whenever it is not being used. You must fit front and rear bicycle lights when cycling at night and we recommend you wear a helmet.

Taxis

Nottingham city taxis (dark green in colour) can be caught from taxi ranks in various locations around the city centre, including the train and bus stations. Details of other taxi companies (including private hire taxis) can be found online. Please note that you should always book private hire taxis by phone, and never flag down or jump into a private hire taxi on the street.

Uber taxis are also available in Nottingham. Visit www.uber.com/en-GB/cities/nottingham to book and pay for your taxi online.

Travelling around the UK

The UK offers a rich variety of landscapes, towns and cities for international students to visit. Favourite cities include London, Edinburgh, York, Bath, Stratford, Cambridge, Oxford and Brighton. These have a range of architectural styles, museums, galleries, shops, restaurants and nightlife. Popular coastal areas are Cornwall, Devon, Dorset and Pembrokeshire and for hiking tours, some parts of the Peak and Lake Districts as well as Wales and Scotland are ideal mountainous locations. Nottingham Trent Students' Union organise a diverse programme of day trips and weekend breaks at some of the best destinations around the country.

Visit www.trentstudents.org/trips for further details on what is on offer.

Coach and train travel around the UK

Means of travel	Company	Special deals	Contact details and further information
Coach	National Express	If you are aged 16 – 26 or are a full-time student, a Young Persons Coachcard gives you 1/3 off certain fares (£12.50 for one year).	www.nationalexpress.com/en
Coach	Megabus.com	Offers cheap bus travel in some parts of the UK.	www.megabus.com
Train	National Rail	Save 1/3 of your rail fare with a 16 – 25 Railcard (if you are aged 16 – 25 or you are a full time student. £30 for one year).	It is often cheaper to book your rail tickets in advance. Tel: +44 (0)8457 484950 www.nationalrail.co.uk www.eastmidlandstrains.co.uk/travelling-with-us/stations/nottingham-train-station/ www.16-25railcard.co.uk
Train	Megatrain.com	Low cost travel to London (available on selected journeys)	www.megatrain.com

Explore the UK

London – 2 hours – 2 hours 30 minutes

Birmingham – 1 hour – 1 hour 30 minutes

Manchester – 2 hours – 2 hours 30 minutes

Sheffield – 1 hour – 1 hour 15 minutes

Leicester – 45 minutes – 1 hour

Derby – 30 – 45 minutes

Leeds – 2 hours to 2 hours 30 minutes

Liverpool – 2 hours 30 minutes to 3 hours

Brighton – 3 hours 30 minutes – 4 hours

<https://study-uk.britishcouncil.org/living/regions>

Useful websites

Information about Nottingham

www.ntu.ac.uk/nottingham

www.leftlion.co.uk

www.bbc.co.uk/nottingham

www.nottinghampost.com

www.nottinghamcity.gov.uk

Information about travel

British Tourist Authority

www.visitbritain.com

International Students House London

www.ish.org.uk

National Express / National Express Airport coaches

www.nationalexpress.com

Megabus (cheap bus fares)

www.megabus.com

National Rail Enquiries (for train tickets)

www.nationalrail.co.uk

The Trainline (for train tickets)

www.thetrainline.com

Megatrain (cheap train fares)

www.megatrain.com

Nottingham City Transport

www.nctx.co.uk

Nottingham Express Transit (Nottingham's tram network)

www.thetram.net

Information about studying at NTU

www.ntu.ac.uk/international

www.ntu.ac.uk/studentservices

www.ntu.ac.uk/startingatntu

www.facebook.com/NTUInternational

Information about immigration issues

International Student Support Service

www.ntu.ac.uk/internationalsupport

UK Visa and Immigration

www.gov.uk/visas-immigration

UK Council for International Student Affairs

www.ukcisa.org.uk

Living and studying in the UK

UKCISA: UK Council for International Student Affairs

www.ukcisa.org.uk

The British Council

www.educationuk.org

National Academic Recognition Information Centre UK (NARIC)

www.naric.org.uk

NHS Choices

www.nhs.uk

Endsleigh Insurance

www.endsleigh.co.uk

Equality and Human Rights Commission

www.equalityhumanrights.com/en

National Union of Students (NUS)

www.nus.org.uk

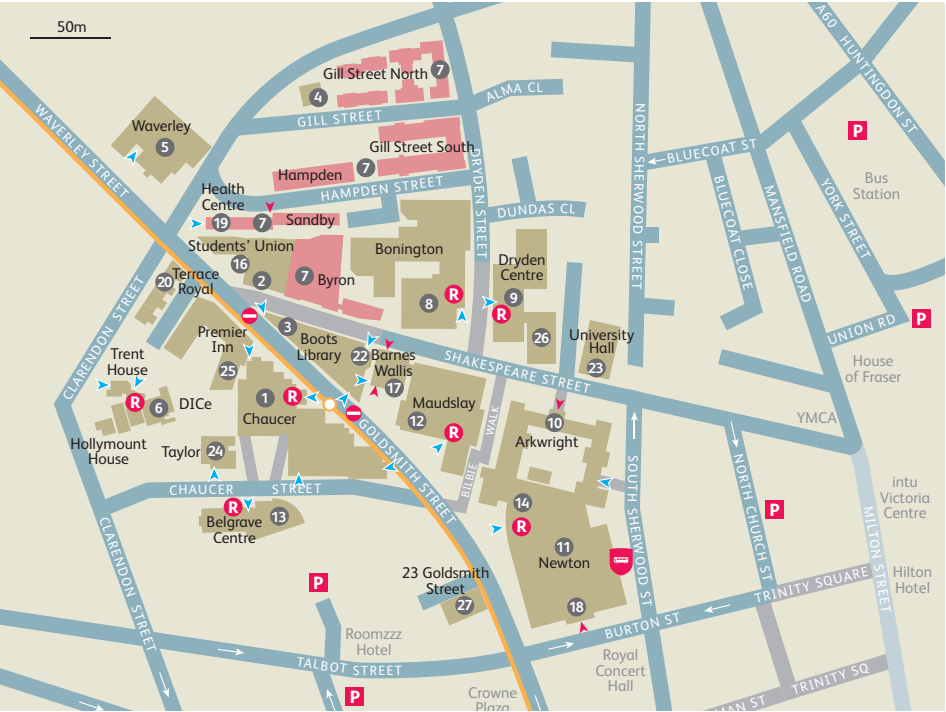
Nottingham Trent Students' Union

www.trentstudents.org



Old Market Square NET tram stop

City Campus



50 Shakespeare Street.....	26	Finance Office.....	9	Student Accommodation Services.....	14
Academic Registry.....	9	Global Lounge.....	27	Student residences.....	7
Admissions.....	9	Health Centre.....	19	Student Services Centre.....	14
Arkwright building.....	10	Human Resources.....	9	Student Support Services.....	14
Barnes Wallis building.....	17	International Development Office.....	27	Students' Union.....	16
Belgrave Centre.....	13	IoD Business Centre.....	18	Taylor building.....	24
Bonington building.....	8	Maudslay building.....	12	Terrace Royal.....	20
Bonington Gallery.....	8	Music Centre.....	25	The Hive.....	12
Bookshop.....	1	Newton building.....	11	University Hall.....	23
Boots Library.....	3	Nottingham Conference Centre.....	18	Waverley building.....	5
Central Court.....	14	Nottingham Language Centre.....	6		
Centre for Broadcasting & Journalism.....	23	Nottingham Trent International College (NTIC).....	13		
Chaucer building.....	1	Occupational Health and Wellbeing.....	4		
City Sports Centre.....	2	Prayer Facilities.....	6		
Coffee bars.....	1 8 14	Print Shop.....	1		
Djanogly International Centre (DICE).....	6	Safety Office.....	9		
Dryden Centre.....	9	Shops.....	8 16		
Employability Centre.....	14	Sir Harry and Lady Djanogly Lecture Theatre.....	22		

Schools

Nottingham Business School.....	11
Nottingham Law School.....	1
School of Social Sciences.....	1
School of Art & Design.....	5 8 17
School of Architecture, Design and the Built Environment.....	10 12 17
School of Arts and Humanities.....	6 23

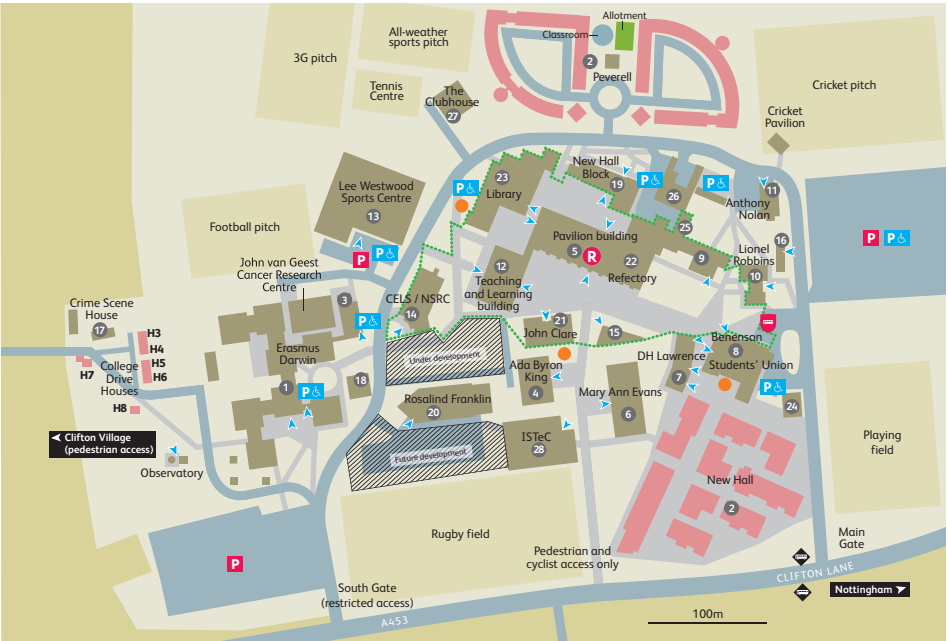
One-way street
 Pedestrian street
 Buses, taxis, cyclists and blue badge only
 Public car parks
 Entrance
 Entrance with wheelchair access

Main reception
 Student residences
 University buildings
 Tram route and stops
 No entry
 Go2 Uni bus stop

Security..... 3

Tel: 0115 848 2468

Clifton Campus



Ada Byron King building.....	4	Gatehouse.....	24	New Hall Block.....	19
Anthony Nolan Trust Research Centre.....	11	Global Lounge.....	6	Pavilion building.....	5
Benenson building.....	8	Health Centre.....	9	Print Shop.....	7
Bookshop.....	15	Imaging and Display Research Facility.....	18	Rosalind Franklin building.....	20
Catalysis and Nanoscience Laboratory.....	16	Interdisciplinary Science and Technology Centre (ISTeC).....	28	Student residences.....	2
CELS building.....	14	John Clare lecture theatres.....	21	Student Services Centre.....	9
Coffee bars.....	5	Lecture theatres.....	12 14 19 21	Students' Union.....	8
Crime Scene Training Facility.....	17	Lee Westwood Sports Centre.....	13	Supermarket.....	7
DH Lawrence.....	7	Library.....	23	Teaching and Learning Building.....	12
East Midlands Ambulance Service (EMAS).....	10	Lionel Robbins building.....	10	The Clubhouse.....	27
Education and Practice Development Centre.....	10	Maintenance.....	26	The Point bar and diner.....	8
Employability team.....	5	Mary Ann Evans building.....	6	The Refectory.....	22
Erasmus Darwin building.....	1	Natural Sciences Research Centre (NSRC).....	14	Wellbeing Centre.....	25
Finance Office.....	9				

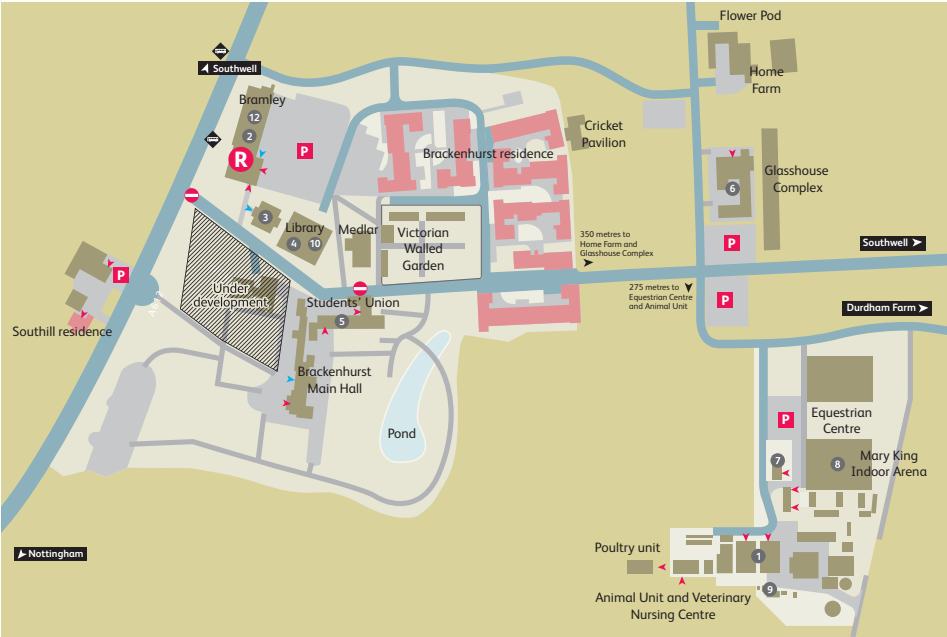
Security.....5
Tel: 0115 848 6600

Schools:

Nottingham Institute of Education.....	4	10
School of Arts and Humanities.....	6	
School of Science and Technology.....	1 3 6 11 14 16 17 18 20 28	

→ One-way	Student residences
— Pedestrian walkway	University buildings
P Visitor parking	Bus stops
P Disabled parking	No entry
> Entrance with wheelchair access	Go2 Uni bus stop
R Main reception	Designated smoking area
..... Green Zone – This is a smoke-free and traffic-free area	

Brackenhurst Campus



Animal Unit and Veterinary Nursing Centre	1
Brackenhurst Farm House	9
Brackenhurst Schools Unit	6
Café	5
Employability Centre	2
Equine Office and Classroom	7
Library	4
Mary King Indoor Arena	8
Pippin Cottage	3
Reception and teaching block	2
Students' Union	5
Student Support Centre	10
Workshops	6
Poultry Unit	11
Student Lounge	12
Security	3
Tel: 0115 848 5262	

Pedestrian walkway

P

Parking

Entrance

Entrance with wheelchair access

R

Main reception

Student residences

University buildings

Bus stops

No Entry



Boots Library roof garden, City Campus



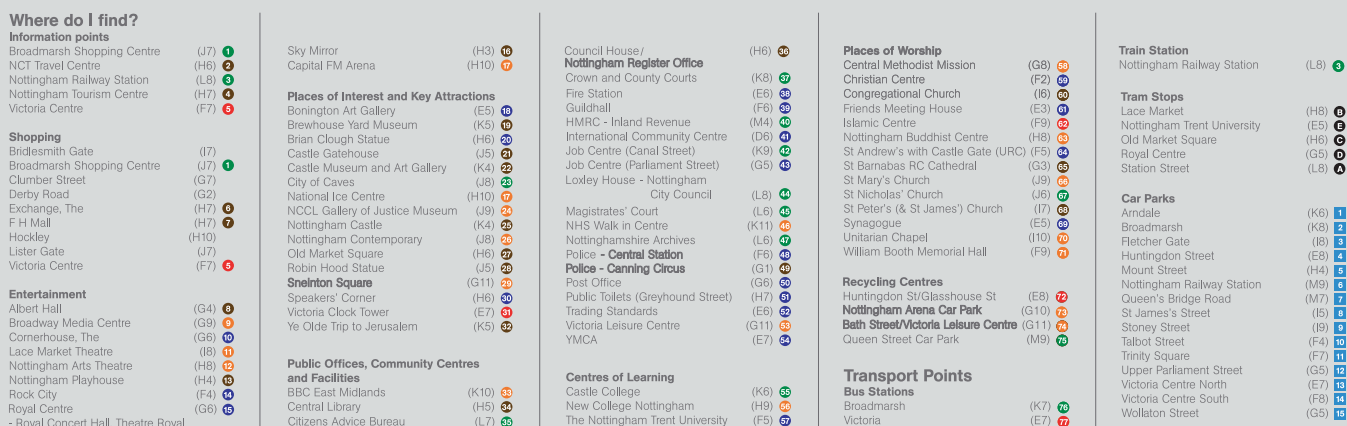
Newton Building, City Campus



Brackenhurst Farm House, Brackenhurst Campus



Pavilion and Plaza, Clifton Campus



Useful contacts

Nottingham area telephone code within the UK: 0115

Please note: if calling from outside the UK, dial **44 115**; not **44 0115**

International Student Support Service

Student Support Services

Tel: +44 (0)115 848 2631

Email: int.support@ntu.ac.uk

www.ntu.ac.uk/internationalsupport

Disability Support Service

Student Support Services

Tel: +44 (0)115 848 2085

Email: disability.support@ntu.ac.uk

www.ntu.ac.uk/sss

Student Accommodation Services

Tel: +44 (0)115 848 2894

Fax: +44 (0)115 848 6413

Email: accommodation@ntu.ac.uk

www.ntu.ac.uk/accommodation

International Development Office

Tel: +44 (0)115 848 8175

www.ntu.ac.uk/international

International Admissions

Tel: +44 (0)115 848 4200

Email: international@ntu.ac.uk

Finance Income

Tel: +44 (0)115 848 6500

Fax: +44 (0)115 848 6477

Email: income@ntu.ac.uk

Security at NTU

City Campus

Tel: +44 (0)115 848 2468

Clifton Campus

Tel: +44 (0)115 848 6600

Brackenhurst Campus

Tel: +44 (0)115 848 5262

Please note that security is open
24 hours a day.



City Campus

<p>University of the Year 2019</p> <p>The Guardian University Awards 2019</p>		<p>UNIVERSITY OF THE YEAR</p> <p>THE AWARDS 2017</p>	 <p>Teaching Excellence Framework</p>	 <p>THE QUEEN'S ANNIVERSARY PRIZES For Higher and Further Education 2015</p>
--	--	--	--	---

Enquiries

+44 (0)115 941 8418

www.ntu.ac.uk

Campus information

Nottingham Trent University
50 Shakespeare Street
Nottingham NG1 4FQ

This information can be made available in alternative formats.

Please note that whilst the University has taken all reasonable steps to ensure the accuracy of the content within this brochure at the time of printing, the University reserves the right to remove, vary or amend the content of the brochure at any time. For avoidance of doubt, the information provided within the content of this brochure is for guidance purposes.

© Nottingham Trent University and may not be reproduced or transmitted in any form in whole or in part without the prior written consent of Nottingham Trent University.