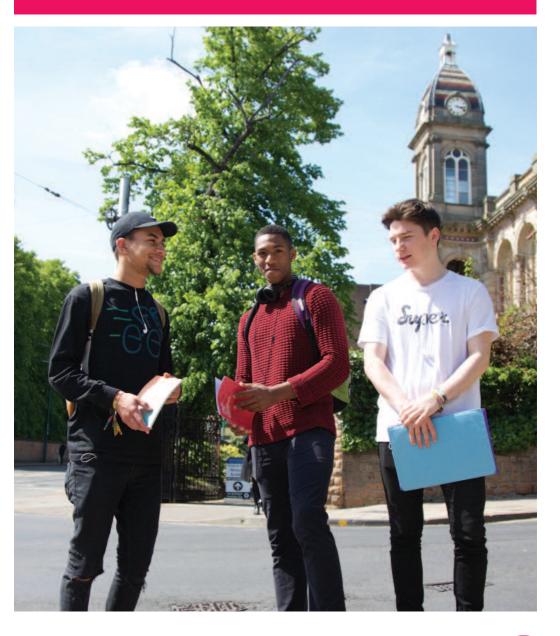
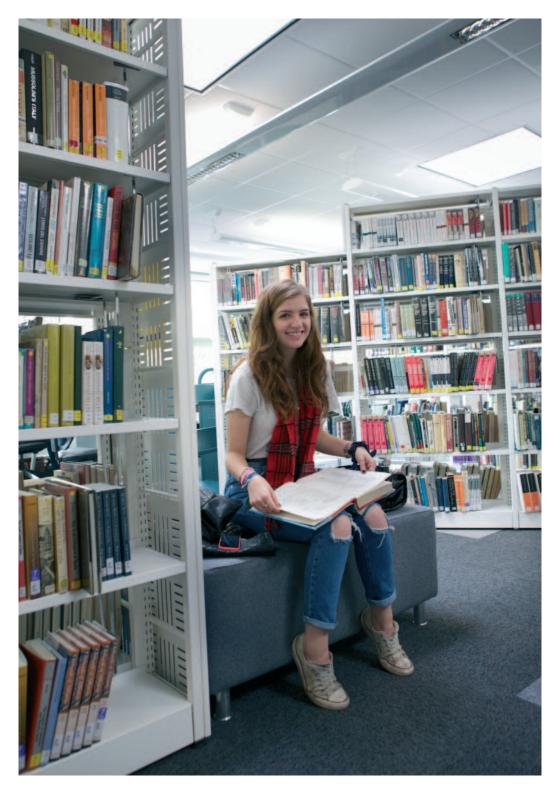
Starting at NTU 2017



www.ntu.ac.uk/startingatntu





Congratulations!

Now that your place at Nottingham Trent University (NTU) is confirmed it's time to start preparing to study with us. This guide will help you make sure you're ready for Welcome Week and beyond. Read through all the information and use the checklist on page 3 to make sure you've done everything you need to do. If you need to get in touch with us in advance, turn to page 32 for a list of useful contacts.

Contents

Welcome to NTU	2
Your checklist	3

Before you arrive

Start your enrolment online	4
Sort out your student finance	6
Help and advice with your finances	8
Complete your course induction	.10
Get your support in place	12
What to bring with you	.14
Start making friends	.16

When you get here

Moving in and completing your enrolment18

Settling into life at NTU

Welcome Week	. 22
Meeting new people and getting involved	.24
Your Students' Union	. 28
Living in Nottingham	. 30
Staying up-to-date	. 34

Useful information

University contacts	36
Maps	38

Welcome to NTU



Congratulations on your place at Nottingham Trent University (NTU).

You are joining a University that prides itself on the success of its graduates in their academic studies, their extracurricular activities, and their careers. We are an inclusive community, with students and staff from over 160 countries and from a wide range of backgrounds.

You will be taught by the best at NTU. Our teaching quality is both nationally and internationally recognised and our staff will support and encourage you throughout your time here, and beyond. Indeed, the Government's recent Teaching Excellence Framework confirmed that NTU offers the highest standard of teaching available in the UK.

We're focused on your future from day one. Our courses will inspire you and our focus on employability means that you will graduate with a CV that will impress your future employers.

Your time at NTU will give you lots of opportunities to develop your life experience and your personal networks. I hope that you make the most of everything the University has to offer.

I look forward to welcoming you and I wish you all the best for your studies with us.

Professor Edward Peck Vice-Chancellor



Congratulations on all your hard work – you've done it!

Now you're officially a student at Nottingham Trent University, you've automatically become a member of Nottingham Trent Students' Union (NTSU), a top 10 Students' Union which was awarded the UK's best Students' Union by the National Union of Students (NUS) in 2015.

With an NTSU building at City, Clifton and Brackenhurst campuses, you'll find yourself spending a lot of time with us, whether you're relaxing with a coffee, having a bite to eat in our diner, taking advantage of our Information and Advice Service (IAS) or dancing the night away in our nightclub venues.

NTSU is home to over 60 sports clubs, 90 societies and hundreds of personal development opportunities. Get involved during Welcome Week (or any time throughout the year) to meet people like you and to try new activities. Take a look at **www.trentstudents.org** – there's something for everyone.

Enjoy Welcome Week and have a great time at NTU. See you very soon!

Martha Longdon President Nottingham Trent Students' Union (NTSU)

Your checklist

Use this list to keep track of what you've done and what you still need to do.

1 Before you arrive

- Start your enrolment online (page 4)
- Make sure your funding is in place (page 6)
- Find your course induction timetable and complete your pre-arrival tasks (page 10)
- Let us know if you have any additional support needs (page 12)
- Confirm your accommodation and find out what you need to bring (page 14)
- Join our social media groups and start making friends (page 16)
- Take a look at our "Settling into life at NTU" section for information about student life and how to make the most of your time here (page 22 to 33)

2 When you get here

- Complete your enrolment and collect your NTU student card (page 18)
- Collect your Fresher's wristband (page 21)

3 Settling into life at NTU

- Take part in your course induction and Welcome Week (page 22)
- Head along to the Freshers' Fair to find out more about our clubs and societies (page 23)



Start your enrolment online

Enrolment is when you officially register as a student with us. You'll complete most of your enrolment online before you get here and the final stages take place when you arrive on campus. It is important that you aim to complete the online enrolment process before you arrive to ensure your first few days with us go as smoothly as possible.

Why enrol?

You'll need to enrol with us for a number of reasons:

- it releases your funding once you've finished enrolment in person when you arrive;
- it allows you access to NOW, the online learning environment at NTU, which holds your timetable and module information;
- you'll be eligible for a Fresher's wristband;
- it allows you to access University buildings and your student email; and
- it may make you eligible for council tax exemption (for full-time, fully-enrolled students only).

If your course requires you to complete a Disclosure and Barring Service (or other fit to practice) check, you must complete this prior to enrolment. If you haven't done so, you won't able to fully enrol on your course. Visit **www.ntu.ac.uk/dbs** to check if this applies to you.

How to enrol

1. Find your NTU ID

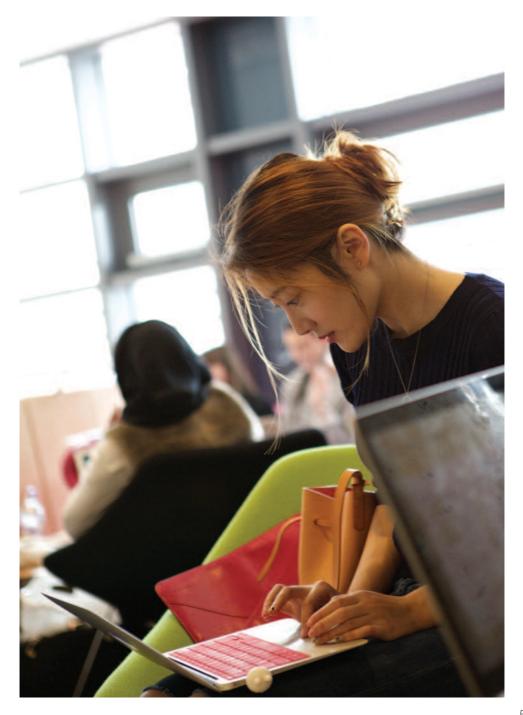
You'll find your NTU ID number on the confirmation letter enclosed with this guide. You'll also find it at the top of the confirmation email that you received when your place at NTU was confirmed.

Your NTU ID should look something like this: N0123456.

2. Get your password and complete your online enrolment

Visit **www.ntu.ac.uk/enrolment** and follow the "get or reset password" link to retrieve your password. Use this password and your NTU ID number to log into online enrolment.

If you can't find your NTU ID, or you're having problems with online enrolment, contact MyNTU Support by calling +44 (0)115 848 2855 between 9 am and 4.30 pm Monday – Thursday and 9 am and 4 pm on Fridays.



Sort out your student finance

It's important to make sure that your student finance is in place. Checking that your finance is sorted now will help everything run smoothly once you arrive.

Visit **www.ntu.ac.uk/startingatntu** for a step-by-step guide to how your student finance is released.

Your funding checklist

If you haven't yet applied for your student finance, apply now! Head to **www.ntu.ac.uk/funding** to find further information about the funding available to home undergraduate students, with links to appropriate student finance service websites for eligibility criteria, and how to apply.

You'll find our step-by-step guide to sorting your funding online. Visit

www.ntu.ac.uk/startingatntu > Before you
arrive > Arranging your funding.

Don't assume no news is good news

The assessment of student finance will normally take six to eight weeks from when you apply. If you've not heard anything by then, chase your Student Finance Service to check that your application is progressing as it should be.



Return your declaration form

If you applied for your student finance online, you'll be asked to complete a declaration form. You should be able to download this directly from your student finance account. Make sure that you've signed and returned this form in the post immediately, as **your funding won't be paid until this has been processed**. If you haven't already returned your declaration form, it should appear as an outstanding action when you log in to your student finance account.

If your course details on your declaration are incorrect, you can update these separately – see page 7 for details.

Respond to information requests

You might be asked for some additional evidence to support your application. Copies of any requests for information should be available to view when you log in to your student finance account. Make sure you respond to such requests as quickly as possible to avoid delays in payment. We'd suggest you send evidence via the "Signed For" mail service and give your Student Finance Service a quick call to make sure this has been received.

Make sure your application details are right

When you receive your financial notification from your national Student Finance Service, check that all the details are correct, including:

- the university you'll be attending (especially if NTU was not your first choice at the time you applied for student finance);
- the course you'll be studying; and
- the full tuition fee for your course.

If any of the details need changing, contact your Student Finance Service or update your details online as soon as possible.

If your latest financial notification from your national Student Finance Service has a different university name on it, please bring this along with you when you come to pick up your student card. We can often sort out issues swiftly at enrolment if you have your student finance paperwork with you.

NTU Bursaries

If you are eligible for an NTU Bursary, the University will be in touch with you separately. Visit **www.ntu.ac.uk/bursaries** for details of the support we offer.

Beware of scam phishing emails

The University and student finance will never email you to ask you to confirm your log in or bank details. If you receive an email asking to confirm your details, don't follow the links and forward the email on to **phishing@slc.co.uk** straight away.

When you arrive

If you have applied for student finance for living costs, the University will need to let student finance know that you're registered before your funding is released. Registration confirmation only happens when:

- your student finance application is fully approved;
- you've returned your declaration form;
- you've completed your online enrolment at NTU and are fully enrolled*;
- you've collected your NTU student card.

Complete these steps and the University will confirm your registration. This should prompt the release of any funding for living costs that you are eligible for. It usually takes three to five working days for the money to arrive in your account.

Most students tend to receive their funding on the Wednesday or Thursday of Welcome Week. However, it can be later if you applied late or if there are any other delays. Make sure you bring enough money to last through Welcome Week (or longer if your funding is still being processed by student finance).

*If you have applied for a tuition fee loan (and / or a grant for Welsh students), you will normally become fully enrolled once the Student Loans Company sends an electronic notification to the University, confirming that a fee loan is due to be paid.

Help and advice with your finances

If you need help sorting out your student finance, we're here to help.

We would urge you to bring copies of letters and your log in details for your student finance account with you, so that any issues can be sorted out quickly.

If you have had confirmation of your student finance funding, but your enrolment status is still showing as 'in progress' by the start of September in the University systems, then seek advice from the Student Financial Support Service.

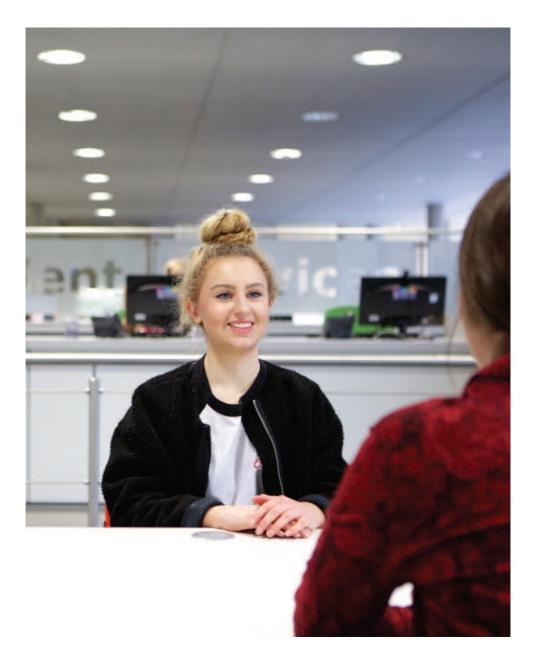
Setting up a budget

Looking after your money as a student is a big responsibility. We strongly recommend that you set-up a budget plan before you come to university. A budget plan shows you what's happening to your money and will allow you to see exactly how much you have available to spend each week or month. Head to **www.ntu.ac.uk/moneymatters** for more information.

If you want to discuss any issues relating to your student finance application before you arrive, you can contact our Student Financial Support Service team by emailing **financial.support@ntu.ac.uk** or calling **+44 (0)115 848 2494**.

Staff will be on hand during Welcome Week to help you get your funding sorted. To avoid any problems, we'd always advise that you come and see us sooner rather than later.

If you're studying at our Creative Quarter Campus, you can access financial support by emailing **hello@confetti.ac.uk** or calling **+44 (0)115 952 2075**.



Complete your course induction

Your course induction will introduce you to your course, how you'll learn at the University, and the teaching tools we use here at NTU. There's a chance to meet the academic staff who'll be teaching you and the coursemates that you'll be learning alongside. Course induction sessions run throughout the first few weeks of the term.

Get ready to start your course in three simple steps:

1. Get your induction timetable

Go to www.ntu.ac.uk/induction to take a look at your course induction timetable.

Download your induction timetable and plan your Welcome Week activities around it. It's crucial that you attend all of your course induction activities, so make sure you know where you need to be and when. Take a look at the maps on page 38 to familiarise yourself with our campuses.

2. Complete your pre-arrival task

Most courses have a pre-arrival task to help you start thinking about your subject. The task forms an important part of your induction activity, so it's essential that you complete it before you arrive.

Visit www.ntu.ac.uk/induction to find details of your pre-arrival task.

3. Your course timetable

Your full course timetable will be available on NOW once you arrive and complete your enrolment. Turn to page 30 to find out more about NOW.



"

"The course induction programme helps you to understand more about university life and you'll find out more about your coursemates, which puts you well on the way to forming good friendships.

Jake, BA (Hons) Management and Leadership

"



Teaching Excellence Framework

The results of the new Teaching Excellence Framework are in, and we've been awarded a gold rating. That means we deliver consistently outstanding teaching, learning and outcomes for our students.

Get your support in place

Our Student Support Services team are here to help you to study effectively and make the most of student life. If you have specific support needs or practical requirements, we can provide advice, support and help to make your transition to NTU as smooth as possible.

Specialist support available

The team can provide specialist support for the following:

- Dyslexia or other specific learning difficulty Visit www.ntu.ac.uk/dyslexia or call +44 (0)115 848 4120 for more information.
- A disability (physical or sensory impairment, or long-term health condition)
 Visit www.ntu.ac.uk/disability or call +44 (0)115 848 2085 for more information.
- An autistic spectrum condition
 Visit www.ntu.ac.uk/disability or call +44
 (0)115 848 2085 for more information.
- A mental health difficulty, such as depression or anxiety
 Visit www.ntu.ac.uk/wellbeing or call +44 (0)115 848 2085 for more information.
- If you're studying at our Creative Quarter Campus, you can access specialist support by emailing **hello@confetti.ac.uk** or calling **+44 (0)115 952 2075**.

Get in touch

If you would like to know more about the support services available and discuss your requirements, get in touch with the team so that arrangements can be put in place as soon as possible.

Arranging additional funding

Take a look at **www.gov.uk/disabledstudents-allowances-dsas** for more information about the Disabled Students' Allowances (DSA). The DSA provides extra funding on top of your student finance allocation to support you during your studies (subject to eligibility).

Advice for student parents

If you'll need to manage your studies around family life, take a look at our information for students with caring responsibilities at **www.ntu.ac.uk/studentsupport** – click "Individual support" to find out what financial support you may be entitled to.

Information and support for care-experienced students

Our Student Support Services team can provide information to students who have spent time in Local Authority care, to help ensure that your transition to University runs smoothly.

Take a look at our information pages for care leavers at **www.ntu.ac.uk/studentsupport** – click "Individual support" for more information about the advice and support available and details of our NTU Care Leaver Bursary.



Worried about settling in?

Starting university is a big step and it's natural to feel nervous about meeting new people or leaving home. Visit **www.ntu.ac.uk/settlingin** for ideas about what to expect in your first few weeks and our advice in the lead-up to starting at NTU.

Our Student Support Services team will be on hand throughout Welcome Week and beyond to answer any questions you might have and support you every step of the way.

Take a look at pages 24 to 27 for ideas about how to get involved in the NTU community.

Contacting our Student Support Services team

For general enquiries about the support that can be provided, visit **www.ntu.ac.uk/studentservices** or contact the team by emailing **student.support@ntu.ac.uk** or calling **+44 (0)115 848 6060**.

If you're studying at our Creative Quarter Campus, you can access support services by emailing **hello@confetti.ac.uk** or calling **+44 (0)115 952 2075**.

What to bring with you

The idea of packing for university might be one of the most exciting parts – or it might fill you with dread! Either way, there's a few things that you need to remember to bring with you when you arrive at NTU.

The practical things

• Bring your paperwork

Bring copies of any letters from NTU, student finance and UCAS. Make sure you have your student finance log-in details so any problems can be sorted as soon as possible. You should also make sure you have at least one form of ID with you.

• Bring some money

If your loan application has been fully approved and processed by student finance, it should be paid to you once the University confirms you are here (which will happen once you complete your enrolment and collect your student card). It will then take three to five days for your loan to reach your bank account. It's a good idea to bring some money with you to cover the first few days; how much you spend is up to you, but we recommend you bring at least £200.

• Make sure you're insured

We strongly recommend that you take out insurance to cover your belongings in case they get broken or stolen. If you're living in University accommodation, basic insurance cover will be included. If you're in private accommodation, you'll need to arrange your own cover.



Staying healthy at NTU

NTU is supporting the NHS campaign encouraging all new students going to university or college for the first time, including overseas and mature students up to the age of 25, to protect themselves against meningitis.

Get the MenACWY vaccine from your GP before you arrive, to make sure you stay healthy at NTU. Visit

www.nhs.uk/conditions/vaccinations and search for MenACWY.

Identifying meningitis is not always easy. Early symptoms can be missed or mistaken for something else, including flu or hangovers – especially at the start of term when so many students are suffering from "fresher's" flu".

Head to **www.meningitusnow.org/fight-for-now** for a full list of signs and symptoms and more information about meningitis and looking after yourself and others.



The things for student life

· Kit out your new home

If you're staying in NTU accommodation, you'll need to bring bedding and bits and pieces for the kitchen, such as bowls, cutlery, pans, can openers etc. If you're living somewhere else, check what's provided. Make sure you bring things to make your room feel like home too. Visit **www.ntu.ac.uk/accommodationpacks** to buy a Bed and Kitchen Pack to kit out your new home.

• Sports kit, musical instruments and anything for your hobbies

Team trials will take place during Welcome Week, so make sure you bring your sports kit with you. NTU Sport also offer gym packages – visit the NTU Sport team at the City or Clifton Campus gym desks for more information and to sign up for gym membership. Visit **www.ntu.ac.uk/sport** for more information.

• Welcome Week is a great time to try something new or to get involved with clubs and societies of interest – so pack your frisbees, knitting needles, netballs and instruments!

The things for your studies

• Equipment for your course

Check what books and equipment you'll need. You can always get hold of things once you're in Nottingham, but it's a good idea to be prepared before you arrive.

· Your pre-arrival task

Most courses require you to complete a pre-arrival task before your course induction. Take a look at page 10 for more information.

Take a look at our essential items Pinterest board at **uk.pinterest.com/nottstrentuni** for more ideas about what to bring with you.

Start making friends

You don't have to wait to arrive before joining the NTU community. Get involved with our social channels to meet future flatmates, coursemates and other first year and current students.



Join our Facebook groups

We have Facebook groups for each of our student residences. You can find people who will be living in the same place as you and start chatting to your new flatmates before you meet them.

There are also groups for students who aren't living in University accommodation, mature students, international students, student parents, students with disabilities and many other groups, helping you connect with others like you.

Find your groups at

www.ntu.ac.uk/startingatntu > Before you
arrive > Preparing for student life.

Take a look at The Student Room

Our official rep will be answering any questions you might have in the lead up to starting at NTU. Take a look at the NTU forum to find out more and meet other first year students. Visit **www.thestudentroom.co.uk/forums** and search for Nottingham Trent University.

Keeping up-to-date in the run-up to Welcome Week

You can keep up-to-date with everything that's going on in the NTU community by liking us on Facebook and following us on Twitter: @NTUWelcomeWeek. Use the hashtag #helloNTU to meet other NTU students and join the conversation on Twitter and Instagram.

Small and Friendly events

We know that meeting people just like you is really important. If you prefer video games and chatting over a cuppa to crowded events, our Small and Friendly events running throughout Welcome Week may be for you.

You can find more information about our Small and Friendly events on page 26. Join our Small and Friendly events group on Facebook to stay up-to-date.

Join our social media community to keep up-to-date with all the news, views, videos and photos from around the campuses and feel free to get in touch with any questions you might have. Take part in our weekly Picture of the Week competition using the hashtag **#NTUPOTW** on Instagram or Twitter to share your university experience.

y

Follow us on Twitter for current student news and all things **#NTU**: **@TrentUni @NTUStudentNews**

f

Like us on Facebook for daily stories, news and events: **nottinghamtrentuniversity**



Follow us on Instagram to explore the best of Nottingham and our campuses: **nottstrentuni**



Find out more about life at NTU, our students, our courses and our campuses: nottinghamtrentuni



Find inspiration about starting at NTU, life in Nottingham and our vibrant community on Pinterest: **nottstrentuni**

Head to **www.ntu.ac.uk/socialmedia** to find a list of all social media accounts, from academic schools to student groups.

Please note, there are a number of active unofficial social media accounts that are not endorsed by NTU or NTSU. We suggest using the links on our webpage to ensure you find our official accounts.

Moving in and completing your enrolment



Moving into your new home

If you are moving into NTU accommodation, you'll be sent a link to our Accommodation Welcome website in early September.

Our Accommodation Welcome website contains your arrival dates and times, as well as useful information about living in student accommodation. Depending on which residence you've booked, you may also be given an arrival time slot and travel information.

You'll be able to move in on either **Friday 22 September** or **Saturday 23 September**.

If you are on a 51-week license agreement, you can move in from Saturday 9 September. There are welcome events planned for Sunday 24 September.

Once you have moved in, go and complete your enrolment and collect your Fresher's wristband.

Please be aware that the Robin Hood Marathon is being held in Nottingham on Sunday 24 September. Travel around the city will be slow and some road access may be restricted during this time. You may wish to consider this when planning your arrival date and route to the city, particularly for those arriving at our City Campus.



How to complete your enrolment

Once your course has started, you have 14 days to complete all your enrolment actions. We suggest that you prioritise enrolling on the day you arrive, or soon after, to make your transition to University as easy as possible.

Once you arrive and have settled in to your accommodation, head to the enrolment location on campus (see table on page 20) to complete the enrolment process by collecting your NTU student card. This will also entitle you to a Fresher's wristband.

Take a look at the campus maps on page 38 - 40 for more information.

Here's some useful enrolment advice:

- Bring along your NTU ID, found at the top of your confirmation letter, when you enrol.
- The campuses will be very busy during the arrival period, therefore we aren't able to provide dedicated parking for enrolment.
- You can bring your parent or a family member along too if you wish. A Guest Lounge is available at City, Clifton and Brackenhurst campuses allowing your family to wait while you enrol. Staff and students will be on hand to answer any questions they might have.

Completing your enrolment will release your funding, which should reach your bank account in three to five working days. Make sure you have enough money to live on until then.

You'll also get access to all of the University's facilities once you enrol in person.

Staff will be available to help with any queries you may have during enrolment

Important information

It is essential that you enrol at the University. You'll need to do this within 14 days. Failure to enrol will result in the following:

- you'll not receive your maintenance loan;
- you may have to pay full UK council tax;
- your access to NOW and your email will be suspended; and
- you'll not be able to access your timetable, computers or NTU buildings including the library.

Making enrolment easy

You can complete your enrolment at any of our campuses, so for example if you study at the Clifton Campus or Creative Quarter Campus but live in the city, you can drop in to our City Campus enrolment location.

Staff and students will be available to help you complete your enrolment and answer any questions you might have.

	City Campus	Clifton Campus	Brackenhurst Campus
	Newton and Arkwright buildings	Pavilion	Brackenhurst Library
Friday 22 September	10 am – 6 pm	10 am – 6 pm	10 am – 4 pm
Saturday 23 September	10 am – 5 pm	10 am – 5 pm	10 am – 3 pm
Sunday 24 September	11 am – 3 pm	11 am – 3 pm	11 am – 2 pm
Monday 25 September	9 am – 5 pm	9 am – 5 pm	12 pm – 2 pm
Tuesday 26 September – Friday 29 September	10 am – 4 pm		
Monday 2 October – Thursday 5 October	10 am – 4 pm		

You'll need to go to the following locations to complete your enrolment:

Outside of these hours you can collect your NTU student card from the following locations on weekdays:

- City Campus: Student Services Centre, Central Court, Newton building, Level 0;
- Creative Quarter Campus: Student Services Centre, Central Court, Newton building, Level 0;
- Clifton Campus: Student Services Centre, Pavilion; or
- Brackenhurst Campus: Brackenhurst Library

Please refer to the maps on pages 38 - 40 for location details.

What to do after enrolment

Collect your NTU student card

Your student card is your key to university life. As well as being an ID card, it's your Students' Union membership card, access card, library card, sport and fitness membership card and bus / tram travel card. You can also use your student card to pay for purchases in our Taste outlets on campus, and for library, printing and photocopying costs.

2 Register with the Student Health Centre

There are medical health centres based at both the City and Clifton Campuses. Students studying at Brackenhurst usually register with the Southwell Medical Centre. Students studying at the Creative Quarter Campus can register at either the City or Clifton Health Centre.

After you've picked up your student card, you'll have the chance to sign up to a health centre.

3 Collect your Fresher's wristband

Once you've enrolled with us, make sure you pick up your Fresher's wristband to enjoy the Welcome Week events.

• Free Fresher's wristband This will give you access to all Freshers-only events and activities

• Fresher's wristband Plus

This can be purchased at www.trentstudent.org in advance or head to the wristband collection points to buy one when you get here. This wristband will give you pre-paid access to most Welcome Week events, as well as queue-jump privileges for many events.

For more information about Welcome Week, turn to page 22.

4

View your timetable

Once you've completed your enrolment, log on to **now.ntu.ac.uk** to get your full course timetable.

5 Take advantage of student discounts

A range of student discounts are available at the enrolment events to make starting University that bit easier! Add discounted extras on to your NTU student card, such as bus travel. Hire a University bike to get around campus by visiting **www.ntu.ac.uk/ucycle**, or buy discounted home contents insurance, specifically for students.

Welcome Week

Your first week with us promises to be one to remember. With over 500 events and activities for you to get involved in, you can make new friends and familiarise yourself with your new surroundings.

Your Welcome Week guide

You'll be sent a Welcome Week guide either through the post or by email in early September. Inside you'll find all the events that are going on throughout the week and information about how to get involved.

All the events can also be found online on our interactive Welcome Week events website. Visit **www.ntu.ac.uk/welcome** to take a look.

The website makes it really easy to find the right events for you, allowing you to search events by keyword, category, campus, date and more.

Follow us on Twitter for all the latest news.









Don't miss these essential events

Your course induction

Course induction is a vital part of your course and takes place primarily during Welcome Week. It is essential that you attend all of your course induction activities, as these are designed to give you a flavour of what your course will involve and how you will be taught. It is also a great opportunity to meet your tutors and coursemates.

Freshers' Fair

Make sure you come along to the Freshers' Fair to find out about everything university life has to offer. Find out more about your Students' Union, clubs and societies, and pick up some freebies along the way!

Freshers' Fair dates

- Brackenhurst Campus Monday 25 September
- Clifton Campus Tuesday 26 September
- City Campus Wednesday 27 September (Sports)
- City Campus Thursday 28 September (Societies)



Meeting new people and getting involved

Starting university is an exciting time and there are plenty of ways to meet new people at NTU, during Welcome Week and beyond. Remember, most of our first year students are new and in the same situation as you!

We teamed up with our students and put together our top tips on how to meet people in your first few weeks at NTU.



In your accommodation

"If you haven't met someone [in your flat] yet, knock on their bedroom door and introduce yourself. Small talk such as 'how was your journey, where are you from, what are you are studying' is a good way to start a conversation. Trust me, you will get sick of these questions by the end of Welcome Week!"

"

If you're making a tea, and someone else is in the kitchen, offer to make them a cup of tea. Little things like this will help you bond with people.

Ellen, BA (Hons) Business Management and Marketing Lived at Sandby Hall in first year

On your course

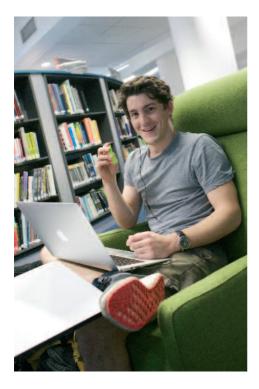
Make sure you go along to all of your course induction activities to help you get to know your new coursemates.

"

My course offered team building and icebreaker activities throughout Welcome Week, which helped me get to know people.

Robyn, BSc (Hons) Sport and Exercise Science

"





Clubs and societies

You'll find clubs and societies for all hobbies and interests at NTU from sport to debating, and craft to astronomy. Joining up will help you meet like-minded people – most societies run welcome events and activities during the first few weeks of term to help new members integrate into the group.

Don't worry about going to events or society meet-ups on your own; there will be loads of first year students there who have come on their own too and who will be keen to talk to you.

Music, volunteering and other opportunities

Now's the time to try new things! Student life at NTU doesn't just revolve around lectures and seminars, it's also about having fun, meeting new people and getting involved. You might fancy flexing your presenting muscles on our student radio station, Fly FM, or trying your hand at writing for our student magazine, Platform. Whatever you're into, here at NTU you'll find a community of students who are passionate about the same things as you.

Join the online NTU community

Turn to page 16 for more information about our social media groups and get chatting to first year NTU students just like you.

Something for everyone

Whether your journey to NTU begins from another country, another city or from just down the road, starting life at university is an adventure. You'll make new memories, new friends and some of you'll develop a new sense of independence that you may not have experienced before.

Being nervous is normal

We're not all extroverts and sometimes getting involved in large-scale activities can seem overwhelming. In fact, even the most confident of us can experience homesickness and anxiety in the first few weeks here.

Our programme of Welcome Week events is designed to help you settle in to life at NTU. The activities on offer are tailored to provide something for everyone, whether your idea of a good time is a quiet night playing video games, or dressing up in fancy dress and exploring Nottingham's famous nightlife!

Getting stuck into university life from the outset, by meeting new people and trying new things in Welcome Week, is a great way to begin to feel at home and kick-start your adventure at NTU.

Helping you settle in

Our Student Support Services team are here to make sure that you're enjoying your time at NTU and making the most of student life. For more information about the team, turn to page 13.

You'll also meet our Freshers' Team when you arrive. The team is made up of NTU students in their second, third or fourth years, and their job is to help you settle in.

Small and Friendly events

If you'd prefer something a bit more laid back, try our Small and Friendly events during Welcome Week.

These events are designed to be relaxed and informal, aimed at those who feel more comfortable in smaller groups. Group sizes are restricted and most events are based around an activity, so you'll have something to occupy you while you're getting to know other new students.

To find out more about our Small and Friendly events, search for the event group on Facebook and visit the Welcome Week website at **www.ntu.ac.uk/welcome** where Small and Friendly events can be searched by category.

Visit www.ntu.ac.uk/settlingin for our top tips on settling in to life at NTU.



I was scared and nervous for a week and then everything fell into place. I love being independent now!

Rachel, BA (Hons) Journalism

"



Your Students' Union

When you enrol at NTU, you'll automatically become a member of our awardwinning Nottingham Trent Students' Union (NTSU). NTSU provides representation and personal development opportunities, as well as fantastic spaces to relax, work, and enjoy a purse-friendly night out!



What is NTSU?

Your Students' Union is here to represent you and your views. NTSU campaigns on your behalf at a local and national level to make sure your education and time spent in Nottingham is the best it can be.

NTSU is run by an elected Executive Committee of current students and recent graduates, keeping your views at the heart of the Union's activities. You'll be able to vote in elections throughout the year to choose your representatives, including Academic Reps who can help you make changes to your course.



What's on offer?

As well as representation, NTSU offers an information and advice service for NTU students. There are over 90 societies and 60 sports clubs you can join, which provide great opportunities for socialising and personal development. A host of other activities including night-time entertainment, volunteering and fundraising are also run on City, Clifton and Brackenhurst campuses throughout the year. Your involvement in NTSU activities can also be included in your Higher Education Achievement Report (HEAR).

We also offer special one-off events, such as our live Trent Talent show and end of year balls. You can even access guide dog and micropig pet therapy rooms, helping you relax and unwind during the exam period.



Your Students' Union facilities

Student life revolves around your Students' Union building. At our City Campus you'll find our three-storey Union building, built in 2014. Scale our climbing wall, work out in the gym, relax with a coffee in our Wi-Fi lounges or dance the night away in our 2,400 capacity venue.

Over at our Clifton Campus, The Point is your venue; a pub, coffee shop, diner and club all rolled into one! Enjoy everything from a bite to eat to club nights and big-screen sports. If you're studying at our Brackenhurst Campus, your Students' Union facilities are the Brack Bar and Orangery. With themed events and a calendar of activities, it's the hub of the campus.

Students who get involved in the SU consistently report that it helps with their personal development, provides lots of opportunities to have fun and make friends and generally helps them have a more fulfilling university experience. NTSU is an awardwinning Students' Union for a reason, so make the most of it.



nuSAWARDS2015 WINNER

The UK's best Students' Union

NTSU was awarded Higher Education Students' Union of the Year 2015 by the National Union of Students (NUS) and consistently appears in the top ten in the National Student Survey. This recognises the array of quality services and activities the union offers, from political engagement activities to a wide variety of entertainment and personal development opportunities.

Keeping up-to-date

Visit **www.trentstudents.org** for more information about NTSU.



TrentStudents



Living in Nottingham

Students love Nottingham – and so do we! The city offers all the shopping, sport, culture and history you could ask for. With over 60,000 students making our city their home, Nottingham has a unique student feel that brings the city to life.

We asked some NTU students for their favourite places to go in Nottingham...

...to eat

"Las Iguanas on Chapel Bar serves amazing Latin American food and has great cocktails at reasonable prices." Rob, BA (Hons) Business Management

...to shop

"If you're into the vintage thing, there's a really cute shop in Hockley called Cow. That's somewhere that me and my friends always go."

Sinead, BA (Hons) Special and Inclusive Education and Educational Development

... for a relaxed Sunday afternoon

"My favourite tea house – Lee Rosy's Tea on Broad Street. It serves proper tea with tea leaves, and it's just lovely!" Ashleigh, BSc (Hons) Physics

...to drink

"There's a small bar called Tilt that sells really nice cocktails and always plays some nice blues or jazz music."

Scott, BSc (Hons) Biological Sciences

Some great places to try:

Kitty Café – love cats and cake? Get your feline fix at the Kitty Café where you can relax with a coffee and hang out with the resident cats.

Broadway – an independent cinema in Hockley showing a mix of mainstream, foreign and art house films. Also home to two lovely café-bars which regularly host themed nights, live music and quizzes.

The Cornerhouse – with a 14-screen cinema, including a massive IMAX screen, bars, restaurants and a casino.

Das Kino – head over to this Berlin-themed bar for a selection of drinks and ping-pong tables to hire (with glow in the dark balls for easy retrieval!).

Victoria Market – located upstairs in the Victoria Centre, this indoor market sells loads of high-quality and affordable fresh food, as well as other traditional market fare.

Soaking up history in Southwell

If you're studying at our Brackenhurst Campus, you'll be living just outside the town of Southwell. Steeped in history and in the shadow of the magnificent Southwell Minster, you'll find pubs tucked down cobbled lanes and quirky independent shops in abundance.



A city of sport

Whether you're an aspiring athlete, like trying new things, or simply enjoy a pie, pint and a game of football on a Saturday – Nottingham has what you're looking for.

If you like: Football

On the banks of the River Trent you'll find the City Ground, home of Nottingham Forest, two-time European Cup winners and forever tied to the late, great Brian Clough.

Just a stone's throw over the water, you'll find Meadow Lane, the stomping ground of Notts County – the oldest professional football club in the world.

If you like: Cricket

The stunning Trent Bridge is recognised throughout the world as one of the best cricket grounds. You'll find it just a short bus ride away from the city centre and when the sun shines, the crowds come out in force.

If you like: Rugby

If Union is your thing, Nottingham Rugby play in the RFU Championship, and are based at Lady Bay in the popular and lively area of West Bridgford.

The Nottingham Outlaws are the city's leading rugby league side, and have been going strong since 1999, when they were founded by players from Nottingham Crusaders and NTU. They compete in the Premier Division of the Yorkshire Men's League, and have academy, junior and ladies teams too.

If you like: Ice hockey

The decorated Nottingham Panthers play at the National Ice Arena – the first twin Olympic-sized ice rink in the UK. Over 5,000 fans regularly pack the stands for Panthers games, creating a scintillating atmosphere, and it's also where our very own NTU side do battle in the Varsity series.

From white-knuckle water sport experiences at the National Water Sports Centre to bouldering or climbing with ropes at the Nottingham Climbing Centre, you'll find numerous opportunities to get involved with everything around the city.



For music lovers

Being right in the middle of the UK means touring bands and big name acts regularly stop off in Nottingham. So, from open-mic nights at numerous pubs and bars around the city to the latest in big-name chart acts – Nottingham is a city for music lovers.

Rock City

With its deserved reputation as one of the best venues in the country, Rock City has hosted some of the biggest names in the industry. Rock City is also home to legendary alternative club nights – don't miss two-for-one Thursdays.

Rescue Rooms

Right across the road from our City Campus's Newton and Arkwright building, the lively Rescue Rooms is a popular and edgy venue. It hosts an eclectic collection of club nights, as well as a laid-back pub quiz and karaoke night.

Stealth

The sister venue to the Rescue Rooms, Stealth describes itself as a music mecca for dance fans. Don't miss one of Nottingham's best club nights, Stealth vs Rescued, when the two clubs join forces to bring you five rooms of music and bars, world-class DJs and bands, and a fingerlicking Caribbean BBQ.

The Bodega

An award-winning live music venue, club and bar, with themed music nights, and a reputation for launching new talent into the big-time.

Motorpoint arena

An indoor entertainment venue hosting big name artists such as Ellie Goulding, Little Mix and Ed Sheeran, as well as sporting events.



How to get around

Nottingham has a handy tram system, with stops around the centre and close to some of our halls of residence. Visit **www.thetram.net** for details.

Travel to Clifton Campus

The Clifton Campus is served by the number 4 Go2Uni bus, with a travel time of around 20-25 minutes in peak traffic between Nottingham and the campus. The bus stops right in the city centre, as well as at Nottingham train station.

Travel to Brackenhurst Campus

If you're studying at our Brackenhurst Campus, you can travel into Nottingham city centre using the number 100 bus service. There's a bus stop just outside the campus entrance and travel to the city centre takes around 45 minutes.

Visit **www.nctx.co.uk** for timetables and information about student deals.

Parking at our campuses

To find out more about travelling by car and parking at our campuses, visit www.ntu.ac.uk/currentstudents > Resources > Travel and choose your campus.



Getting to know the city

Have a look at these handy websites to find out more about Nottingham:

Visit Nottinghamshire – Nottinghamshire's official tourism website has lots of tips about things to do in the city and further afield, as well as information about events taking place throughout the year.

www.visit-nottinghamshire.co.uk

Nottingham City Council – get the low down on everything you need to know about the city from their handy student guide. www.nottinghamcity.gov.uk/students

Left Lion – local free magazine focusing on music, arts, entertainment, current affairs and general Nottingham culture. www.leftlion.co.uk

Staying up-to-date

There's lots to keep on top of as a first year student. Keeping up-to-date with your course is vital, from attending your lectures, to completing your seminar preparation. As well as your university work, there's lots going on – keep yourself in the loop to take advantage of all the many opportunities here at NTU.

Student email address

Your student email address will stay with you throughout your time at NTU. Academic staff will use your email address to communicate with you and we'll also send you information about opportunities we think you might be interested in.

Your email address is usually your name and your year of entry, e.g.

johnsmith2017@my.ntu.ac.uk

Once you get here, make sure you check your email regularly to keep up-to-date. Your email is easily accessible from your mobile too.

NTU's Online Workspace (NOW)

NOW is our virtual online learning environment. It's where you'll find information about your timetable and course, including the reading you'll need to do and the prep work that's expected. You can even use NOW to submit your assessments online.

You'll be able to access NOW once you've fully enrolled on campus.

Visit: www.now.ntu.ac.uk

myNTU – Your student app

You can keep in touch, on or off campus, with the new myNTU student app. Available to download now from the Apple and Android app stores, the app allows you to:

- access your timetable;
- view campus maps;
- view PC availability;
- access your student emails;
- access your NOW resources, Dropbox, deadlines and OneDrive;
- record your attendance;
- and more, with additional features to come!

To download the app for free, simply search "MyNTU" on the Apple or Android app stores.

Go to **www.ntu.ac.uk/currentstudents** for useful information about campus life and answers to many FAQs.

Settling into life at NTU

Join our social media community to keep up to date with all the news, views, videos and photos from around campus and feel free to get in touch with any questions you might have. Take part in our weekly Picture of the Week competition using the hashtag **#NTUPOTW** on Instagram or Twitter to share your university experience.



Follow us on Twitter for current student news and all things #NTU: @TrentUni @NTUStudentNews



 $\label{eq:like us on Facebook for daily stories, news and events: \ \textbf{nottinghamtrentuniversity}$



Follow us on Instagram to explore the best of Nottingham and our campuses: **nottstrentuni**



Find out more about life at NTU, our students, our courses and our campuses: nottinghamtrentuni



Find inspiration about starting at NTU, life in Nottingham and our vibrant community on Pinterest: **nottstrentuni**

Head to **www.ntu.ac.uk/socialmedia** to find a list of all social media accounts, from academic schools to student groups.

Please note, there are a number of active unofficial social media accounts that are not endorsed by NTU or NTSU. We suggest using the links on our webpage to ensure you find our official accounts.

We know how important it is for you to excel in your life at university. At NTU you have access to sector leading IT services and support, including:

- 24-7 access to on-campus IT resources (including loan laptops*)
- Free Wi-Fi and Internet access for your own devices* by scanning for ntu-wifi and using your N number and password to log in
- Microsoft Office 365 for FREE* Your email, OneDrive, Skype, and MS Office Apps
- Access to specialist software, relevant to your course
- MyNTU Student Portal and App (iOS & Android) Your timetable, PC availability, news etc. my.ntu.ac.uk
- NOW NTU's online learning environment your learning resource **now.ntu.ac.uk**
- Printing secure self-service printing, and while-you-wait professional print shops
- Dedicated IT help & support at support.ntu.ac.uk

*Subject to T&C's.

Visit **support.ntu.ac.uk** for help and advice about the IT services available at NTU.

Useful information

University contacts

If you need to speak to us before you arrive, or after you've started, the following contacts are a good place to start.



Accommodation

Student Accommodation Services

Tel: +44 (0)115 848 2894 Email: accommodation@ntu.ac.uk www.ntu.ac.uk/accommodation



Enrolment and password queries

MyNTU Support

Tel: +44 (0)115 848 2855 (9 am – 4.30 pm Monday to Thursday, 9 am – 4 pm Fridays)



Career development

City Campus and Creative Quarter Campus Employability Team Tel: +44 (0)115 848 8638

Clifton Campus Employability Team Tel: +44 (0)115 848 3414

Brackenhurst Campus Employability Team Tel: +44 (0)115 848 8649

Email: employability@ntu.ac.uk www.ntu.ac.uk/employability

Student Health Centres

City Campus Student Health Centre

Tel: +44 (0)115 848 6481

Clifton Campus Student Health Centre (Sunrise Medical Practice)

Tel: +44 (0)115 848 3100

Southwell Medical Centre (not affiliated with NTU)

Tel: +44 (0)1636 813 561

Security

City Campus Security Team Tel: +44 (0)115 848 2468

Clifton Campus Security Team Tel: +44 (0)115 848 6600

Brackenhurst Campus Security Team Tel: +44 (0)115 848 5262

Creative Quarter Campus Security Team Tel: +44 (0)115 993 2321

Study support

Libraries Team Tel: + 44 (0)115 848 2175



Student Services and support

Student Services

Go to **www.ntu.ac.uk/studentservices** to ask questions and find useful information and advice.

Care leavers' support

Tel: +44 (0)115 848 3290 Email: transition.support@ntu.ac.uk

Disability support

Tel: +44 (0)115 848 2085 Email: disability.support@ntu.ac.uk

Dyslexia support

Tel: +44 (0)115 848 4120 **Email:** dyslexia.support@ntu.ac.uk

Student financial support Tel: +44 (0)115 848 2494 Email: financial.support@ntu.ac.uk

International student support

Tel: +44 (0)115 848 2631 Email: int.support@ntu.ac.uk

Mental health support Tel: +44 (0)115 848 2085 Email: mental.health@ntu.ac.uk

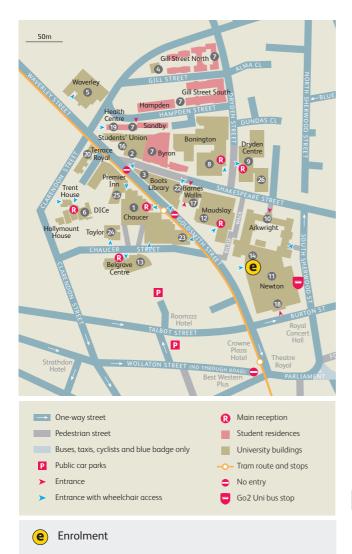
Creative Quarter Campus support

Tel: +44 (0)115 952 2075 Email: hello@confetti.ac.uk

For a further list of useful contacts, visit www.ntu.ac.uk/studentservices > Need help? > Useful contacts

Maps

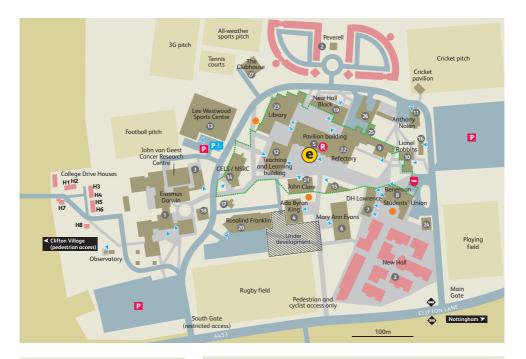
City Campus



50 Shakespeare Street	
Academic Registry	
Arkwright building	
Barnes Wallis building	
Belgrave Centre	
Bonington building	
Bonington Gallery	_
Bookshop	
Boots Library	
Business Innovation Team (BIT)	
Central Admissions	
Central Court	
Centre for Broadcasting & Journalism	
Chaucer building	
Chaucer Pin	
City Sports Centre	
Coffee bars 1 (
Djanogly International Centre (DICe)	_
Dryden Centre	
Employability Centre	
Finance Office	
Global Lounge	
Health Centre	
Human Resources	
International Development Office	
IoD Business Centre	_
Maudslay building	
Music Centre	
Newton building	
Nottingham Conference Centre	
Nottingham Language Centre	
Nottingham Trent International College (NTIC)	
Notts TV	
Occupational Health and Wellbeing	4
Prayer Facilities	6
Print Shop	_
Safety Office	9
Shops	
Sir Harry and Lady Djanogly Lecture Theatre	
Student Accommodation	
Student Accommodation Services	
Student Services Centre	
Student Support Services	14
Students' Union	16
Taylor building	24
Terrace Royal	20
Trent Lets	1
The Hive	12
Waverley building	5

Security	3)
Tel: 0115 848 2468		

Clifton Campus





••••• Green Zone – This is a smoke-free and traffic-free area

6

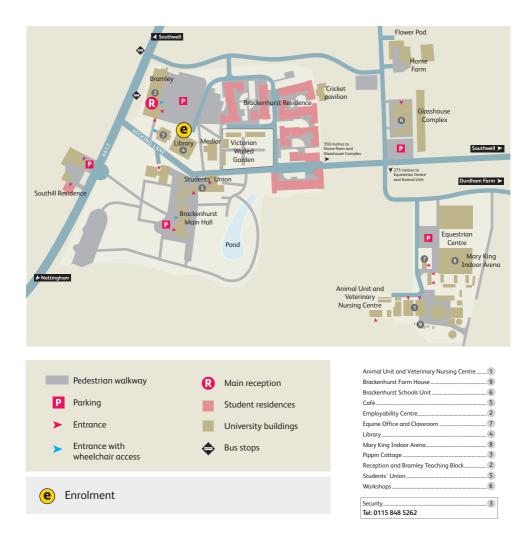
Ada Byron King building 4
Anthony Nolan Trust Research Centre 11
Benenson building
Bookshop
Catalysis and Nanoscience Laboratory
CELS building
Coffee Bars
Crime Scene Training Facility
DH Lawrence
Employability team
Erasmus Darwin building
Finance Office
Gatehouse
Global Lounge
Health Centre
Imaging and Display Research Facility
Interdisciplinary Biomedical Research Centre
John Clare lecture theatres
Lecture theatres
Lee Westwood Sports Centre
Library
Lionel Robbins building 10

Ada Byron Kina building

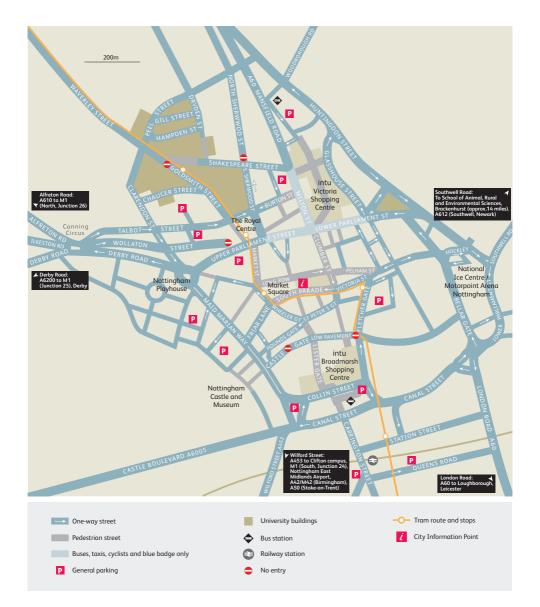
Mary Ann Evans building
New Hall Block 19
Pavilion building
Print Shop
Rosalind Franklin building (Superlab)
Student Accommodation 2
Student Services Centre
Students' Union
Supermarket
Teaching and Learning Building
The Clubhouse
The Point bar and diner
The Refectory
Wellbeing Centre 25
Security
Tel: 0115 848 6600

e Enrolment

Brackenhurst Campus



City centre



Student Charter

As a student at Nottingham Trent University, your expectations will be as high as your ambitions. We're committed to delivering a high-quality student experience that meets, and looks to exceed, those expectations.

The NTU Student Charter sets out what you can expect from the University and what the University expects from you.

Visit www.ntu.ac.uk/studentcharter to find out more.

Nottingham Trent University

50 Shakespeare Street Nottingham NG1 4FQ

Tel: +44 (0)115 941 8418

Any questions? Just ask NTU www.ntu.ac.uk/askntu

www.ntu.ac.uk



This information can be made available in alternative formats.

Please note that whilst the University has taken all reasonable steps to ensure the accuracy of the content within this leaflet at the time of printing, the University reserves the right to remove, vary or amend the content of the leaflet at any time. For avoidance of doubt, the information provided within the content of this leaflet is for guidance purposes.

[©] Nottingham Trent University and may not be reproduced or transmitted in any form in whole or in part without the prior written consent of Nottingham Trent University.