## Play for Fun 1 October – 14 December 2018

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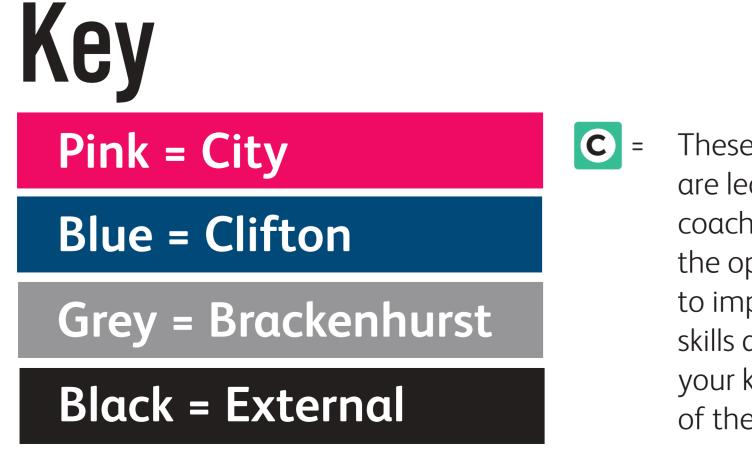
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Men's Futsal</b> 5 pm – 6 pm Clifton Sports Centre	Basketball	<b>Multi-sport</b> <b>Mix Up</b> 1.30 pm – 3.30 pm Southwell Leisure Centre	<b>Gymnastics</b> 4 pm – 5.30 pm City Sports Centre	<b>Inclusive Tennis**</b> 1 pm – 2 pm Clifton Sports Centre		
	<b>Football*</b> 4.30 pm – 6 pm Clifton Sports Centre 3G		<b>Tennis</b> 5 pm – 6 pm Clifton Sports Centre		<b>Park Run***</b> 9 am – 10 pm Forest Recreation Ground	<b>Badminton</b> 9 am – 10 am City Sports Centre



	5.15 pm – 6.15 pm Meet at Bramley Reception	6 pm – 7 pm Clifton Sports Centre	5.45 pm – 7.30 pm Clifton Sports Centre		2 pm – 3 pm Meet outside City Sports Centre
<image/>	Squash 7.15 pm – 8.30 pm Clifton Sports Centre	 <b>Climbing</b> ***** 6 pm – 8.15 pm City SU Climbing Wall	<b>Netball</b> 6 pm – 7.30 pm City Sports Centre	<b>Flag</b> <b>American</b> <b>Football</b> 4 pm – 6 pm Clifton Sports Centre 3G	
<b>Table Tennis</b> 6 pm – 7 pm Clifton Sports Centre	<b>Dodgeball</b> 7.30 pm – 9 pm City Sports Centre		<image/>		<b>Touch Rugby</b> 3 pm – 4 pm Brackenhurst Field
<b>Badminton</b> 8 pm – 9.30 pm City Sports Centre	<b>Korfball</b> 9 pm – 10.30 pm Clifton Sports Centre	<b>Badminton</b> 8.30 pm – 10.30 pm Clifton Sports Hall	City Sports Centre		<b>Inclusive</b> <b>Climbing****</b> 3 pm – 6 pm David Ross Sports



- \* Please wear moulded stud football boots.
- \*\* For students with a disability or a long-term health condition.
- \*\*\* For more information and to register please visit **www.parkrun.org.uk**
- \*\*\*\* £3 a session. Please contact **climbingwall@nottingham.ac.uk** to book a place. Sessions start on 21 October.
- \*\*\*\*\* Climbing sessions are split into one-hour sessions. Pre-booking is advisable as there are only six spaces available each hour.



These sessions are led by a coach, giving you the opportunity to improve your skills and develop your knowledge of the sport.

## Price

Sessions cost just £2 and no NTU Active Membership or Sports Club Membership is required. Sessions are free to those with membership.

All necessary equipment will be provided, but please come suitable dressed for the activity.

For further details of all sessions please visit our website: www.ntu.ac.uk/playforfun