

Play for Fun

1 October – 14 December 2018

Never miss a thing. Download the NTU Sport app from the app store for classes, timetables and so much more.



NTU Sport

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Men's Futsal 5 pm – 6 pm Clifton Sports Centre	Women's Basketball 4.30pm – 6pm City Sports Centre	Multi-sport Mix Up 1.30 pm – 3.30 pm Southwell Leisure Centre	Gymnastics 4 pm – 5.30 pm City Sports Centre	Inclusive Tennis** 1 pm – 2 pm Clifton Sports Centre		
	Football* 4.30 pm – 6 pm Clifton Sports Centre 3G		Tennis 5 pm – 6 pm Clifton Sports Centre		Park Run*** 9 am – 10 pm Forest Recreation Ground	Badminton 9 am – 10 am City Sports Centre
Volleyball 5 pm – 6.30 pm City Sports Centre	Basketball 4.30 pm – 6 pm Clifton Sports Centre	Handball 6 pm – 7 pm City Sports Centre	Brack Social Football 5 pm – 7 pm Southwell Leisure Centre	Wheelchair Basketball 5 pm – 6.30 pm Clifton Sports Centre		
	She Rallies Tennis 5 pm – 6 pm Clifton Sports Centre		Trampolining 5 pm – 7 pm City Sports Centre			
Tennis 5 pm – 6.30 pm Clifton Sports Centre		Basketball 7 pm – 8 pm City Sports Centre	Table Tennis 5.30 pm – 6.30 pm Clifton Sports Centre		Park Run*** 9 am – 10 pm Clifton Playing Fields	
	Running 5.15 pm – 6.15 pm Meet at Bramley Reception		Netball 6 pm – 7 pm Clifton Sports Centre	Squash 5.45 pm – 7.30 pm Clifton Sports Centre		Couch to 5k 2 pm – 3 pm Meet outside City Sports Centre
	Squash 7.15 pm – 8.30 pm Clifton Sports Centre		Climbing**** 6 pm – 8.15 pm City SU Climbing Wall	Netball 6 pm – 7.30 pm City Sports Centre	Flag American Football 4 pm – 6 pm Clifton Sports Centre 3G	
Table Tennis 6 pm – 7 pm Clifton Sports Centre	Dodgeball 7.30 pm – 9 pm City Sports Centre					Touch Rugby 3 pm – 4 pm Brackenhurst Field
Badminton 8 pm – 9.30 pm City Sports Centre	Korfball 9 pm – 10.30 pm Clifton Sports Centre		Badminton 8.30 pm – 10.30 pm Clifton Sports Hall	Men's Futsal 9 pm – 10.30 pm City Sports Centre		Inclusive Climbing**** 3 pm – 6 pm David Ross Sports Village

* Please wear moulded stud football boots.

** For students with a disability or a long-term health condition.

*** For more information and to register please visit www.parkrun.org.uk

**** £3 a session. Please contact climbingwall@nottingham.ac.uk to book a place. Sessions start on 21 October.

***** Climbing sessions are split into one-hour sessions. Pre-booking is advisable as there are only six spaces available each hour.


Key

Pink = City

Blue = Clifton

Grey = Brackenhurst

Black = External

 = These sessions are led by a coach, giving you the opportunity to improve your skills and develop your knowledge of the sport.

Price

Sessions cost just £2 and no NTU Active Membership or Sports Club Membership is required. Sessions are free to those with membership.

All necessary equipment will be provided, but please come suitable dressed for the activity.

For further details of all sessions please visit our website: www.ntu.ac.uk/playforfun