

# Staff and students co-creating the curriculum, co-shaping the learning experience

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Undergraduate Research Project Module Leader, CST

# How to take advantage of the undergraduate projects

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- ▶ Involving students in shaping the learning experience
- ▶ Involving students in co-creating the curriculum



# 1. Shaping the learning experience

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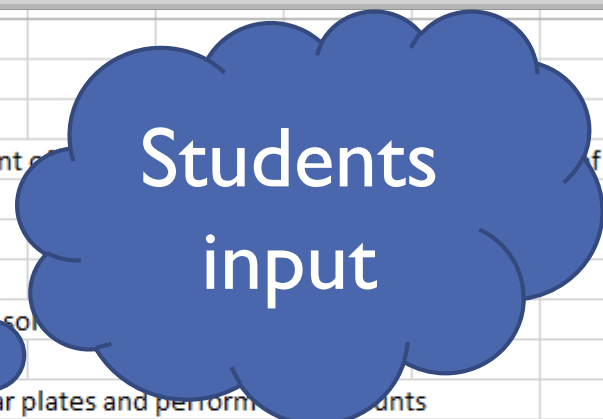
- ▶ Undergraduate project is individual



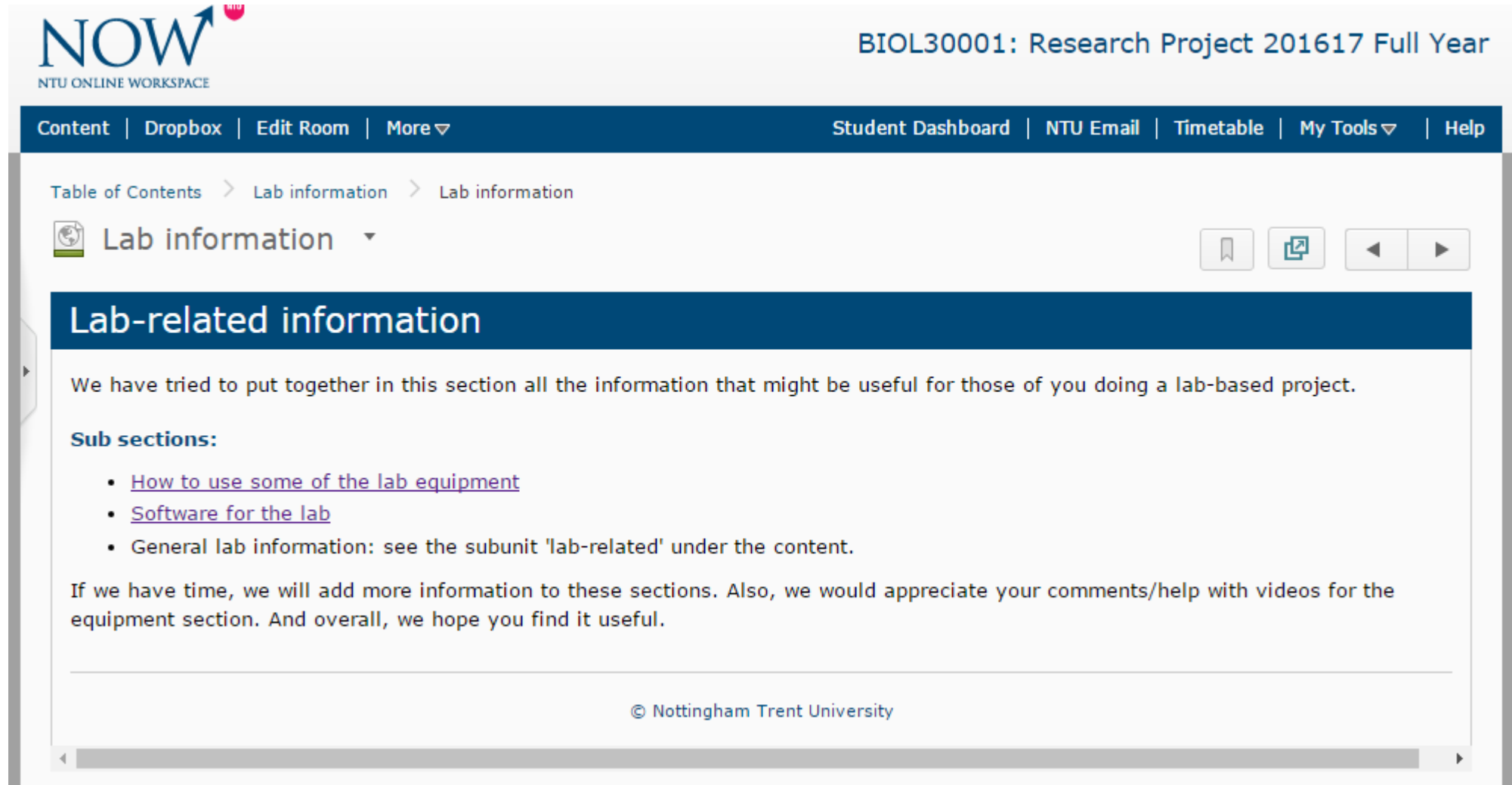
# 1. Shaping the learning experience

## ▶ Workshops

BIOL30001 Research Project module - November 2016													
<b>Workshops - a wish list</b>													
Session 1	Computer session	How to draw a graph on Excel and calculate SD and coefficient of variation										of statistics tests	
Session 2	Computer session	Use of GraphPad for statistical analysis											
Session 3	Computer session	Use of SPSS for statistical analysis											
Session 4	Computer session	Use of Adobe Illustrator to prepare figures											
Session 5	Lab session	How to use the balances and pH meters to prepare accurate solutions											
Session 6	Lab session	Induction to Forensics labs											
Session 7	Lab session	Use of Bunsen burner and aseptic techniques to prepare agar plates and perform streak counts											
Session 8	Lab session	Protein quantification, SDS PAGE and Western Blotting											
Session 9	Lab session	Use of PCR machines and preparation/visualisation of DNA on an agarose gel											
Session 10	Computer session	Quantification of bands obtained with the BioRad system											
Session 11	Lab session	Use of cryostat for sectioning											
If your tutees need to attend any of these sessions, please add their name, and N number (and Course if you know) below													
NTU ID	Name	Course	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9	Session 10	Session 11



# 1. Shaping the learning experience




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 Lab information ▾

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## Lab-related information

We have tried to put together in this section all the information that might be useful for those of you doing a lab-based project.

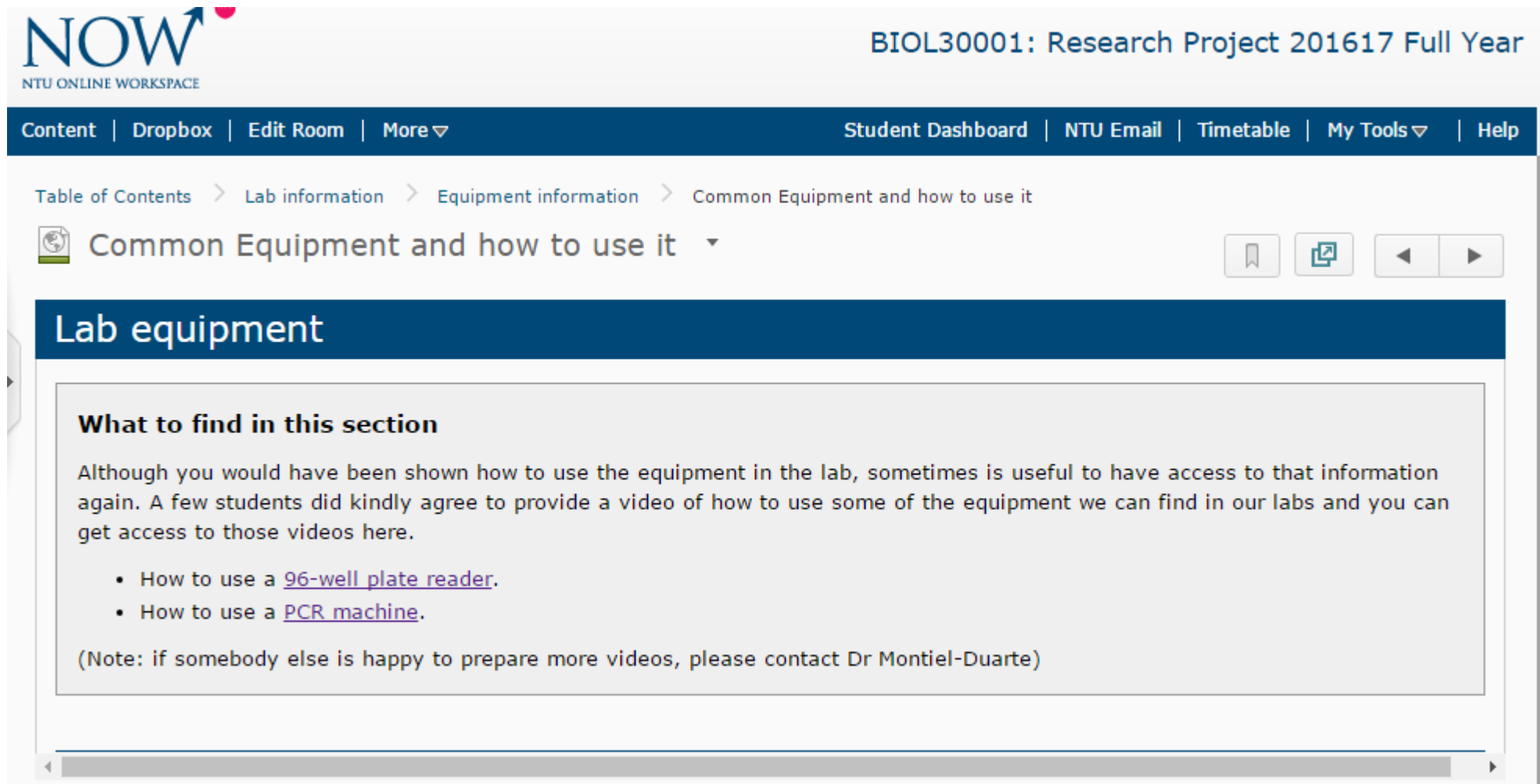
**Sub sections:**

- [How to use some of the lab equipment](#)
- [Software for the lab](#)
- General lab information: see the subunit 'lab-related' under the content.

If we have time, we will add more information to these sections. Also, we would appreciate your comments/help with videos for the equipment section. And overall, we hope you find it useful.

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# 1. Shaping the learning experience



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Common Equipment and how to use it ▾

## Lab equipment

### What to find in this section

Although you would have been shown how to use the equipment in the lab, sometimes it is useful to have access to that information again. A few students did kindly agree to provide a video of how to use some of the equipment we can find in our labs and you can get access to those videos here.

- How to use a [96-well plate reader](#).
- How to use a [PCR machine](#).

(Note: if somebody else is happy to prepare more videos, please contact Dr Montiel-Duarte)





# 1. Shaping the learning experience

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# 1. Shaping the learning experience

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Students:

- ▶ Make decisions about the skills they need to develop
- ▶ Contribute with materials useful for their peers
  - ▶ Fostering creativity
  - ▶ Reinforcing understanding



## 2. Co-creating the curriculum

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- ▶ Do you need to revamp material in any of your modules?
  - ▶ Go to [www.menti.com](https://www.menti.com) and use code 93 02 15

... use the Research Project module and involve your students!



# 2. Co-creating the curriculum

## ▶ Example

### Using Fluorescence Microscopy to Study GLUT4 Transporter Translocation

Matthew S. Critcher<sup>1</sup>

<sup>1</sup> Rosalind Franklin Building, Nottingham Trent University, Nottingham, UK

**Introduction**

GLUT4, a 54 kDa transmembrane protein coded for by SLC244, is a major glucose transporter involved in the process of insulin-dependent glucose regulation [1]. During periods of high blood glucose, insulin secretion by the pancreas leads to the translocation of the GLUT4 transporter from intracellular GSVs to the plasma membrane by poorly understood intracellular mechanisms. Since the discovery of GFP in 1955, fluorescence microscopy has become a valuable analytical technique. Once it was discovered that GFP could be expressed in other organisms, DNA technology became increasingly used alongside fluorescence microscopy for intracellular process determination [2].

The study aimed to use recombinant plasmids to produce GFP, and Snap-tagged GLUT4 transporter for transfection of the DU-145 cell line; and to study the intracellular location, and translocation of the GLUT4 transporter by using fluorescence microscopy.

**Figure 1:** Transfection of the DU-145 cell line using the 2:1, 1:1 and 1:3 transfection conditions (x100 magnification). The 1:3 condition (Image C) was chosen based on results seen in Image C and other transfection attempts

**Methods**

The DU-145 cell line was cultured in DMEM 4.5g/L Glucose media containing 1% Penicillin/Streptomycin, 1% Glutamine and 10% FBS, and were left to grow in an incubator at 37°C, 5% CO<sub>2</sub> for 3-4 days until confluent. Once confluent, the cells were split down for re-seeding, or for use in analysis.

Using recombinant plasmids containing genes for GFP and Snap-tagged GLUT4, the translocation of GLUT4 transporters from the cytoplasm to the plasma membrane was monitored. The cells were initially treated with 3 transfection conditions using the GFP plasmid, to determine the best conditions (Figure 1). Once GFP had determined the desired transfection condition, the cells were transfected with a 1:2 DNA:PEI ratio using the GLUT4 plasmid. The GLUT4 transporter was expressed and then tracked using fluorescence microscopy, upon addition of the SNAP-Cell 505-Star substrate and insulin, to follow its translocation upon signaling by the insulin receptor.

**Figure 4:** Expected results before and after the addition of insulin. (A) Cell in the absence of insulin, GLUT4 transporters present in GSVs in cytoplasm and trans-membrane of the Golgi. (B) Cell in the presence of insulin, GSVs fuse with plasma membrane implanting GLUT4 transporters in the membrane. (Original figure)

**Results**

The DU-145 cell DNA:PEI ratio is consistently 1:1:1 and 2:1:1 ratio in transfected cells, was four membrane with to the walls. It transporter we cytoplasm in ti insulin receptor.

**Conclusion**

It can be concluded that the use of fluorescence microscopy is a valid and promising method for tracking the translocation of the GLUT4 transporter. Fluorescence microscopy has enabled the GLUT4 transporter to be tracked in real time after the addition of insulin, producing results similar to those

### ARTICLES

## Insulin receptor: a study of signal transduction

Jeffery Gyamerah<sup>1,\*</sup> and Cristina Montiel-Duarte<sup>1</sup>

to develop a method for the 45 prostatic cancer cell lines receptor – green fluorescent using polyethylenimine (PEI) in ction of the human insulin . hIR-GFP expression was using fluorescent microscopy . cells were transfected at a 4:1 incubated at 37°C for 4 hours. bation period a phosphate- ) wash was performed and a or 18 hours carried out. No icking was observed, however, reated with insulin.

internalisation of the receptor is a mechanism aimed at sustaining signalling as, once internalised, the receptor has access to intracellular structures and proteins which partake in modulating the hormonal response (Sorkin and von Zastrow, 2002). The mechanisms underlying this trafficking, however, are still poorly understood (Morcavallo et al., 2014).

**Insulin and the Insulin Receptor**  
Insulin is a peptide hormone found in blood which modulates carbohydrate metabolism by stimulating glucose uptake within skeletal muscle and adipose tissue. The hormone consists of 51 amino acids in two polypeptide chains, linked by three disulfide bonds (Soleymani et al., 2016). Biochemical and morphological studies focusing on insulin processing using fluorescent and autoradiographic labels were carried out as early as the 1980s, detailing insulin accumulation on the plasma membrane in clusters prior to rapid internalisation. This, coupled with the observation that hyperinsulinemia is common in both animal and human subjects, lead to the hypothesis that the receptor was also being endocytosed, metabolised intracellularly and, perhaps, recycled under normal physiological conditions (Olefsky et al., 1982).

n receptor, DNSR, Translocation, GFP, PEI

roduction  
ilitus is a chronic metabolic incidence across the world, the owing into an epidemic for a here it is estimated that within disorder will impact the ageing increasing pressure on healthcare ly in developing countries. eristics of the disorder are: an sulin and impaired secretion of . Obateru and Olokoba, 2012). A nsitivity causes an increase in ancreatic β-cells which is then eased insulin clearance by the al., 2003). At a molecular level, iding to the increased hepatic ie internalisation of the insulin measure of halting hormone and Ussar, 2016). The opposite,

Furthermore, employing radiolabels demonstrated the adsorptive endocytosis carried out by the IR, by covalently linking photoreactive /sup 125I-N insulin to the receptor and observed its movement by employing electron microscopy, successfully showing the internalisation of both the hormone and its receptor (Gorden et al., 1982). By 1987, the internalisation of the IR had been confirmed via a number of other IR-radiolabelled studies, one of which observed rapid internalisation of the IR in rat hepatoma cells (Fao). When the cells were treated with I125 insulin, by immunoprecipitating the IR with a tailored antibody, the researchers were able

Table 1 Identifying optimal transfection conditions

PEI:DNA Ratio (μl:μg)	Cell Transfected (Yes/No)	Cell viability (%)	Comment
5:1	No	<80	No gene expression
4:1	Yes	<80	8 to 9 viable cells expressing both GFP and hIR-GFP genes per well
3:1	Yes	<70	1 to 2 cells per well expressing GFP with no hIR-GFP expression
2:1	No	<70	No gene expression
1:1	No	<70	No gene expression



Figure 2: GLUT4-translocation of the fluorescence, (B) Nucleus and GLUT4, (C) Nucleus and GLUT4

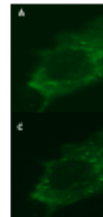
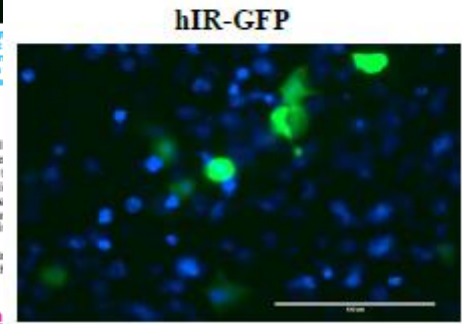


Figure 3: GLUT4-magnification of the hIR-GFP expression (D) from well plates. Green GLUT4 transporters



It can be concluded that the use of fluorescence microscopy is a valid and promising method for tracking the translocation of the GLUT4 transporter. Fluorescence microscopy has enabled the GLUT4 transporter to be tracked in real time after the addition of insulin, producing results similar to those

## 2. Co-creating the curriculum

### ▶ Project findings applied to a new lab session in a year 2 module

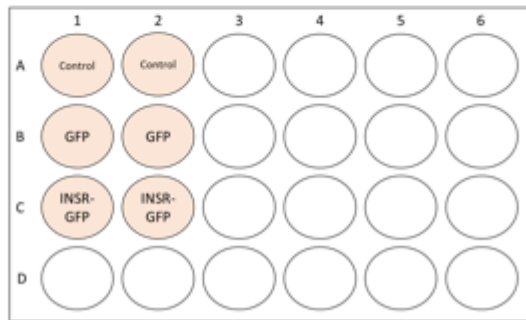
#### Visualising the Insulin Receptor (INSR)

##### Projected learning outcomes:

After this practical, you should know how to:

- Stain live cells nuclei
- Use a fluorescence microscope to visualise labelled proteins/DNA

**Precautions before starting this practical:** use gloves at all times and do not get in contact with the cells in the plate. The cells used in this practical are U2OS, human cells derived from an osteosarcoma, that have been genetically modified to express the Insulin Receptor attached to the green fluorescent protein (GFP). The cells have also been starved of serum, in order to see the effect of insulin treatment more clearly, similar to conditions described in Liu *et al.* (2016). <http://www.nature.com/articles/srep35438>.



##### Protocol:

1. Add one drop of NucBlue Live Cell Stain per well with cells.
2. Incubate your cells at room temperature for 20-30 min.

During the incubation time, get familiar with how to operate the FloId microscope by launching an interactive demo [here](#).

3. From those wells (C1-2) with cells expressing the insulin receptor attached to the green fluorescent protein (INSR-GFP), take 200  $\mu$ L of the media and transfer it to a 1.5 mL tube.
4. Add 30  $\mu$ L of your insulin solution to the 200  $\mu$ L of media and mix well.
5. Take your plate and the insulin-media solution to the EVOS FloId microscope. Take a pipette and tips with you as well.
6. Visualise first the nuclei (blue) in your cells
7. Visualise now the transfected cells (green) – both the cells that only express GFP and the cells that only express INSR-GFP. Take pictures of these cells. Is there any difference in the protein distribution?
8. Add the 230  $\mu$ L insulin-media solution to the cells that express the INSR-GFP and observe if there are any changes in the distribution of the insulin receptor. No need to wait for more than 3 min!

## 2. Co-creating the curriculum

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- ▶ Project findings applied to a new lab session in a year 2 module
- ▶ Year 2 students get to:
  - ▶ Learn about transfections
  - ▶ Use the fluorescence microscope



# Students as partners

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- ▶ The Research Project module can be an useful source of material and opportunities to involve our students in shaping their own learning experience but also influence future students' learning.

