

Netball

Wellbeing Officer

Average weekly time
commitment: 2-3 hours

What is the role?

This role is to provide a friendly, warm and welcoming environment for all club members whilst promoting the physical, mental, and emotional wellbeing of players, student coaches, and volunteers.

We are looking for someone who:

- Wants to give back to their club and/or sport.
- Is passionate about improving NTU Sport.
- Can be adaptable to different situations.
- Is approachable.
- Is well-organised.
- Is an active listener.

What are the perks?

- Leave a lasting legacy within your club.
- Opportunities for future career development and support.
- Tailored support from Head of Sport.
- Comprehensive role-specific training and guidance.
- A key role within NTU Sport and an opportunity to make a difference.
- Official university record of extra-curricular achievements (Higher Education achievement record).

What skills will you develop?

- Building personal relationships.
- Dealing with conflict and mediation skills.
- Understanding of factors which affect emotional wellbeing and how to signpost accordingly

Main responsibilities:

- Be an ambassador for NTU Sport's values: Pride, Unity, Respect.
- Co-create and contribute to the implementation of the Club Development Plan.
- Establish a clear and trusting relationship with your NTU Sport lead (e.g Club Development Officer / Head of Sport).
- Promote 'Report and Support' to ensure members have access to appropriate help.
- Promote the University's respect and consent code of behaviour within the club; anti-discriminatory practice and 'Report and Support'.
- Provide support by ensuring a safe and inclusive environment, offering guidance on mental health, managing stress, and promoting healthy lifestyles.
- Organise wellbeing initiatives, provide resources, and serve as a point of contact for signposting individuals needing support.

Next steps:

- Nominate yourself!
- Nominations are open: 12pm (midday) Monday 10 February - 12pm (midday) Friday 21 February.
- Election voting: 12pm (midday) Friday 7 March – 12pm (midday) Thursday 13 March via the NTSU app.
- If elected, you must attend Committee Welcome on Thursday 24 April.

Pride. Unity. Respect.